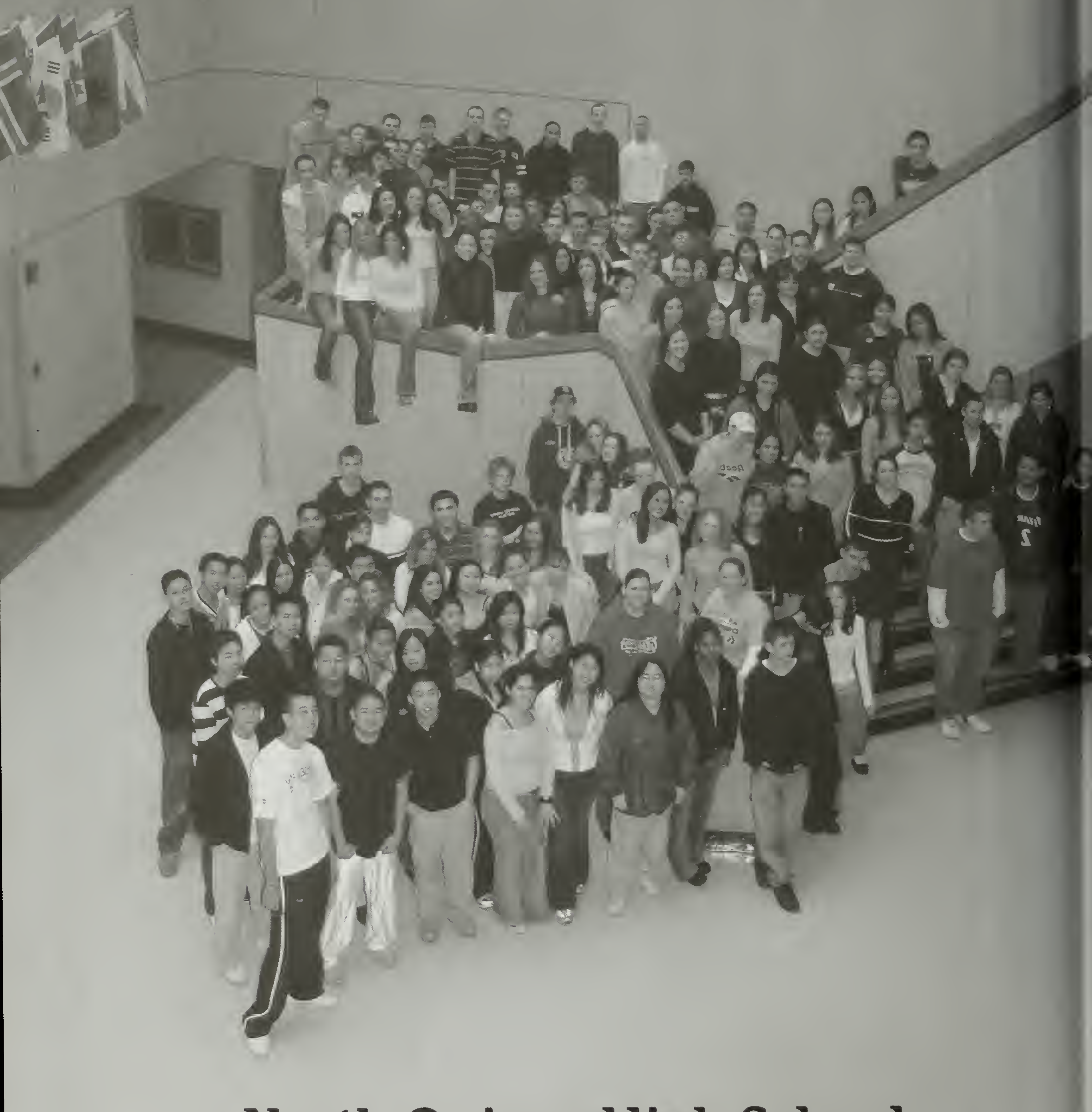
North Quincy High School

2005

Piecing it Together



North Quincy High School

Class of 2005

THOMAS CRANE
PUBLIC LIBRARY
QUINCY

2005 NQHS

NQ
NORTH QUINCY

Principal
Louis Ioanilli

Assistant Principal
Pamela Mateu

Principals' Message

On behalf of the entire staff of North Quincy High School, we would like to wish the class of 2005 a safe and prosperous future. Hard work and dedication to academics have provided a strong foundation that will serve you well in college, in the military, or in the work force. You were able to surpass even the loftiest goals that were set for you when you first entered North four years ago. This class has excelled academically, athletically, artistically, and in all extra-curricular endeavors. The dedication that you have displayed toward your school and your community has been evident in every community and school service activity that you engaged in. The leadership that you have displayed has served as a model of pride and excellence for the underclassmen to emulate. North is a great school because of you!

Faculty

Career & Technology

Gerald Quintiliani
Dept Head

Arthur Bertoni

Elizabeth Bonadies

Bob Denise

Elaine Faber

Virginia Fidalgo

Marcia Forrester

Richard Green

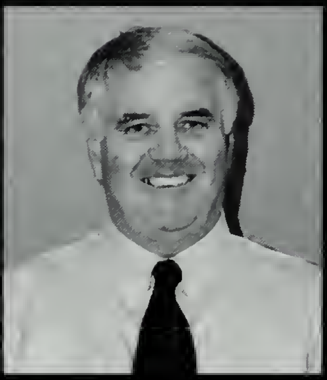
Anne McEvoy

Sara Shapiro

Paul Shea

Glen Thompson

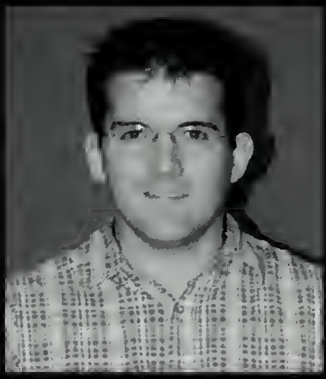
English


Paul McShane
Dept Head

Jaclyn Accomando

David Bergman

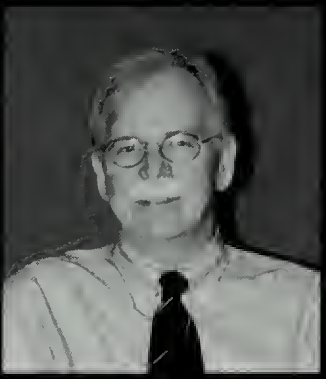
Jennifer Carroll


Steve Farmer

Kathryn Fitzgerald

Thomas Henderson

Michael Jorgenson


Mark McGuinness

Kelly Miller

Corinne Mitchell

Colleen Monahan

Sarah Poulin

James Scott

Robert Shaw

Leslie Taylor

Margaret Walker

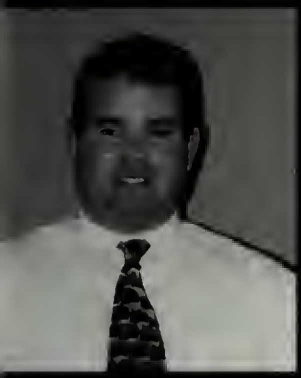
Foreign Language

Kathleen Swanson
Dept Head

Madeline Bernard

Qingliang Chen

Maria D'Arcangelo



Robert Doyle

Kate Goldfarb

Aliza Goldman

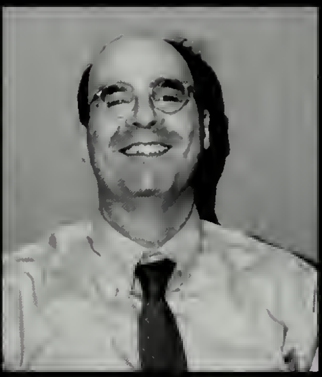
Dina Greer

Susan Moore

Jose Rojas

Amy Roth

Alicia Ten-Pow



Joel Werthman

Yu-Hong Zheng

Media

Joan Holt

Math

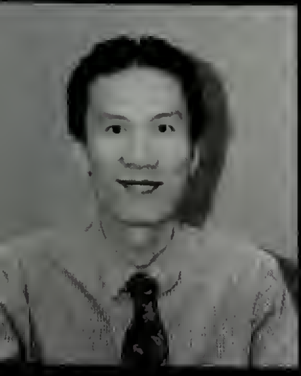
Catherine Princiotto
Dept Head

Elizabeth Adkins

Edward Arnold

Lynne Byron

Kipp Caldwell



Wilson Chen

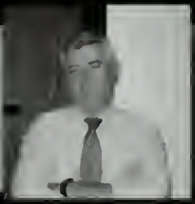
Jack Donoghue

Mary Foley

Mary Gralton

Judy Holliday

Melissa Huang



Richard Hutchins

Paula Johnson

Judy McMahon

Nancy O'Hara

Dolores Tranquillino

Science

Mary Young
Dept Head

Stephen Brenner

Brian Casey

Matthew Croft

Gabrielle Cummins

Jean DeVore

Thomas Donnelly

Tom Eldridge

Richard Hart

Martin Shane Horn

Steven Joyce

Beverly Kenney

Nancy McGrory

Kelly Stukenborg

Maria Weber

Social Studies

Ernest Gizzarelli
Dept Head

Rimas Ambraziejus

Robert Bradley

Jim Connor

Mike Connor

Alberto Costa

Beni D'Amore

Sara Davis

Sarah Huber

Mera Kriz

Daniel Regan

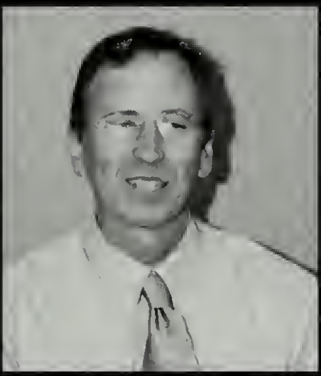
Danielle Rinella

Sandra Rougvie

Mark Scanlan

Robert Troup

Art



Gerard Finch

Angela Miller

Music

Richard Kenneally

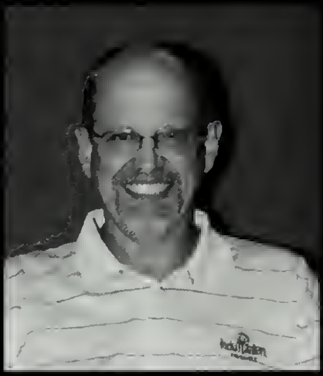
Tim Carew

ROTC

Robert Mulhern MSGT

Ken Greene LTCOL

Physical Education



Doug MacFarlane

Jim Rendle

Barbara Webster

Special Education

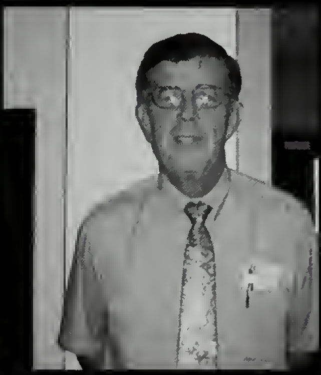
William Mulcahy
Dept Head

Andrea Bomar

Rita Carroll

Elizabeth Cianci

Patricia Gannon



Lawrence Keough

Louis Marcucci

Today
Name
Boardw

Elly Papile

Tracy Phelan

Paula Radzevich

Guidance

Helena Skinner
Dept Head

Virginia Cushman

Susan DeCoste

Peggy Farren

Shaue-Fung Peng

John Perkins

Lynn Rowe

Jennifer Vonella

Nurse

Mary Jane Callahan

Secretaries

Linda Cibotti

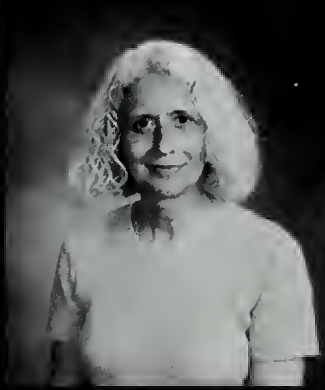
Carol Clooney

Janice Donovan

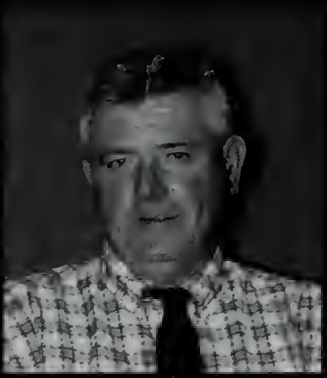
Pat Ehrlich

Deborah Golden

Michele Greeley


Nancy Reynolds

Deans


Peter Chrisom

Dan Coughlin

Sue Nash

Bill Shaughnessy

Attendance

Wayne Mirick

Security

Chris Barrett

Sheila Calabro

Rick Palumbo

Paraproffesionals

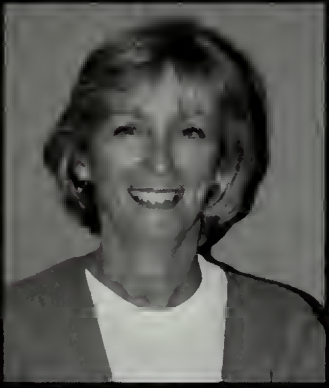
Barbara Boehler

Mary DeAngelis

Carol DePaulo

Marea Giaquinta

Mary Livingstone



Patricia Maggio

Paula Nicholson

Dianne O'Donnell

Louise Proto

Joe Ruscio

Lisa Sullivan

Beverly Thomas

Fran Ward

Packing Room

Custodians

Cafeteria Workers

Dedication for Betty Cianci

Her love of teaching inspired us.
Her hugs encouraged us.
Her smile warmed our hearts.
Miss Cianci, thank you for teaching us the greatest lesson –
kindness.

Dennis Thomson
Class of 2002

*You will always be
in our hearts.*

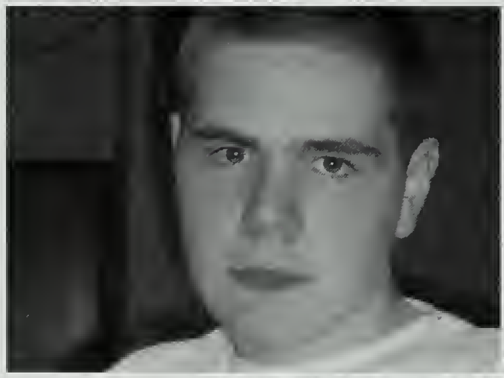
Dedication

Simon Lee
*Our classmate, our
friend. We will never
forget you.*
Class of 2005

ast Side
BARRACUDAS

SAN JUAN

Coffee Break
Coffee Break



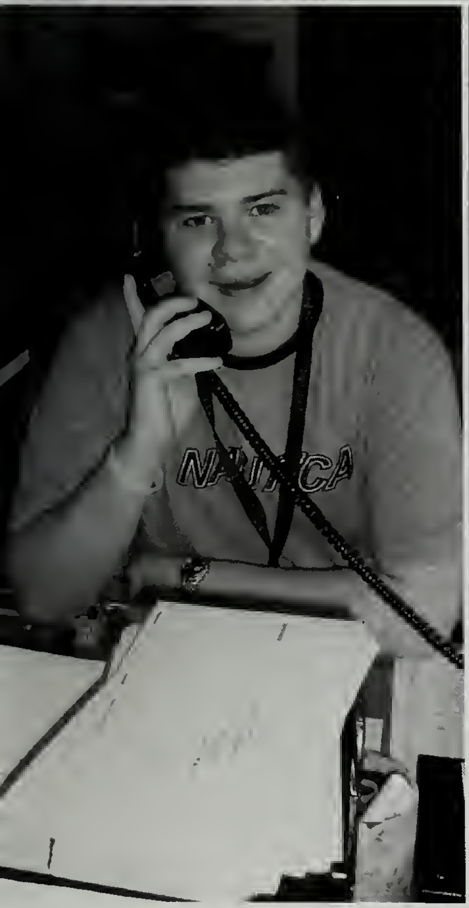
B
46
16
39

Countdown: 3
All live
happy, our li
same.
~Anne

MM

USA

JEANS


NAUTICA

EXIT

THICS

S. OLYMPIC
USA

QUINCY
RECREATI

EXIT

Seniors

Eric Astrella

Hung Auduong

Valerie Ayer

Reanna Badger

Christine Benoit

Julia Berberan

John Bergonzi

Karl Berner

Kristen Berry

Catherine Berte

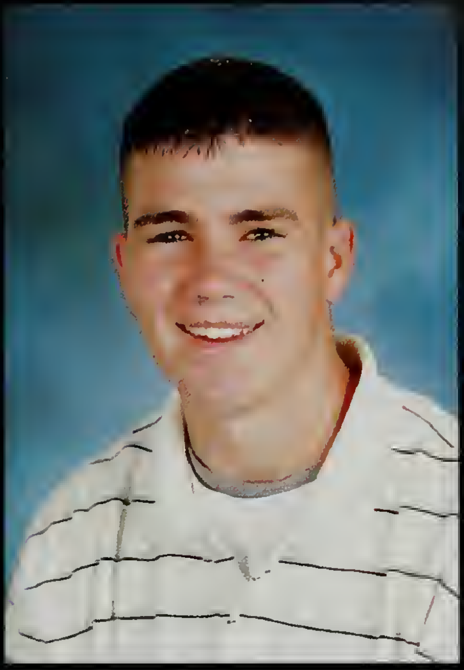
Kris Borgendale

Meghan Bowles

Kayla Brancaccio

Casey Breslin

Shaneka Broadnax



Shawn Brown

Kara Buckley

Edgardo Cabrera

Jason Cai

Pamela Campos-Palma

Erinn Cannon

Brian Carney

Patrick Casper

Maria Cattaneo

Lynette Cedrone

Carmen Chan

Henry Chan

Jocelyn Chan

Pui Chun Chan

Yu Chan

Henry Chang

Bonnie Chen

Daniel Chen

Stanley Chen

Kathy Chiang

Daryun Chiu

Judy Chou

Benny Chow

Cindy Chu

Jenny Chu

Bill Chung

Sharon Chy

Kendra Ciccone

John Clark

Kerry Clifford

Caileen Coleman

Ashley Connors

Jennifer Cooke

Christine Copson

Allison Coughlin

Meghan Coughlin

Ashley Daley

Tai Dang

Marissa Deegan

Jane Diep

Mo Ding

David Djerf

Erika Djerf

Bryan Donelin

Olivia Donovan

Shelly Donovan

Adrienne Doucette

Caitlyn Dow

Kerrilyn Downs

Jennifer Doyle

Stephen Drago

Cailin Driscoll

Lan Duong

Jaclyn Elfman

Michael Faherty

Alan Fang

Benjamin Fang

Paul Farina

Paul Fasoli

Theodore Fawell

Cui Ying Feng

John Fitzgerald

Christina Forde

Kathleen Frawley

Kerin Frawley

Rick Fu

Melissa Furey

Rong Gao

Robert Gardner

David Gates

Patrick Gethin

Katelyn Girard

Sarah Goreham

Adam Graeber

Paul Graham

Alannah Green

Molly Griffin

Jonathan Griffith

Krysta Guerriero

Jennifer Ha

Michael Haendler

Christi Haines

Lauren Hamaty

Jessica Hannon

Jaclyn Harty

Matthew Haskins

Man Sze Ho

Si Ho

Jackie Hoang

Kitty Hoang

Julie Holleran

Phi Hong

Jeffrey Hsu

Alicia Huang

Genevieve Humez-Rousseau

Cindy Huynh

Jimmy Huynh

Deanna Iacobucci

Daniel Ivy

Joseph Johnson

Alexander Jorgensen

Christine Joslyn

Jennifer Kane

Thomas Keady

Alison Kelly

Kimberly Kelly

Shauna Kelly

Jessica Kenneally

Sarah Kennedy

Shawna Kennedy

Timothy Kennedy

Vivienne Kenny

Kathleen Keohane

Chelsey Knight

Jola Korca

Phillip Kostka

Erdi Kushe

Gina Kwong

Jennifer Kyi

Ryan Kyle

Stephanie LaBelle

Christina Lam

Lewis Lam

Long Lam

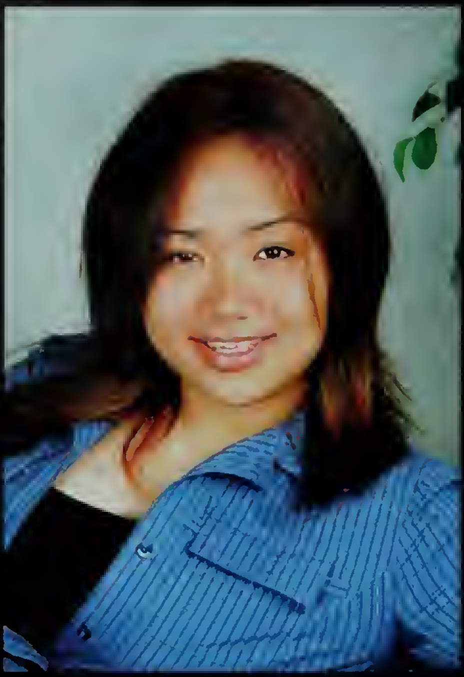
Jillian Landers

David Lang

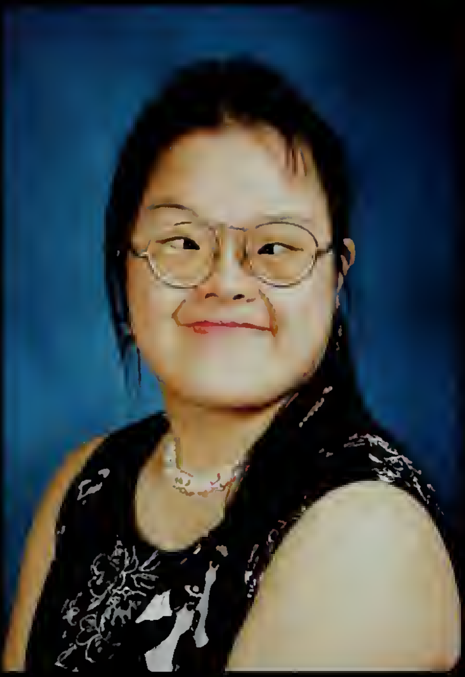
Reid Larson

Ann Lau

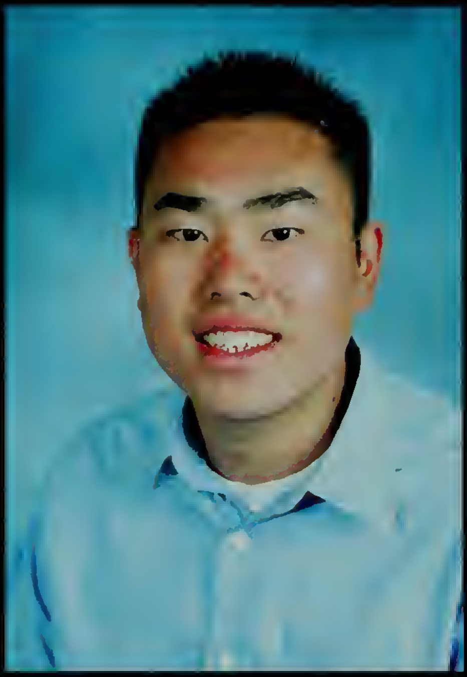
Bonnie Lau



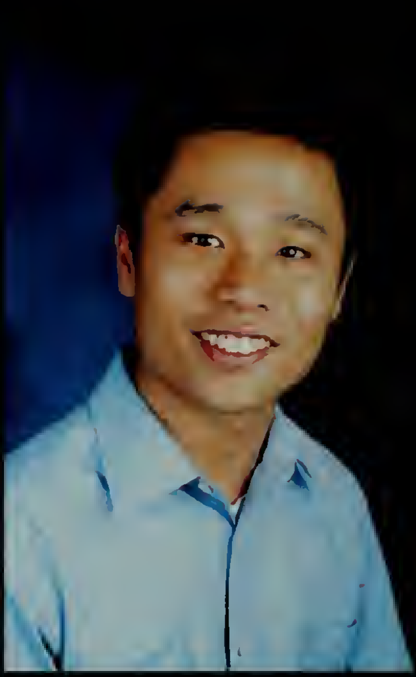
Cindy Lau



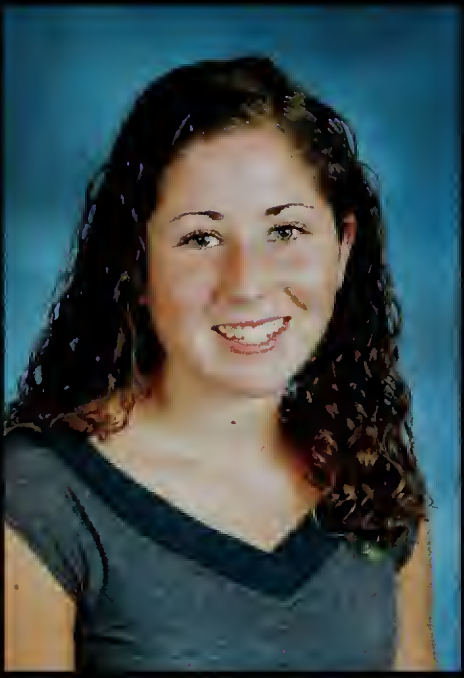
Fong Koo Lau



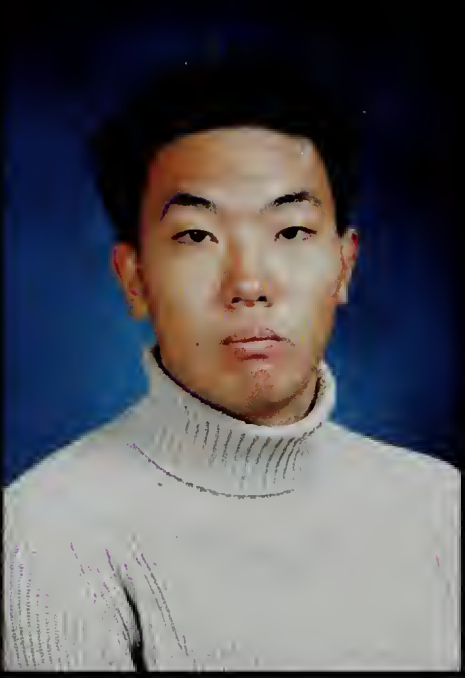
Gordon Lau



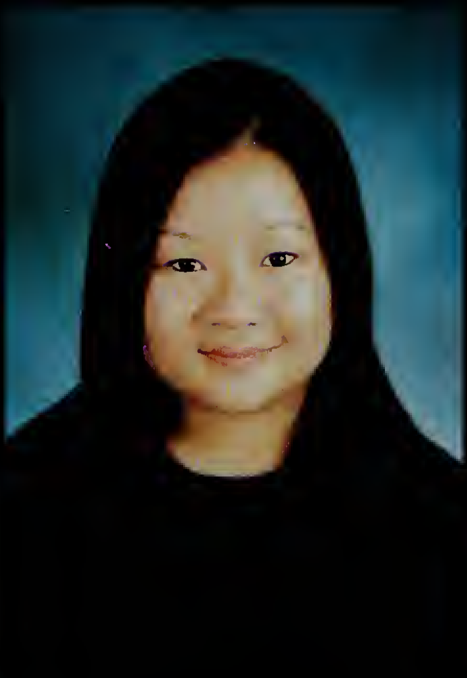
Siu Fu Lau



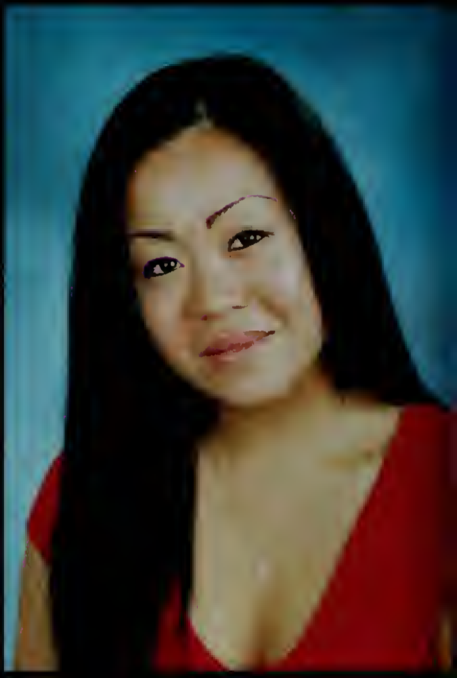
Jessica Lawlor



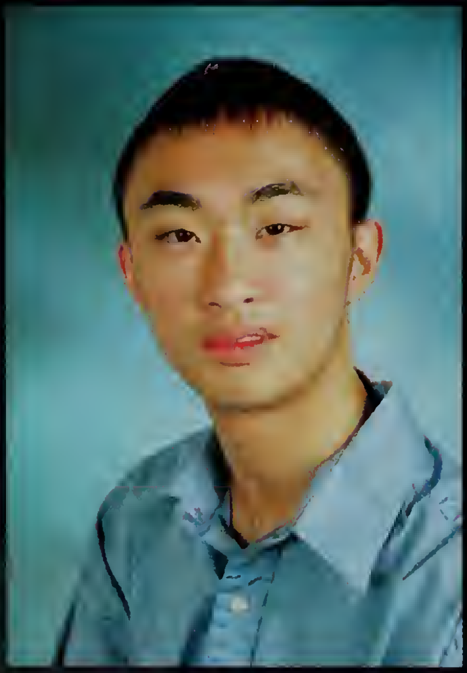
Dickson Lee



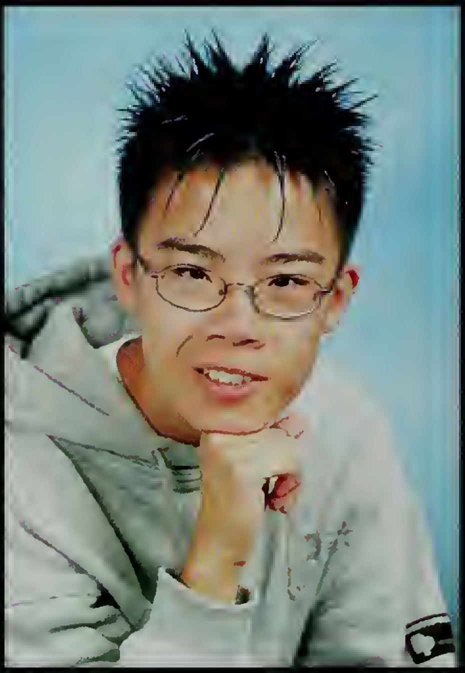
Kristina Lee



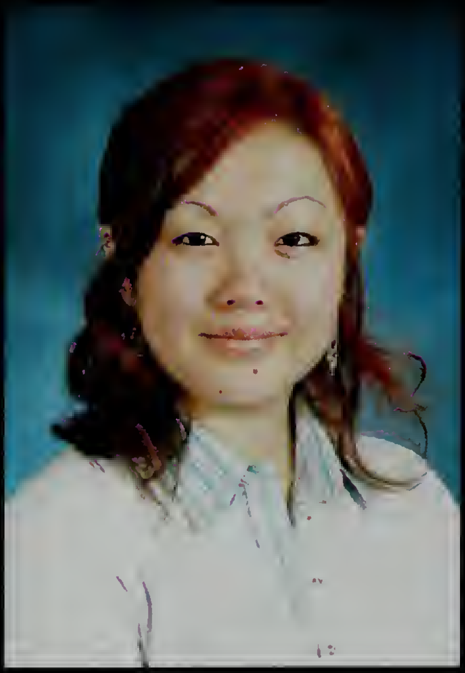
Linda Lee



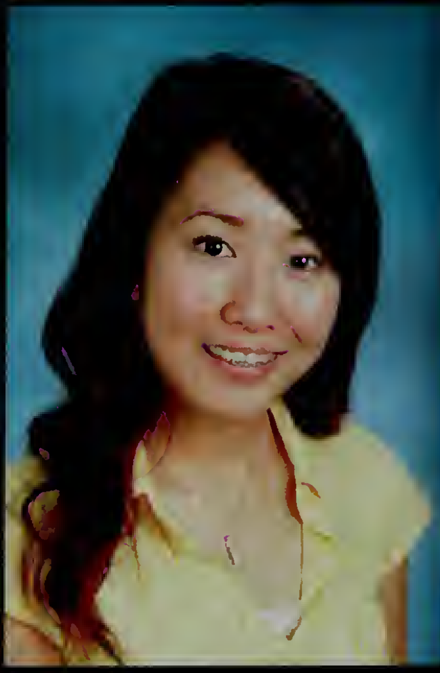
Edwin Leung



Kenneth Leung



Chang Wen Li



Xiu Ming Li

Jessica Liang

Supei Liao

Jason Lin

Brendan Linnane

Dennis Liu

Henry Lo

Shirley Lo

Kara Luciani

Jennifer Luong

Tam Hioa Luong

Bonnie Ly

Joseph Lydon

Anna Ma

Rose Mac

Jillian MacIsaac

Kevin Mackey

Amanda Madden

Dennis Magaldi

Stephen Maggio

Katlyn Magnell

Tracie Mah

Tara Marino

Katelyn Mark

Victoria Markhard

Gabrealla Marks

Gina Mazzulli

Christopher McAuliffe

Andrew McCabe

Amy McDonough

Jena McEachern

Jessica McGuire

Laura McHugh

Francis McKenna

Molly McKenna

Robert McLaughlin

Felicia McNally

Jennifer Mei

Christopher Mercurio

Scott Mesa

Holly Mirick

Colin Mooney

Kellyann Moore

Paula Morgan

Sean Morrissey

Elizabeth Moskofides

Darragh Moylan

Sean Moylan

Theodore Muir

Stephanie Mullaney

Daniel Mulligan

Michelle Murray

Michael Nee

Robert Newcomb

Cayla Newman

Jason Ng

Sam Ng

Joseph Nguyen

Justin Nguyen

Kim Nguyen

Tram Nguyen

Michael O'Mahoney

Ashley O'Neil

Sean O'Neill

Kristin O'Toole

Matthew Palmer

Ross Pasquantonio

Vincent Pastore

Michelle Pau

Kristina Penzo

Marilia Pereira

Victoria Perkins

Caitlyn Peters

Christopher Pickering

Domenic Poli

Urjana Poreci

Michael Powers

Eileen Price

Kaitlyn Proto

Christine Psota

Jason Purves

Lily Qiu

Katelynn Quinn

Matthew Rhode

Alexander Ricciardi

Mark Richards

Kathryn Roach

Keri Rogers

Thomas Ross

Richard Russo

Frank Ruzzano

Peter Sala

Nicole Salaris

Nino Rex Salazar

Myles Sawtelle

Amanda Saylor

Richard Schifone

Michelle Schleicher

Kevin Shinnick

Alexandra Skayne

Brian Sorensen

Johanna Spring

Manus Sriweawnetr

Andrea Starr

Joanna Tam

Karen Tang

Shirley Tang

Tara Tarrant

Tony Thach

Danielle Thomson

Christopher Tierney

Stephanie Tobin

Linda Toge

Stephanie Tran

Vivian Tran

Jedita Treska

Alex Tringale

Eric Tso

Michelle Tuori

Danny Van

Michael Van

Zoa Varner

Korey Verhault

Kaitlin Vey

Laura Voelkel

Tuan Vu

Rita Wang

Jacqueline Watkins

Jessica Westgate

James Whealan

Ryan White

Caitlin Wilson

Eric Wilson

Piya Wiwatyukhan

Albert Hue-Chun Wong

Alvin Wong

Evan Wong

Jennifer Wong

Jenny Wong

Lucy Wong

Nison Wong

Wan Ling Wong

Jason Wu

Kai Fan Wu

Manying Wu

Stanley Yang

Nancy Yee

Brianne Young

Cho Yu

Hoi Yung

Julie Zhen

Denny Zhou

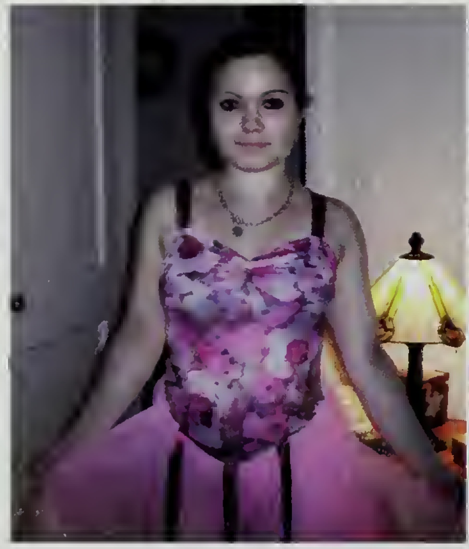
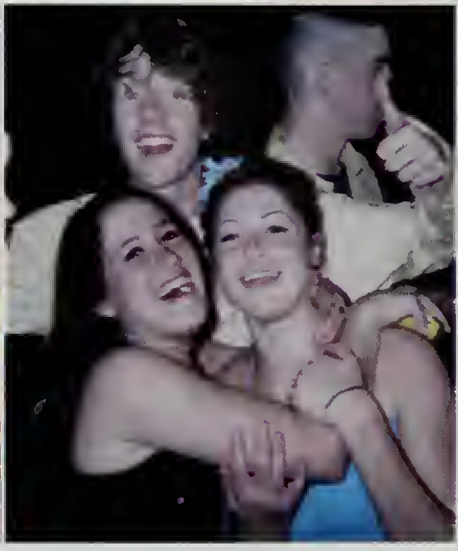
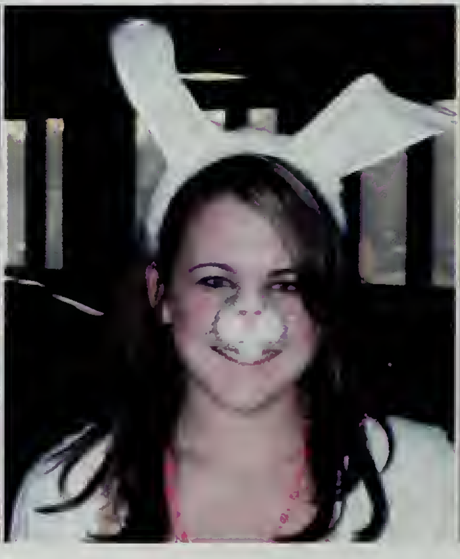
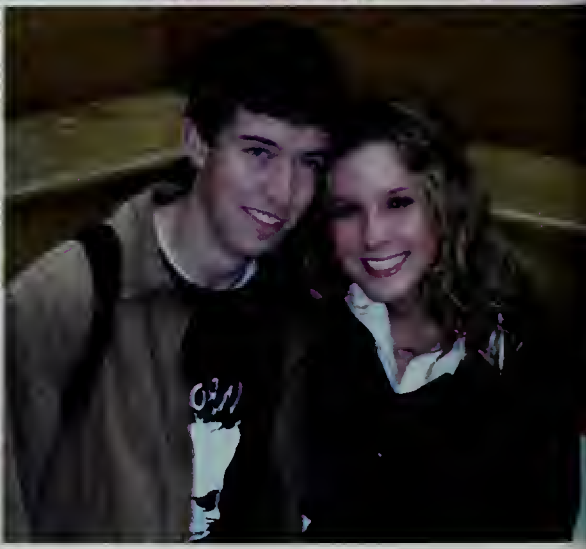
Chet Zingg

Amanda Zoia

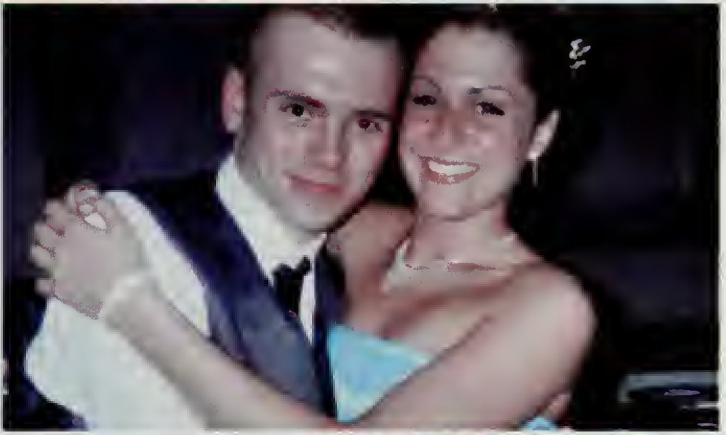
Olcay Zorteymur

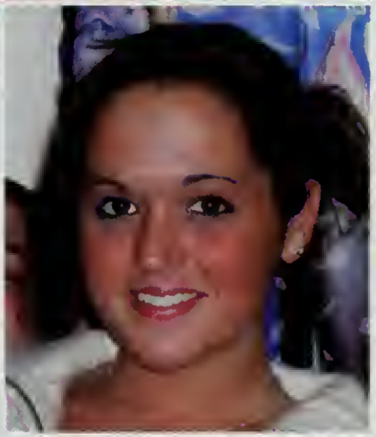
Irena Zou

Candids

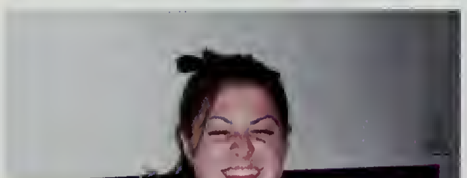
Candids





Candids

BOWL & BOARD
HOURS:
OR
PANCAKES
BREAKFAST SANDWICH
WITH
SAUSAGE
OR
BACON
$2.50
$2.50



Candids

Student Council

Sarah Goreham

Molly Griffin

Allison Coughlin

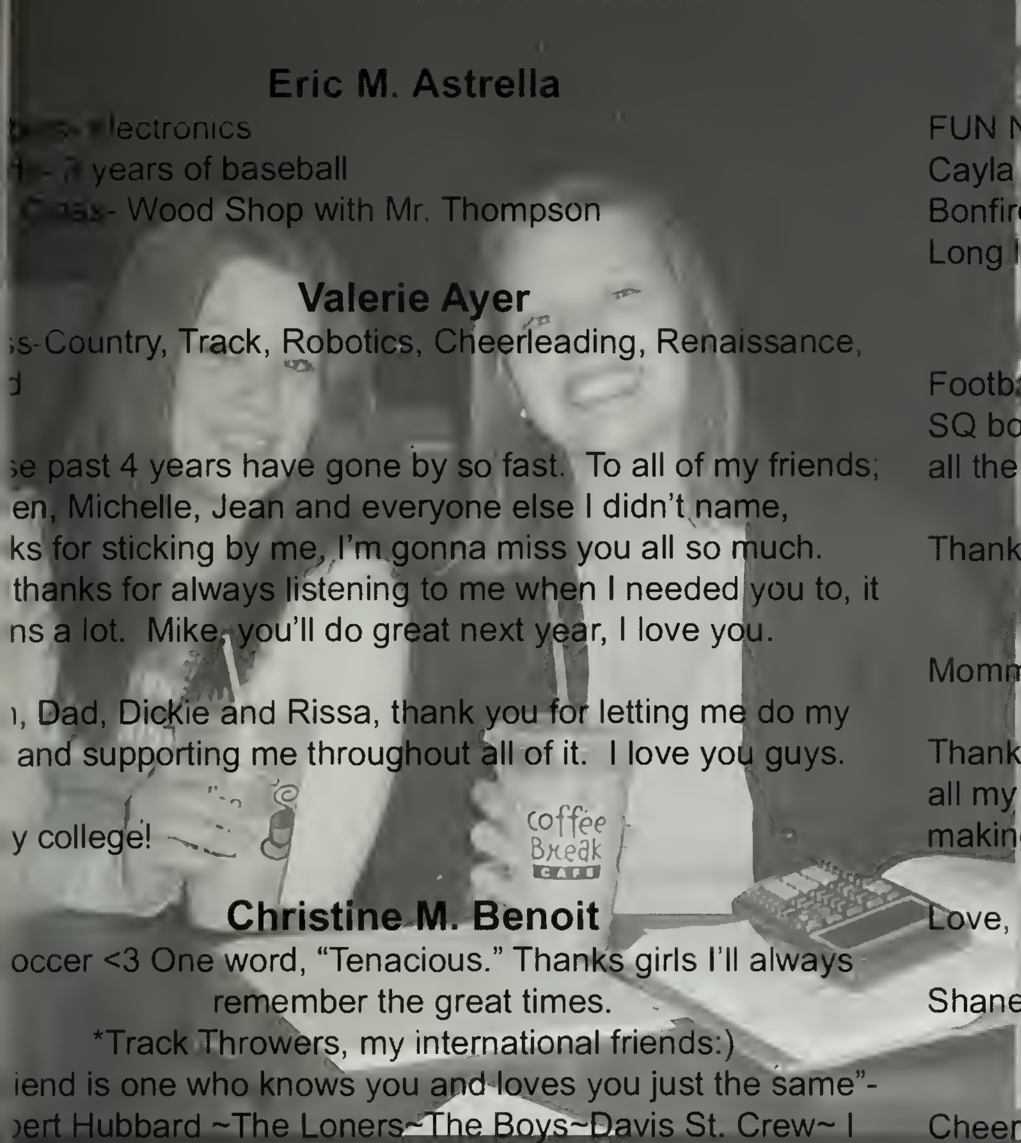
Caitlyn Dow

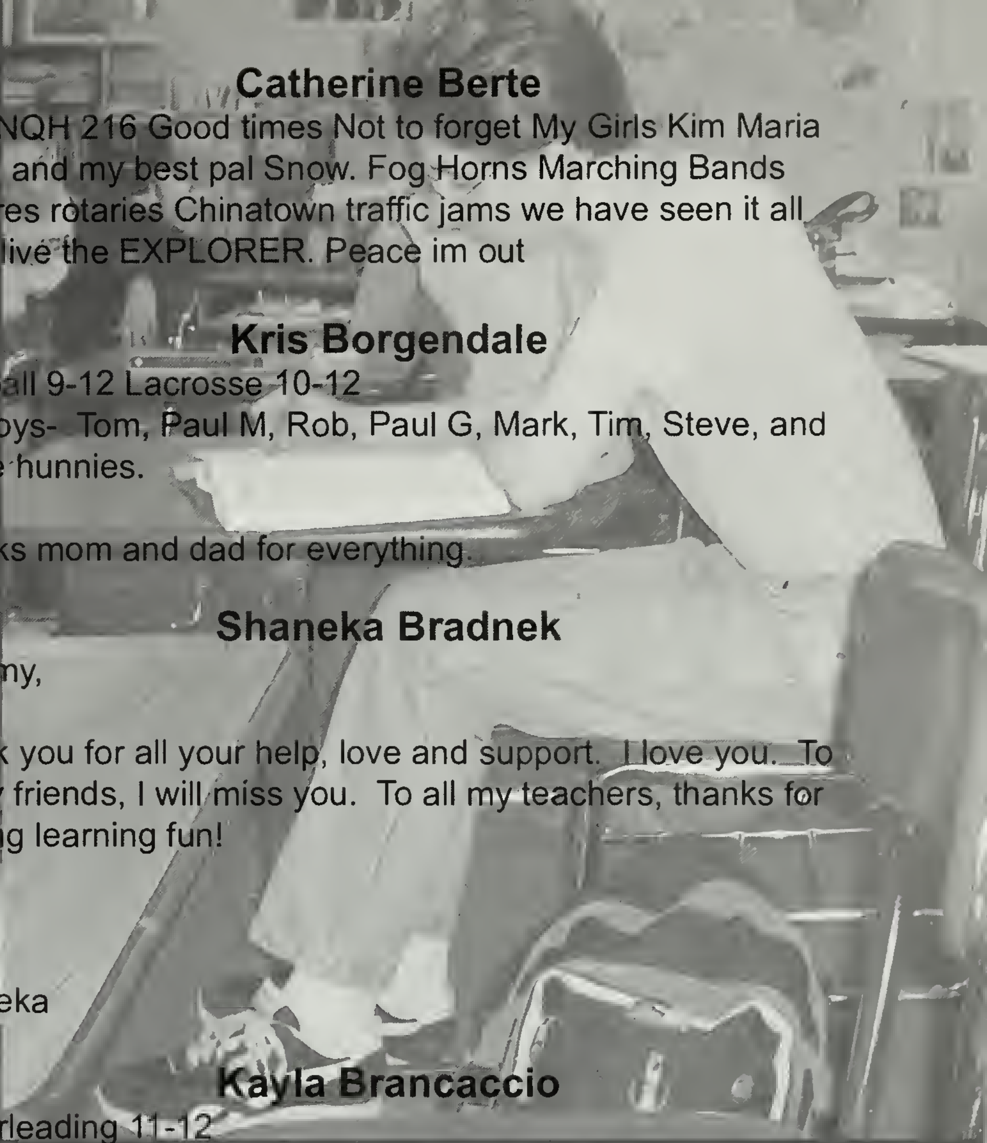
President: Tom Keady

Vice President: Marissa Deegan

Treasurer: Erika Djerf

Secretary: Meghan Coughlin





Eric M. Astrella

electronics
years of baseball
Class- Wood Shop with Mr. Thompson

Valerie Ayer

s-Country, Track, Robotics, Cheerleading, Renaissance,
d

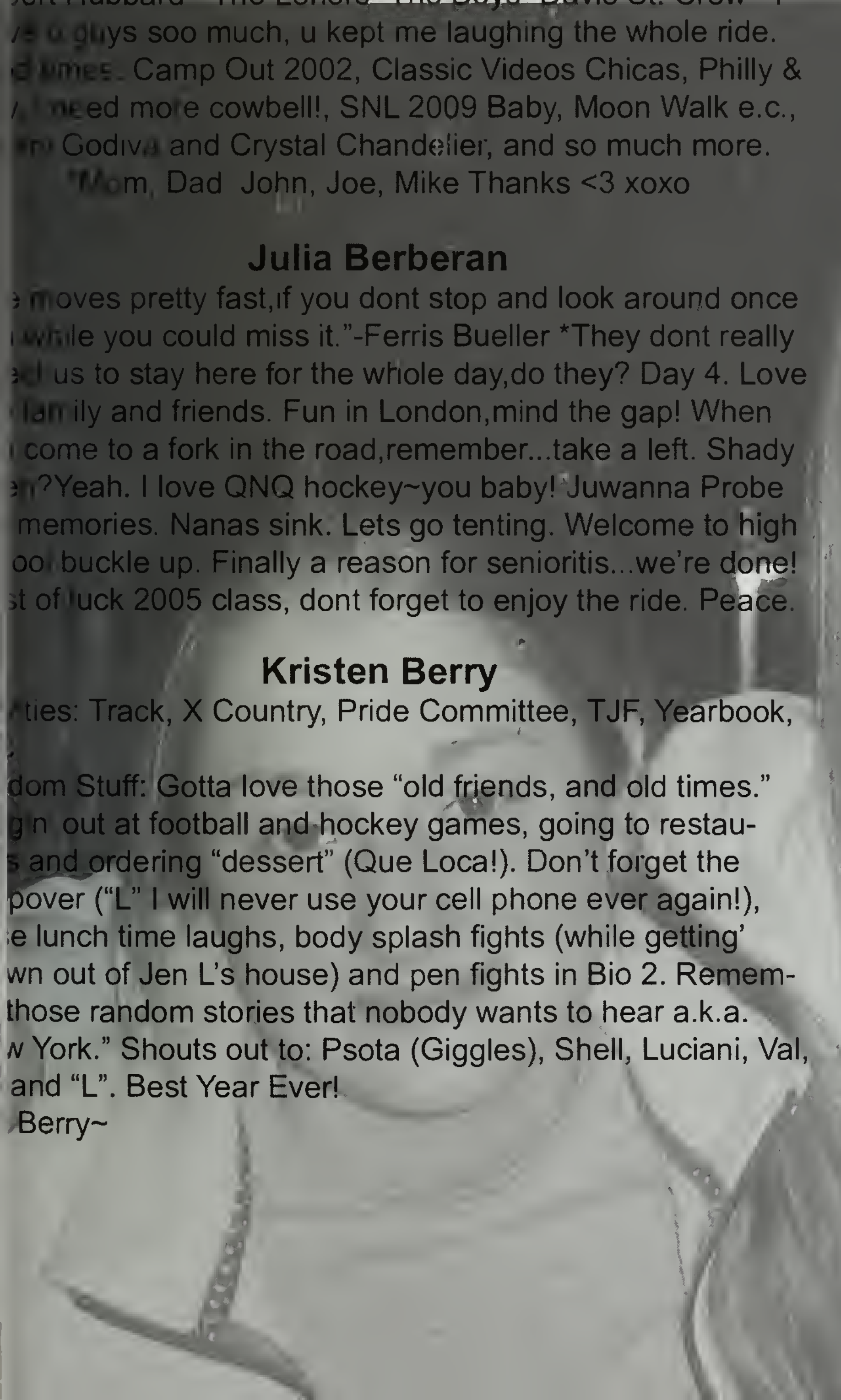
e past 4 years have gone by so fast. To all of my friends;
en, Michelle, Jean and everyone else I didn't name,
ks for sticking by me, I'm gonna miss you all so much.
thanks for always listening to me when I needed you to, it
ns a lot. Mike, you'll do great next year, I love you.

, Dad, Dickie and Rissa, thank you for letting me do my
and supporting me throughout all of it. I love you guys.

y college!

Christine M. Benoit

occer <3 One word, "Tenacious." Thanks girls I'll always
remember the great times.
*Track Throwers, my international friends:)
iend is one who knows you and loves you just the same"-
bert Hubbard ~The Loners~The Boys~Davis St. Crew~ I
ve u guys soo much, u kept me laughing the whole ride.
d times. Camp Out 2002, Classic Videos Chicas, Philly &
, I need more cowbell!, SNL 2009 Baby, Moon Walk e.c.,
Godiva and Crystal Chandelier, and so much more.
*Mom, Dad John, Joe, Mike Thanks <3 xoxo



Julia Berberan

e moves pretty fast,if you dont stop and look around once
while you could miss it."-Ferris Bueller *They dont really
ed us to stay here for the whole day,do they? Day 4. Love
family and friends. Fun in London,mind the gap! When
come to a fork in the road,remember...take a left. Shady
en?Yeah. I love QNQ hockey~you baby! Juwanna Probe
memories. Nanas sink. Lets go tenting. Welcome to high
ool buckle up. Finally a reason for senioritis...we're done!
st of luck 2005 class, dont forget to enjoy the ride. Peace.

Kristen Berry

ties: Track, X Country, Pride Committee, TJF, Yearbook,

dom Stuff: Gotta love those "old friends, and old times."
gin out at football and hockey games, going to restaus and ordering "dessert" (Que Loca!). Don't forget the
pover ("L" I will never use your cell phone ever again!),
e lunch time laughs, body splash fights (while getting'
wn out of Jen L's house) and pen fights in Bio 2. Remem-
those random stories that nobody wants to hear a.k.a.
v York." Shouts out to: Psota (Giggles), Shell, Luciani, Val,
and "L". Best Year Ever!
Berry~

Catherine Berte

FUN NQH 216 Good times Not to forget My Girls Kim Maria Cayla and my best pal Snow. Fog Horns Marching Bands Bonfires rotaries Chinatown traffic jams we have seen it all Long live the EXPLORER. Peace im out

Kris Borgendale

Football 9-12 Lacrosse 10-12
SQ boys- Tom, Paul M, Rob, Paul G, Mark, Tim, Steve, and all the hunnies.

Thanks mom and dad for everything.

Shaneka Bradnek

Mommy,

Thank you for all your help, love and support. I love you. To all my friends, I will miss you. To all my teachers, thanks for making learning fun!

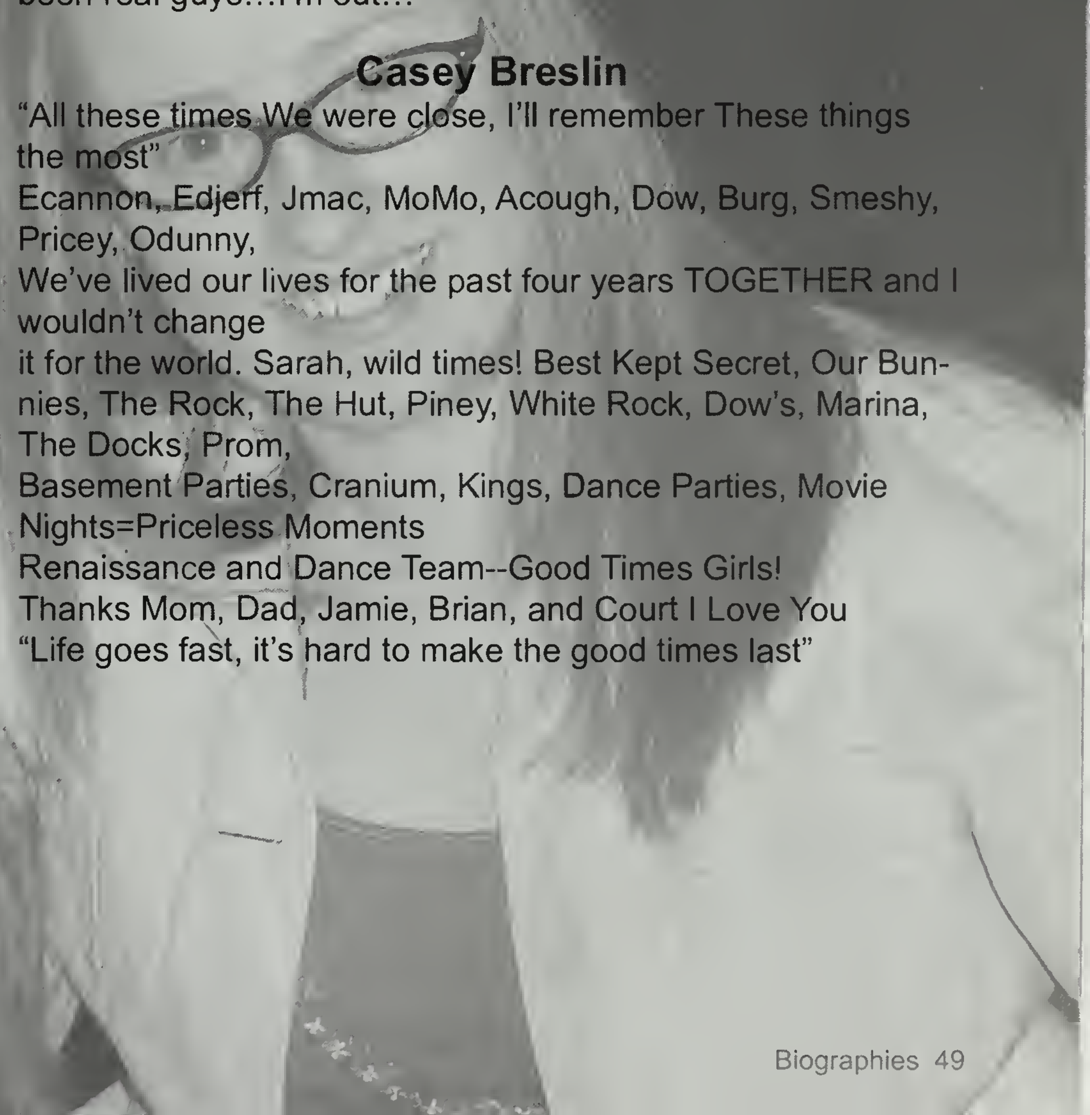
Love,

Shaneka

Kayla Brancaccio

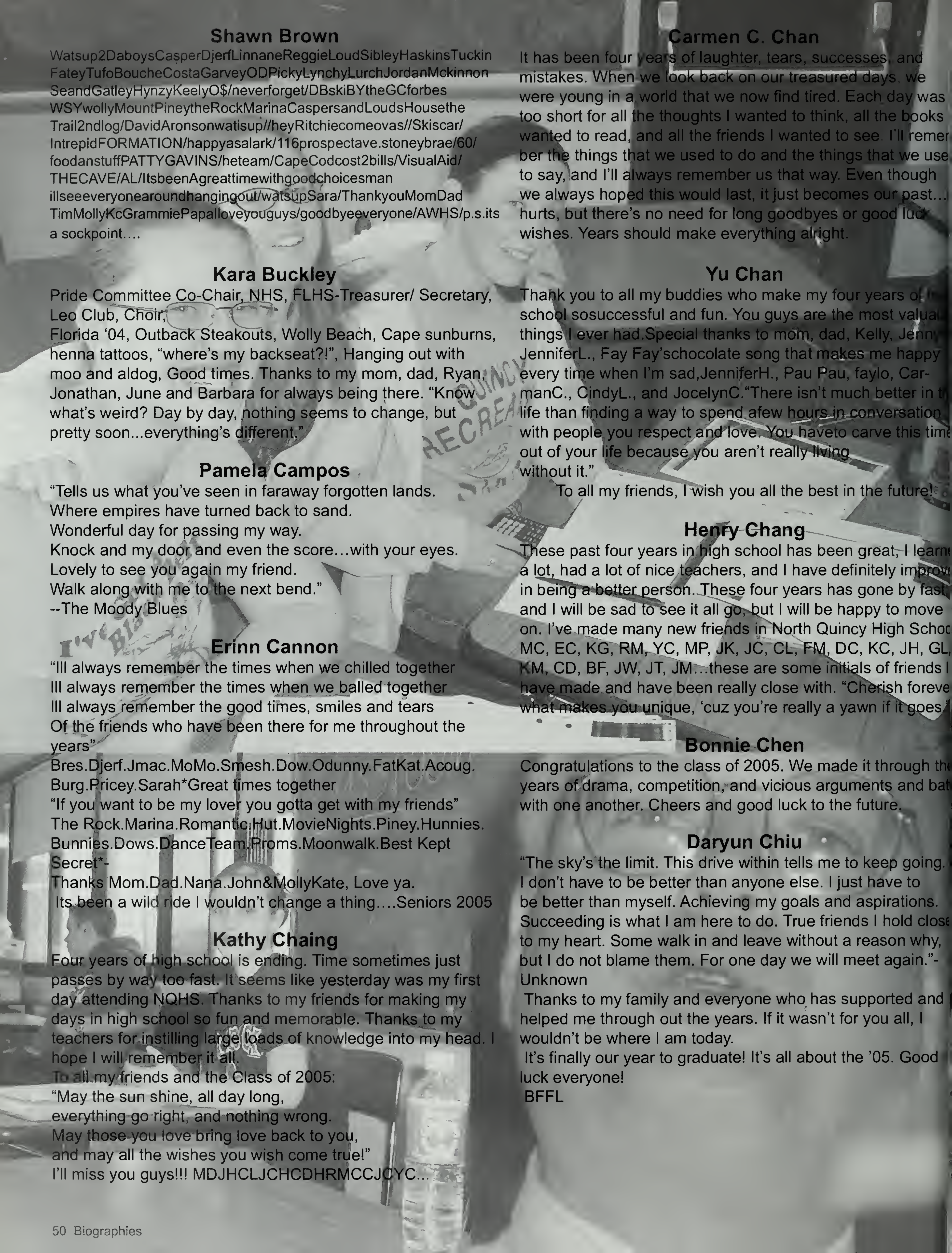
Cheerleading 11-12

"You never know how good you had it until it's gone".
To my girls- Danielle, Ryan, Michelle, Molly, Keri and Pam.
We have been though the best of it and the worst of it, but we have been through it together. Good times at Montclair, Parker, Allison's and Carney's house. "Oh the little girls" (Kano). Keri's birthday parties, teal field, getting lost in Boston, the trio. Thank you mom, dad, Krista and Ash for always being there. Paul, thank you for everything, I Love You. Well, it's been real guys…I'm out…



Casey Breslin

"All these times We were close, I'll remember These things the most"
Ecannon, Edjerf, Jmac, MoMo, Acough, Dow, Burg, Smeshy, Pricey, Odunny,
We've lived our lives for the past four years TOGETHER and I wouldn't change
it for the world. Sarah, wild times! Best Kept Secret, Our Bunnies, The Rock, The Hut, Piney, White Rock, Dow's, Marina, The Docks, Prom,
Basement Parties, Cranium, Kings, Dance Parties, Movie Nights=Priceless Moments
Renaissance and Dance Team--Good Times Girls!
Thanks Mom, Dad, Jamie, Brian, and Court I Love You
"Life goes fast, it's hard to make the good times last"



Shawn Brown

Watsup2DaboysCasperDjerfLinnaneReggieLoudSibleyHaskinsTuckinFateyTufoBoucheCostaGarveyODPickyLynchyLurchJordanMckinnonSeandGatleyHynzyKeelyO$/neverforget/DBskiBYtheGCforbesWSYwollyMountPineytheRockMarinaCaspersandLoudsHousetheTrail2ndlog/DavidAronsonwatisup//heyRitchiecomeovas//Skiscar/IntrepidFORMATION/happyasalark/116prospectave.stoneybrae/60/foodanstuffPATTYGAVINS/heteam/CapeCodcost2bills/VisualAid/THECAVE/AL/ItsbeenAgreattimewithgoodchoicesmanillseeeveryonearoundhangingout/watsupSara/ThankyouMomDadTimMollyKcGrammiePapalloveyouguys/goodbyeeveryone/AWHS/p.s.its a sockpoint….

Kara Buckley

Pride Committee Co-Chair, NHS, FLHS-Treasurer/ Secretary, Leo Club, Choir,
Florida '04, Outback Steakouts, Wolly Beach, Cape sunburns, henna tattoos, "where's my backseat?!", Hanging out with moo and aldog, Good times. Thanks to my mom, dad, Ryan, Jonathan, June and Barbara for always being there. "Know what's weird? Day by day, nothing seems to change, but pretty soon...everything's different."

Pamela Campos

"Tells us what you've seen in faraway forgotten lands.
Where empires have turned back to sand.
Wonderful day for passing my way.
Knock and my door and even the score…with your eyes.
Lovely to see you again my friend.
Walk along with me to the next bend."
--The Moody Blues

Erinn Cannon

"Ill always remember the times when we chilled together
Ill always remember the times when we balled together
Ill always remember the good times, smiles and tears
Of the friends who have been there for me throughout the years"
Bres.Djerf.Jmac.MoMo.Smesh.Dow.Odunny.FatKat.Acoug.Burg.Pricey.Sarah*Great times together
"If you want to be my lover you gotta get with my friends"
The Rock.Marina.Romantic.Hut.MovieNights.Piney.Hunnies.Bunnies.Dows.DanceTeam.Proms.Moonwalk.Best Kept Secret*-
Thanks Mom.Dad.Nana.John&MollyKate, Love ya.
Its been a wild ride I wouldn't change a thing….Seniors 2005

Kathy Chaing

Four years of high school is ending. Time sometimes just passes by way too fast. It seems like yesterday was my first day attending NQHS. Thanks to my friends for making my days in high school so fun and memorable. Thanks to my teachers for instilling large loads of knowledge into my head. I hope I will remember it all.
To all my friends and the Class of 2005:
"May the sun shine, all day long,
everything go right, and nothing wrong.
May those you love bring love back to you,
and may all the wishes you wish come true!"
I'll miss you guys!!! MDJHCLJCHCDHRMCCJCYC...

Carmen C. Chan

It has been four years of laughter, tears, successes, and mistakes. When we look back on our treasured days, we were young in a world that we now find tired. Each day was too short for all the thoughts I wanted to think, all the books wanted to read, and all the friends I wanted to see. I'll remer ber the things that we used to do and the things that we use to say, and I'll always remember us that way. Even though we always hoped this would last, it just becomes our past… hurts, but there's no need for long goodbyes or good luck wishes. Years should make everything alright.

Yu Chan

Thank you to all my buddies who make my four years of school sosuccessful and fun. You guys are the most valua things I ever had.Special thanks to mom, dad, Kelly, Jenn JenniferL., Fay Fay'schocolate song that makes me happy every time when I'm sad,JenniferH., Pau Pau, faylo, CarmanC., CindyL., and JocelynC."There isn't much better in t life than finding a way to spend afew hours in conversation with people you respect and love. You haveto carve this tim out of your life because you aren't really living without it."

To all my friends, I wish you all the best in the future!

Henry Chang

These past four years in high school has been great, I learn a lot, had a lot of nice teachers, and I have definitely impro in being a better person. These four years has gone by fast, and I will be sad to see it all go, but I will be happy to move on. I've made many new friends in North Quincy High Schoo MC, EC, KG, RM, YC, MP, JK, JC, CL, FM, DC, KC, JH, GL, KM, CD, BF, JW, JT, JM…these are some initials of friends I have made and have been really close with. "Cherish foreve what makes you unique, 'cuz you're really a yawn if it goes."

Bonnie Chen

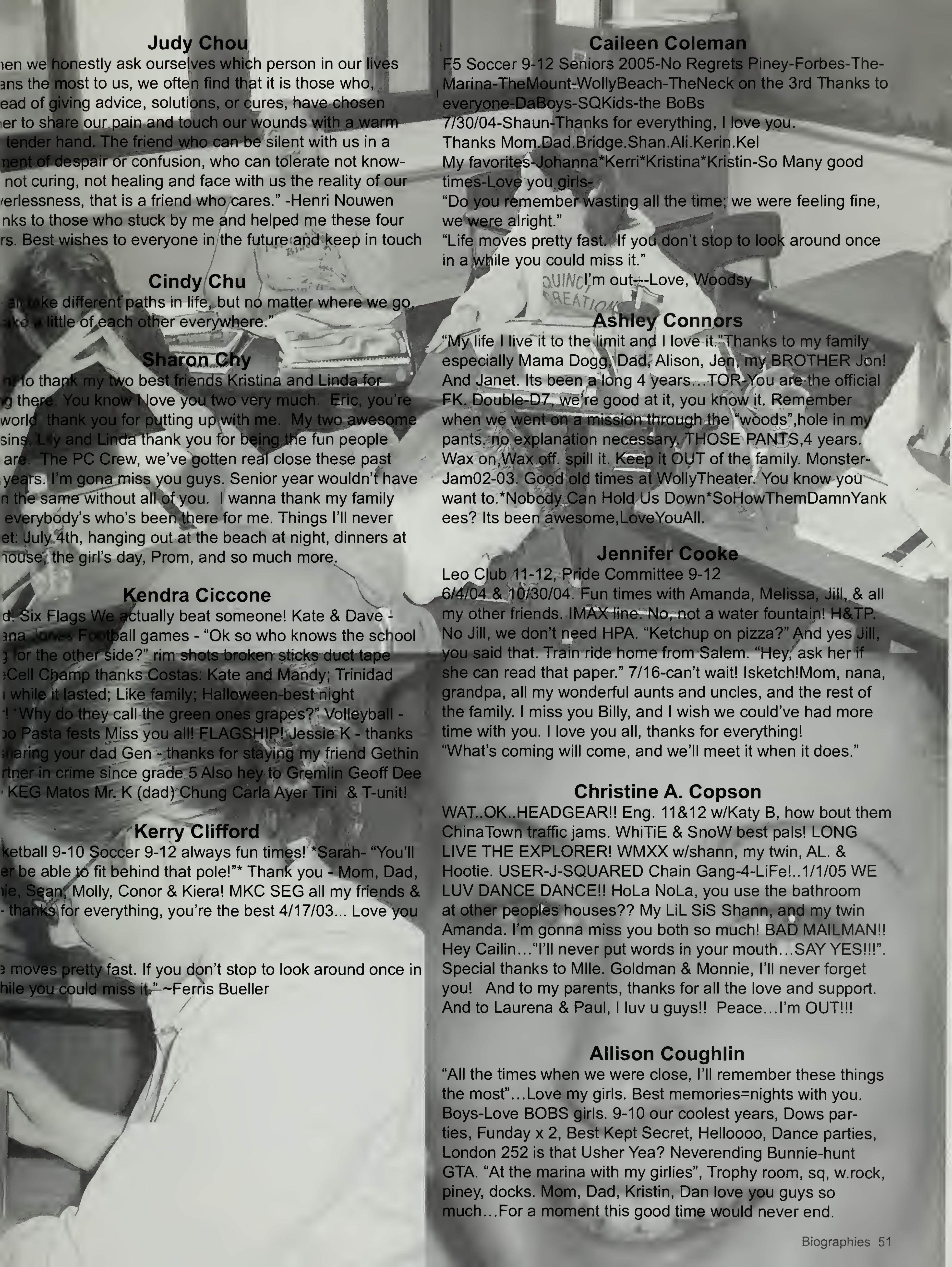
Congratulations to the class of 2005. We made it through th years of drama, competition, and vicious arguments and bat with one another. Cheers and good luck to the future.

Daryun Chiu

"The sky's the limit. This drive within tells me to keep going. I don't have to be better than anyone else. I just have to be better than myself. Achieving my goals and aspirations. Succeeding is what I am here to do. True friends I hold close to my heart. Some walk in and leave without a reason why, but I do not blame them. For one day we will meet again."- Unknown

Thanks to my family and everyone who has supported and helped me through out the years. If it wasn't for you all, I wouldn't be where I am today.

It's finally our year to graduate! It's all about the '05. Good luck everyone!
BFFL



Judy Chou

ıen we honestly ask ourselves which person in our lives ans the most to us, we often find that it is those who, ead of giving advice, solutions, or cures, have chosen ıer to share our pain and touch our wounds with a warm tender hand. The friend who can be silent with us in a nent of despair or confusion, who can tolerate not knowing, not curing, not healing and face with us the reality of our verlessness, that is a friend who cares." -Henri Nouwen nks to those who stuck by me and helped me these four rs. Best wishes to everyone in the future and keep in touch

Cindy Chu

al take different paths in life, but no matter where we go, ake a little of each other everywhere."

Sharon Chy

nt to thank my two best friends Kristina and Linda for g there. You know I love you two very much. Eric, you're world, thank you for putting up with me. My two awesome sins, Lily and Linda thank you for being the fun people are. The PC Crew, we've gotten real close these past years. I'm gona miss you guys. Senior year wouldn't have n the same without all of you. I wanna thank my family everybody's who's been there for me. Things I'll never et: July 4th, hanging out at the beach at night, dinners at ıouse, the girl's day, Prom, and so much more.

Kendra Ciccone

d. Six Flags We actually beat someone! Kate & Dave - ana Jones Football games - "Ok so who knows the school g for the other side?" rim shots broken sticks duct tape eCell Champ thanks Costas: Kate and Mandy; Trinidad ı while it lasted; Like family; Halloween-best night ! 'Why do they call the green ones grapes?" Volleyball - oo Pasta fests Miss you all! FLAGSHIP! Jessie K - thanks aring your dad Gen - thanks for staying my friend Gethin rtner in crime since grade 5 Also hey to Gremlin Geoff Dee KEG Matos Mr. K (dad) Chung Carla Ayer Tini & T-unit!

Kerry Clifford

ketball 9-10 Soccer 9-12 always fun times! *Sarah- "You'll er be able to fit behind that pole!"* Thank you - Mom, Dad, ie, Sean, Molly, Conor & Kiera! MKC SEG all my friends & - thanks for everything, you're the best 4/17/03... Love you

e moves pretty fast. If you don't stop to look around once in hile you could miss it." ~Ferris Bueller

Caileen Coleman

F5 Soccer 9-12 Seniors 2005-No Regrets Piney-Forbes-The-Marina-TheMount-WollyBeach-TheNeck on the 3rd Thanks to everyone-DaBoys-SQKids-the BoBs
7/30/04-Shaun-Thanks for everything, I love you.
Thanks Mom.Dad.Bridge.Shan.Ali.Kerin.Kel
My favorites-Johanna*Kerri*Kristina*Kristin-So Many good times-Love you girls-
"Do you remember wasting all the time; we were feeling fine, we were alright."
"Life moves pretty fast. If you don't stop to look around once in a while you could miss it."
I'm out---Love, Woodsy

Ashley Connors

"My life I live it to the limit and I love it."Thanks to my family especially Mama Dogg, Dad, Alison, Jen, my BROTHER Jon! And Janet. Its been a long 4 years...TOR-You are the official FK. Double-D7, we're good at it, you know it. Remember when we went on a mission through the "woods",hole in my pants. no explanation necessary, THOSE PANTS,4 years. Wax on,Wax off. spill it. Keep it OUT of the family. MonsterJam02-03. Good old times at WollyTheater. You know you want to.*Nobody Can Hold Us Down*SoHowThemDamnYankees? Its been awesome,LoveYouAll.

Jennifer Cooke

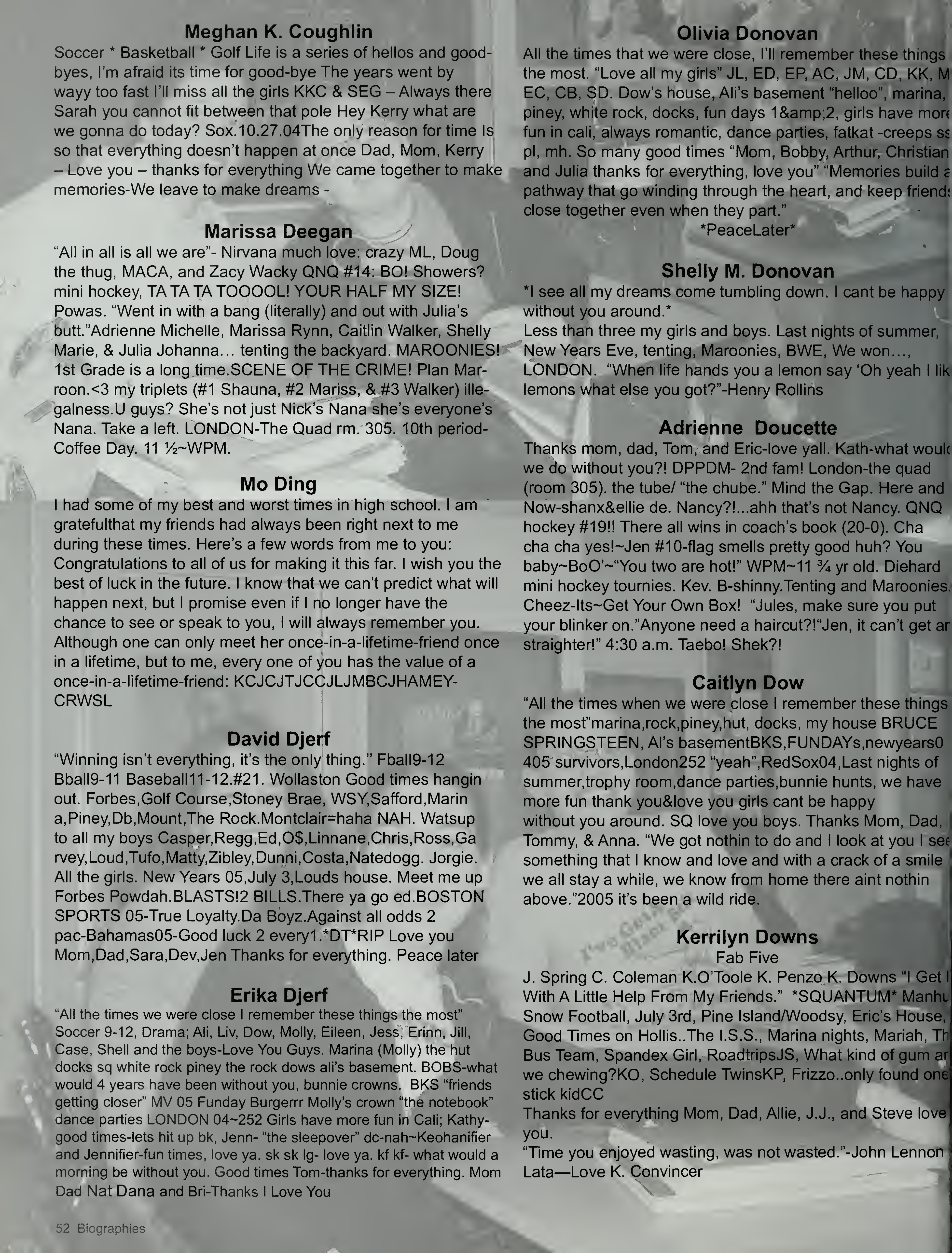
Leo Club 11-12, Pride Committee 9-12
6/4/04 & 10/30/04. Fun times with Amanda, Melissa, Jill, & all my other friends. IMAX line. No, not a water fountain! H&TP. No Jill, we don't need HPA. "Ketchup on pizza?" And yes Jill, you said that. Train ride home from Salem. "Hey, ask her if she can read that paper." 7/16-can't wait! Isketch!Mom, nana, grandpa, all my wonderful aunts and uncles, and the rest of the family. I miss you Billy, and I wish we could've had more time with you. I love you all, thanks for everything!
"What's coming will come, and we'll meet it when it does."

Christine A. Copson

WAT..OK..HEADGEAR!! Eng. 11&12 w/Katy B, how bout them ChinaTown traffic jams. WhiTiE & SnoW best pals! LONG LIVE THE EXPLORER! WMXX w/shann, my twin, AL. & Hootie. USER-J-SQUARED Chain Gang-4-LiFe!..1/1/05 WE LUV DANCE DANCE!! HoLa NoLa, you use the bathroom at other peoples houses?? My LiL SiS Shann, and my twin Amanda. I'm gonna miss you both so much! BAD MAILMAN!! Hey Cailin..."I'll never put words in your mouth...SAY YES!!!". Special thanks to Mlle. Goldman & Monnie, I'll never forget you! And to my parents, thanks for all the love and support. And to Laurena & Paul, I luv u guys!! Peace...I'm OUT!!!

Allison Coughlin

"All the times when we were close, I'll remember these things the most"...Love my girls. Best memories=nights with you. Boys-Love BOBS girls. 9-10 our coolest years, Dows parties, Funday x 2, Best Kept Secret, Helloooo, Dance parties, London 252 is that Usher Yea? Neverending Bunnie-hunt GTA. "At the marina with my girlies", Trophy room, sq, w.rock, piney, docks. Mom, Dad, Kristin, Dan love you guys so much...For a moment this good time would never end.



Meghan K. Coughlin

Soccer * Basketball * Golf Life is a series of hellos and good-byes, I'm afraid its time for good-bye The years went by wayy too fast I'll miss all the girls KKC & SEG – Always there Sarah you cannot fit between that pole Hey Kerry what are we gonna do today? Sox.10.27.04The only reason for time Is so that everything doesn't happen at once Dad, Mom, Kerry – Love you – thanks for everything We came together to make memories-We leave to make dreams -

Marissa Deegan

"All in all is all we are"- Nirvana much love: crazy ML, Doug the thug, MACA, and Zacy Wacky QNQ #14: BO! Showers? mini hockey, TA TA TA TOOOOL! YOUR HALF MY SIZE! Powas. "Went in with a bang (literally) and out with Julia's butt."Adrienne Michelle, Marissa Rynn, Caitlin Walker, Shelly Marie, & Julia Johanna… tenting the backyard. MAROONIES! 1st Grade is a long time.SCENE OF THE CRIME! Plan Marroon.<3 my triplets (#1 Shauna, #2 Mariss, & #3 Walker) illegalness.U guys? She's not just Nick's Nana she's everyone's Nana. Take a left. LONDON-The Quad rm. 305. 10th period-Coffee Day. 11 ½~WPM.

Mo Ding

I had some of my best and worst times in high school. I am gratefulthat my friends had always been right next to me during these times. Here's a few words from me to you: Congratulations to all of us for making it this far. I wish you the best of luck in the future. I know that we can't predict what will happen next, but I promise even if I no longer have the chance to see or speak to you, I will always remember you. Although one can only meet her once-in-a-lifetime-friend once in a lifetime, but to me, every one of you has the value of a once-in-a-lifetime-friend: KCJCJTJCCJLJMBCJHAMEY-CRWSL

David Djerf

"Winning isn't everything, it's the only thing." Fball9-12 Bball9-11 Baseball11-12.#21. Wollaston Good times hangin out. Forbes,Golf Course,Stoney Brae, WSY,Safford,Marin a,Piney,Db,Mount,The Rock.Montclair=haha NAH. Watsup to all my boys Casper,Regg,Ed,O$,Linnane,Chris,Ross,Ga rvey,Loud,Tufo,Matty,Zibley,Dunni,Costa,Natedogg. Jorgie. All the girls. New Years 05,July 3,Louds house. Meet me up Forbes Powdah.BLASTS!2 BILLS.There ya go ed.BOSTON SPORTS 05-True Loyalty.Da Boyz.Against all odds 2 pac-Bahamas05-Good luck 2 every1.*DT*RIP Love you Mom,Dad,Sara,Dev,Jen Thanks for everything. Peace later

Erika Djerf

"All the times we were close I remember these things the most" Soccer 9-12, Drama; Ali, Liv, Dow, Molly, Eileen, Jess, Erinn, Jill, Case, Shell and the boys-Love You Guys. Marina (Molly) the hut docks sq white rock piney the rock dows ali's basement. BOBS-what would 4 years have been without you, bunnie crowns. BKS "friends getting closer" MV 05 Funday Burgerrr Molly's crown "the notebook" dance parties LONDON 04~252 Girls have more fun in Cali; Kathy-good times-lets hit up bk, Jenn- "the sleepover" dc-nah~Keohanifier and Jennifier-fun times, love ya. sk sk lg- love ya. kf kf- what would a morning be without you. Good times Tom-thanks for everything. Mom Dad Nat Dana and Bri-Thanks I Love You

Olivia Donovan

All the times that we were close, I'll remember these things the most. "Love all my girls" JL, ED, EP, AC, JM, CD, KK, M EC, CB, SD. Dow's house, Ali's basement "helloo", marina, piney, white rock, docks, fun days 1&amp;2, girls have mor fun in cali, always romantic, dance parties, fatkat -creeps ss pl, mh. So many good times "Mom, Bobby, Arthur, Christian and Julia thanks for everything, love you" "Memories build pathway that go winding through the heart, and keep friend close together even when they part."

PeaceLater

Shelly M. Donovan

I see all my dreams come tumbling down. I cant be happy without you around.

Less than three my girls and boys. Last nights of summer, New Years Eve, tenting, Maroonies, BWE, We won…, LONDON. "When life hands you a lemon say 'Oh yeah I lik lemons what else you got?"-Henry Rollins

Adrienne Doucette

Thanks mom, dad, Tom, and Eric-love yall. Kath-what woul we do without you?! DPPDM- 2nd fam! London-the quad (room 305). the tube/ "the chube." Mind the Gap. Here and Now-shanx&ellie de. Nancy?!...ahh that's not Nancy. QNQ hockey #19!! There all wins in coach's book (20-0). Cha cha cha yes!~Jen #10-flag smells pretty good huh? You baby~BoO'~"You two are hot!" WPM~11 ¾ yr old. Diehard mini hockey tournies. Kev. B-shinny.Tenting and Maroonies. Cheez-Its~Get Your Own Box! "Jules, make sure you put your blinker on."Anyone need a haircut?!"Jen, it can't get ar straighter!" 4:30 a.m. Taebo! Shek?!

Caitlyn Dow

"All the times when we were close I remember these things the most"marina,rock,piney,hut, docks, my house BRUCE SPRINGSTEEN, Al's basementBKS,FUNDAYs,newyears0 405 survivors,London252 "yeah",RedSox04,Last nights of summer,trophy room,dance parties,bunnie hunts, we have more fun thank you&love you girls cant be happy without you around. SQ love you boys. Thanks Mom, Dad, Tommy, & Anna. "We got nothin to do and I look at you I se something that I know and love and with a crack of a smile we all stay a while, we know from home there aint nothin above."2005 it's been a wild ride.

Kerrilyn Downs

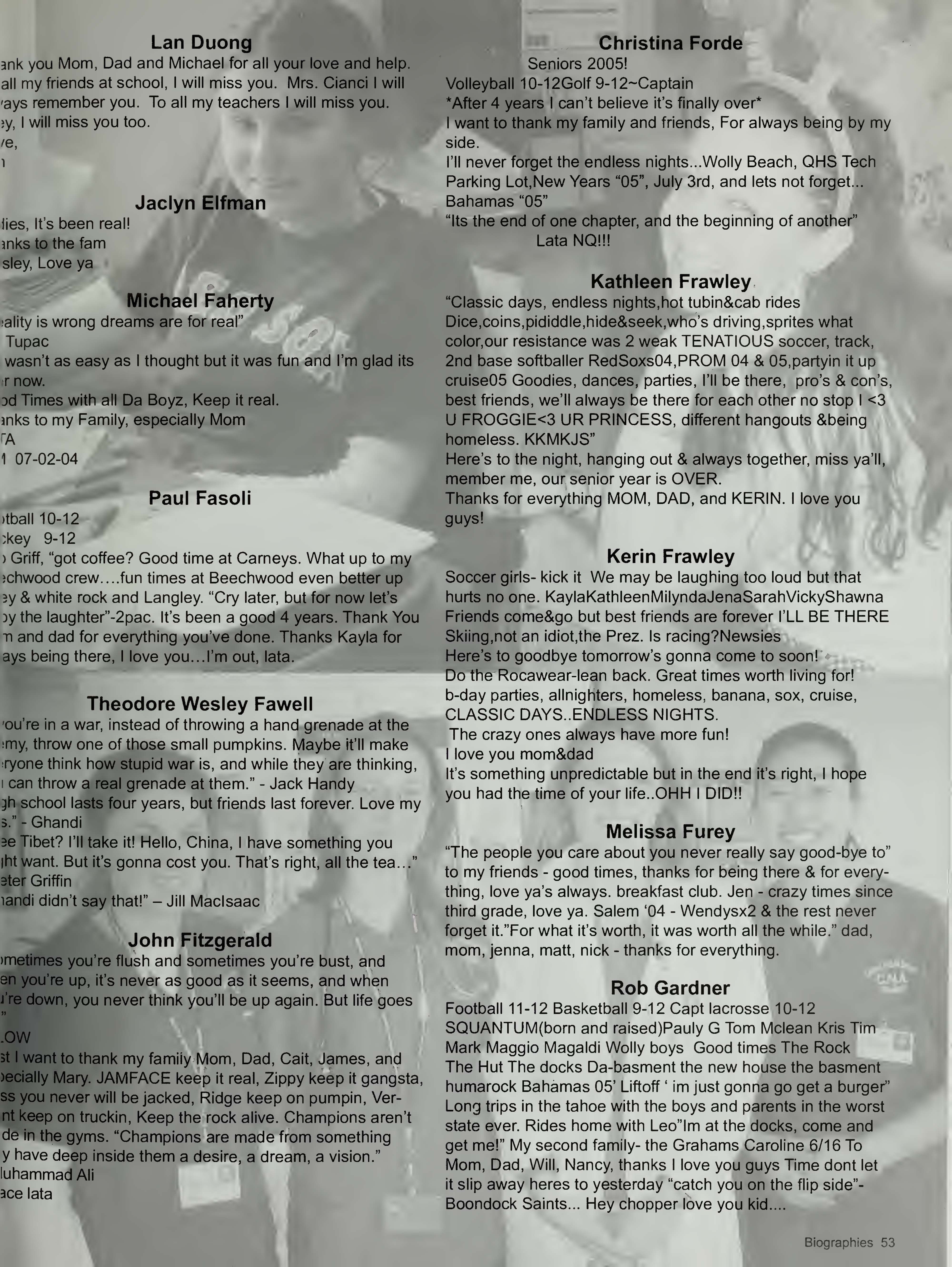
Fab Five

J. Spring C. Coleman K.O'Toole K. Penzo K. Downs "I Get I With A Little Help From My Friends." *SQUANTUM* Manhu Snow Football, July 3rd, Pine Island/Woodsy, Eric's House, Good Times on Hollis..The I.S.S., Marina nights, Mariah, Th Bus Team, Spandex Girl, RoadtripsJS, What kind of gum ar we chewing?KO, Schedule TwinsKP, Frizzo..only found one stick kidCC

Thanks for everything Mom, Dad, Allie, J.J., and Steve love you.

"Time you enjoyed wasting, was not wasted."-John Lennon

Lata—Love K. Convincer



Lan Duong

ank you Mom, Dad and Michael for all your love and help.
all my friends at school, I will miss you. Mrs. Cianci I will
ays remember you. To all my teachers I will miss you.
y, I will miss you too.
e,
ı

Jaclyn Elfman

ies, It's been real!
ınks to the fam
sley, Love ya

Michael Faherty

ality is wrong dreams are for real”
Tupac
wasn't as easy as I thought but it was fun and I'm glad its
r now.
od Times with all Da Boyz, Keep it real.
ınks to my Family, especially Mom
A
1 07-02-04

Paul Fasoli

tball 10-12
ckey 9-12
Griff, “got coffee? Good time at Carneys. What up to my
chwood crew....fun times at Beechwood even better up
y & white rock and Langley. “Cry later, but for now let’s
y the laughter”-2pac. It’s been a good 4 years. Thank You
n and dad for everything you’ve done. Thanks Kayla for
ays being there, I love you...I’m out, lata.

Theodore Wesley Fawell

ou’re in a war, instead of throwing a hand grenade at the
my, throw one of those small pumpkins. Maybe it’ll make
ryone think how stupid war is, and while they are thinking,
can throw a real grenade at them.” - Jack Handy
gh school lasts four years, but friends last forever. Love my
s.” - Ghandi
ee Tibet? I’ll take it! Hello, China, I have something you
ht want. But it’s gonna cost you. That’s right, all the tea...”
eter Griffin
andi didn’t say that!” – Jill MacIsaac

John Fitzgerald

metimes you’re flush and sometimes you’re bust, and
en you’re up, it’s never as good as it seems, and when
’re down, you never think you’ll be up again. But life goes
”
OW
st I want to thank my family Mom, Dad, Cait, James, and
ecially Mary. JAMFACE keep it real, Zippy keep it gangsta,
ss you never will be jacked, Ridge keep on pumpin, Ver-
nt keep on truckin, Keep the rock alive. Champions aren’t
de in the gyms. “Champions are made from something
y have deep inside them a desire, a dream, a vision.”
uhammad Ali
ace lata

Christina Forde

Seniors 2005!
Volleyball 10-12Golf 9-12~Captain
After 4 years I can’t believe it’s finally over
I want to thank my family and friends, For always being by my side.
I’ll never forget the endless nights...Wolly Beach, QHS Tech Parking Lot,New Years “05”, July 3rd, and lets not forget... Bahamas “05”
“Its the end of one chapter, and the beginning of another”
Lata NQ!!!

Kathleen Frawley

“Classic days, endless nights,hot tubin&cab rides Dice,coins,pididdle,hide&seek,who’s driving,sprites what color,our resistance was 2 weak TENATIOUS soccer, track, 2nd base softballer RedSoxs04,PROM 04 & 05,partyin it up cruise05 Goodies, dances, parties, I’ll be there, pro’s & con’s, best friends, we’ll always be there for each other no stop I <3 U FROGGIE<3 UR PRINCESS, different hangouts &being homeless. KKMKJS”
Here’s to the night, hanging out & always together, miss ya’ll, member me, our senior year is OVER.
Thanks for everything MOM, DAD, and KERIN. I love you guys!

Kerin Frawley

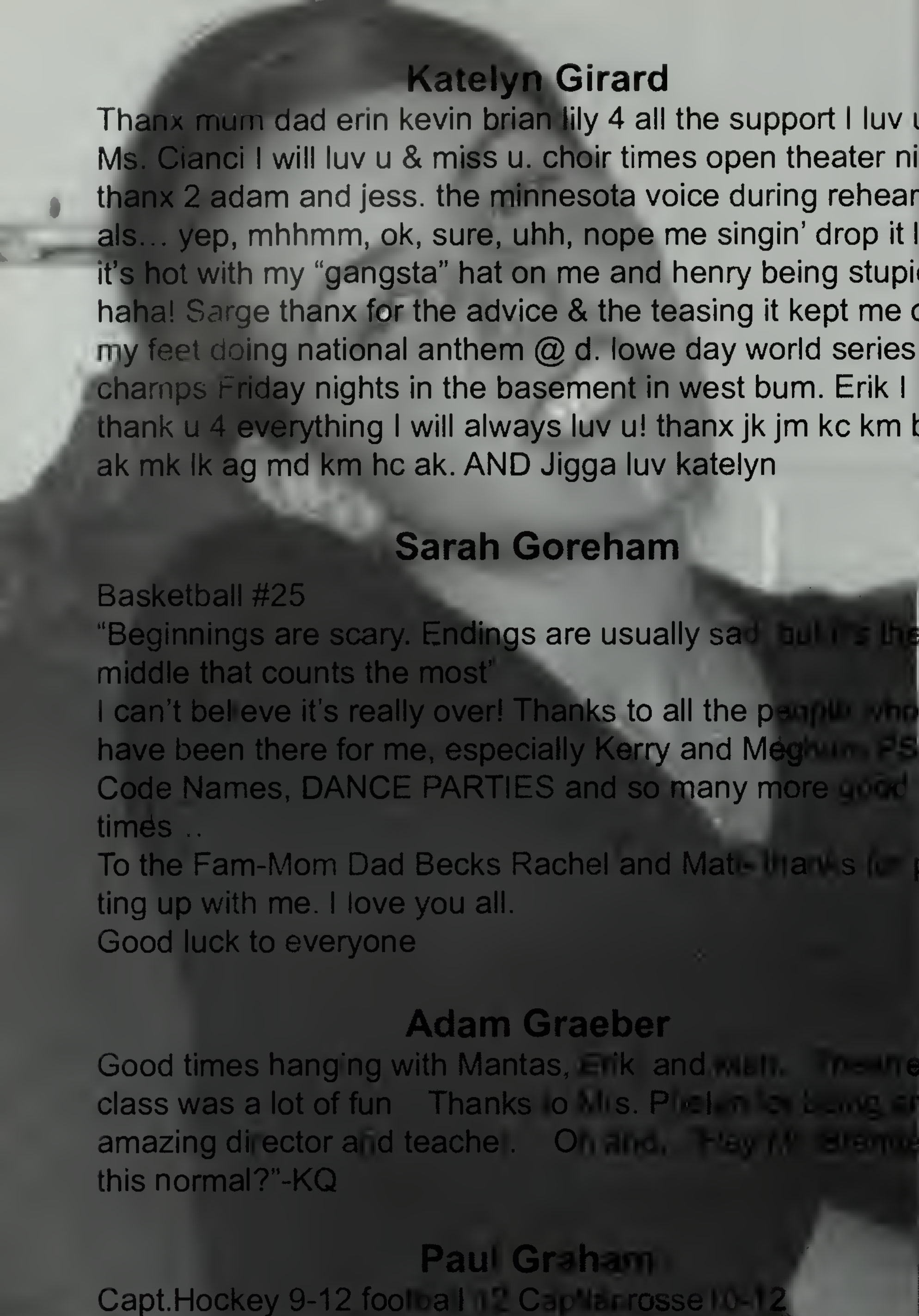
Soccer girls- kick it We may be laughing too loud but that hurts no one. KaylaKathleenMilyndaJenaSarahVickyShawna
Friends come&go but best friends are forever I’LL BE THERE
Skiing,not an idiot,the Prez. Is racing?Newsies
Here’s to goodbye tomorrow’s gonna come to soon!
Do the Rocawear-lean back. Great times worth living for!
b-day parties, allnighters, homeless, banana, sox, cruise, CLASSIC DAYS..ENDLESS NIGHTS.
The crazy ones always have more fun!
I love you mom&dad
It’s something unpredictable but in the end it’s right, I hope you had the time of your life..OHH I DID!!

Melissa Furey

“The people you care about you never really say good-bye to” to my friends - good times, thanks for being there & for everything, love ya’s always. breakfast club. Jen - crazy times since third grade, love ya. Salem ‘04 - Wendysx2 & the rest never forget it.”For what it’s worth, it was worth all the while.” dad, mom, jenna, matt, nick - thanks for everything.

Rob Gardner

Football 11-12 Basketball 9-12 Capt lacrosse 10-12 SQUANTUM(born and raised)Pauly G Tom Mclean Kris Tim Mark Maggio Magaldi Wolly boys Good times The Rock The Hut The docks Da-basment the new house the basment humarock Bahamas 05’ Liftoff ‘ im just gonna go get a burger” Long trips in the tahoe with the boys and parents in the worst state ever. Rides home with Leo”Im at the docks, come and get me!” My second family- the Grahams Caroline 6/16 To Mom, Dad, Will, Nancy, thanks I love you guys Time dont let it slip away heres to yesterday “catch you on the flip side”- Boondock Saints... Hey chopper love you kid....



Katelyn Girard

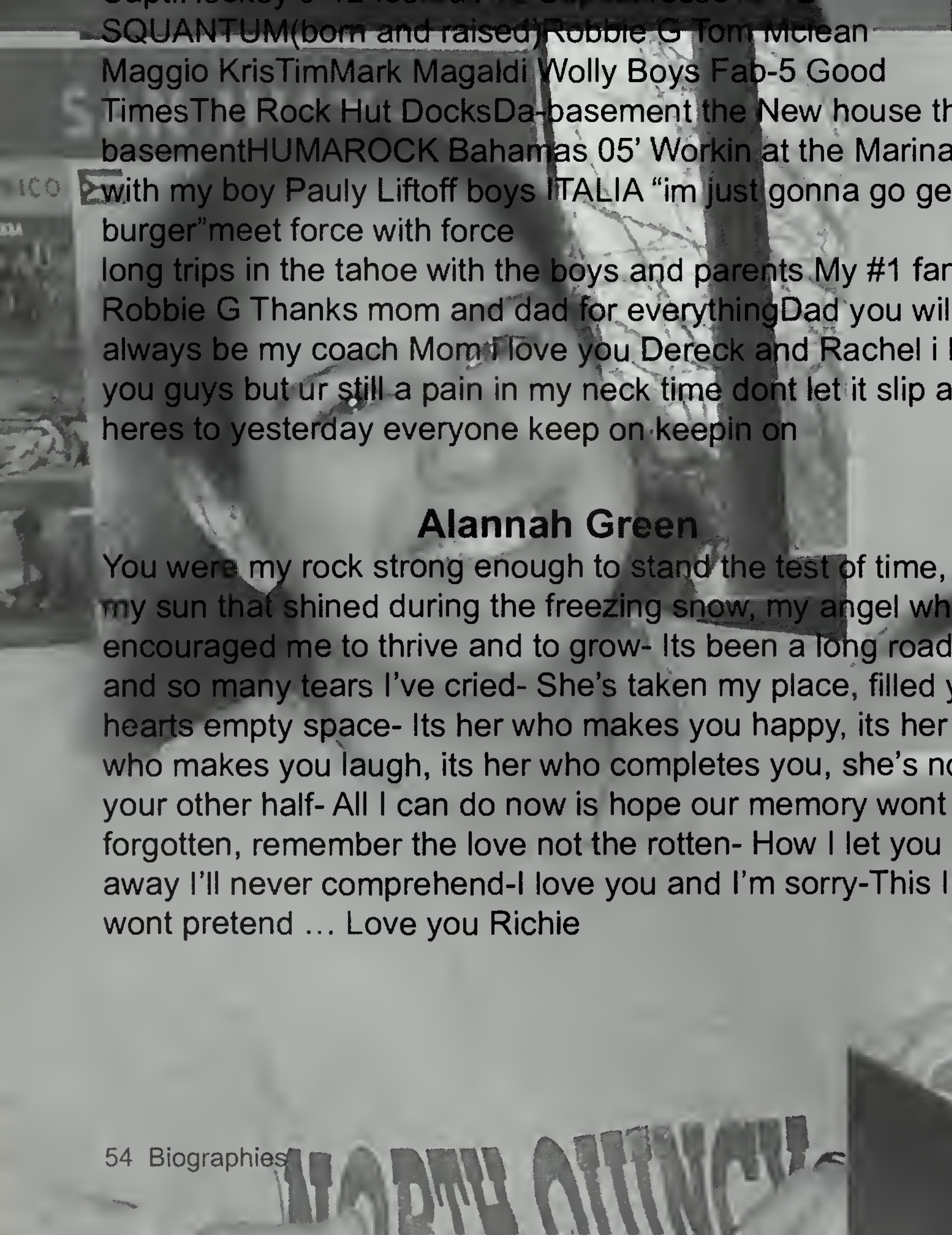
Thanx mum dad erin kevin brian lily 4 all the support I luv u. Ms. Cianci I will luv u & miss u. choir times open theater night thanx 2 adam and jess. the minnesota voice during rehearsals… yep, mhhmm, ok, sure, uhh, nope me singin' drop it like it's hot with my "gangsta" hat on me and henry being stupid haha! Sarge thanx for the advice & the teasing it kept me on my feet doing national anthem @ d. lowe day world series champs Friday nights in the basement in west bum. Erik I thank u 4 everything I will always luv u! thanx jk jm kc km bp ak mk lk ag md km hc ak. AND Jigga luv katelyn

Sarah Goreham

Basketball #25
"Beginnings are scary. Endings are usually sad but it's the middle that counts the most"
I can't believe it's really over! Thanks to all the people who have been there for me, especially Kerry and Meghan PS, Code Names, DANCE PARTIES and so many more good times ..
To the Fam-Mom Dad Becks Rachel and Matt-thanks for putting up with me. I love you all.
Good luck to everyone

Adam Graeber

Good times hanging with Mantas, Erik and Matt. Theatre class was a lot of fun Thanks to Mrs. Phelan for being an amazing director and teacher. Oh and, "Hey Mr. Graeber, is this normal?"-KQ

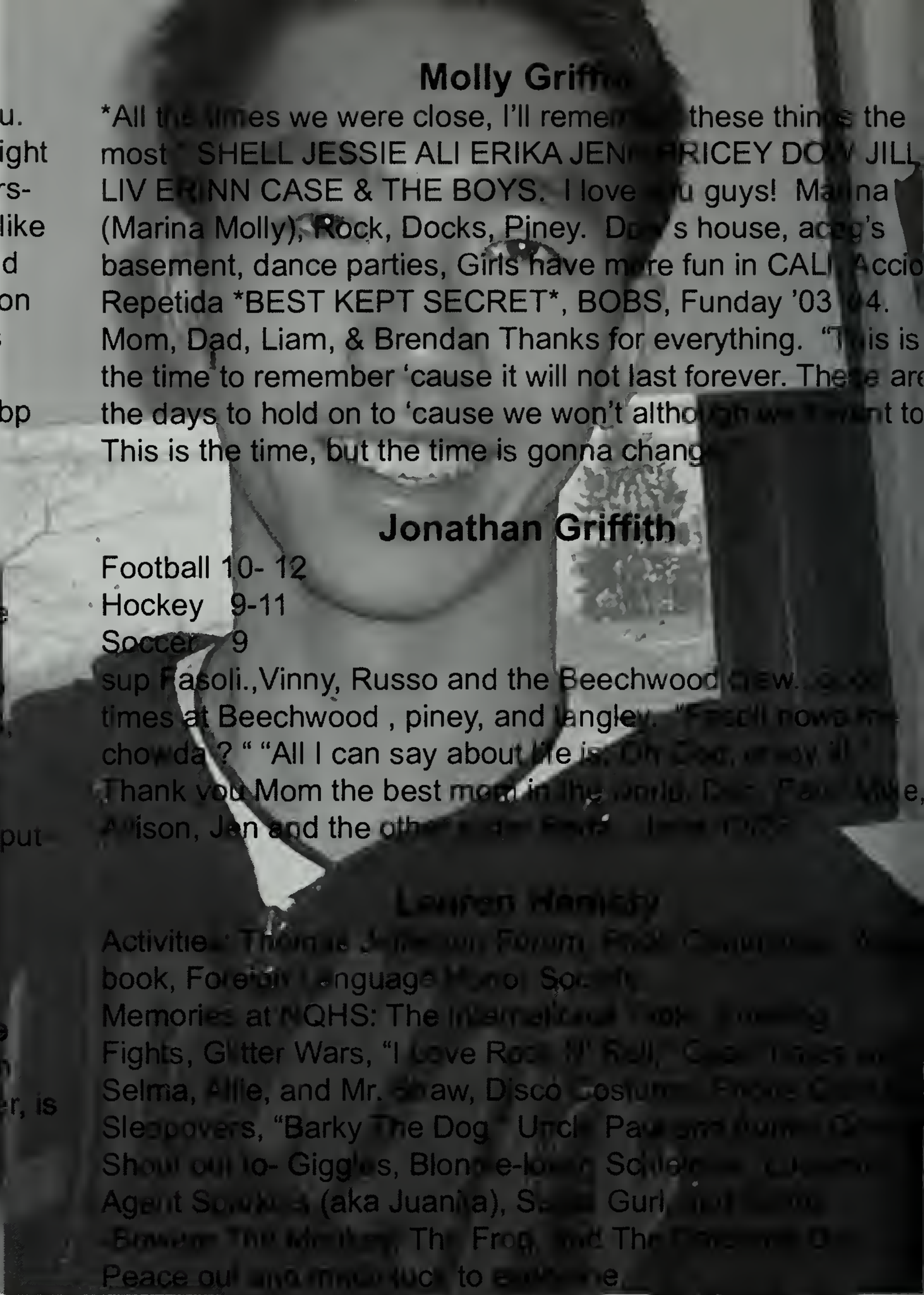


Paul Graham

Capt.Hockey 9-12 football 12 Capt.larrosse10-12 SQUANTUM(born and raised)Robbie G Tom Mclean Maggio KrisTimMark Magaldi Wolly Boys Fab-5 Good TimesThe Rock Hut DocksDa-basement the New house the basementHUMAROCK Bahamas 05' Workin at the Marina with my boy Pauly Liftoff boys ITALIA "im just gonna go get a burger"meet force with force
long trips in the tahoe with the boys and parents My #1 fan Robbie G Thanks mom and dad for everythingDad you will always be my coach Mom I love you Dereck and Rachel i love you guys but ur still a pain in my neck time dont let it slip away heres to yesterday everyone keep on keepin on

Alannah Green

You were my rock strong enough to stand the test of time, my sun that shined during the freezing snow, my angel who encouraged me to thrive and to grow- Its been a long road and so many tears I've cried- She's taken my place, filled your hearts empty space- Its her who makes you happy, its her who makes you laugh, its her who completes you, she's now your other half- All I can do now is hope our memory wont be forgotten, remember the love not the rotten- How I let you get away I'll never comprehend-I love you and I'm sorry-This I wont pretend … Love you Richie



Molly Griffin

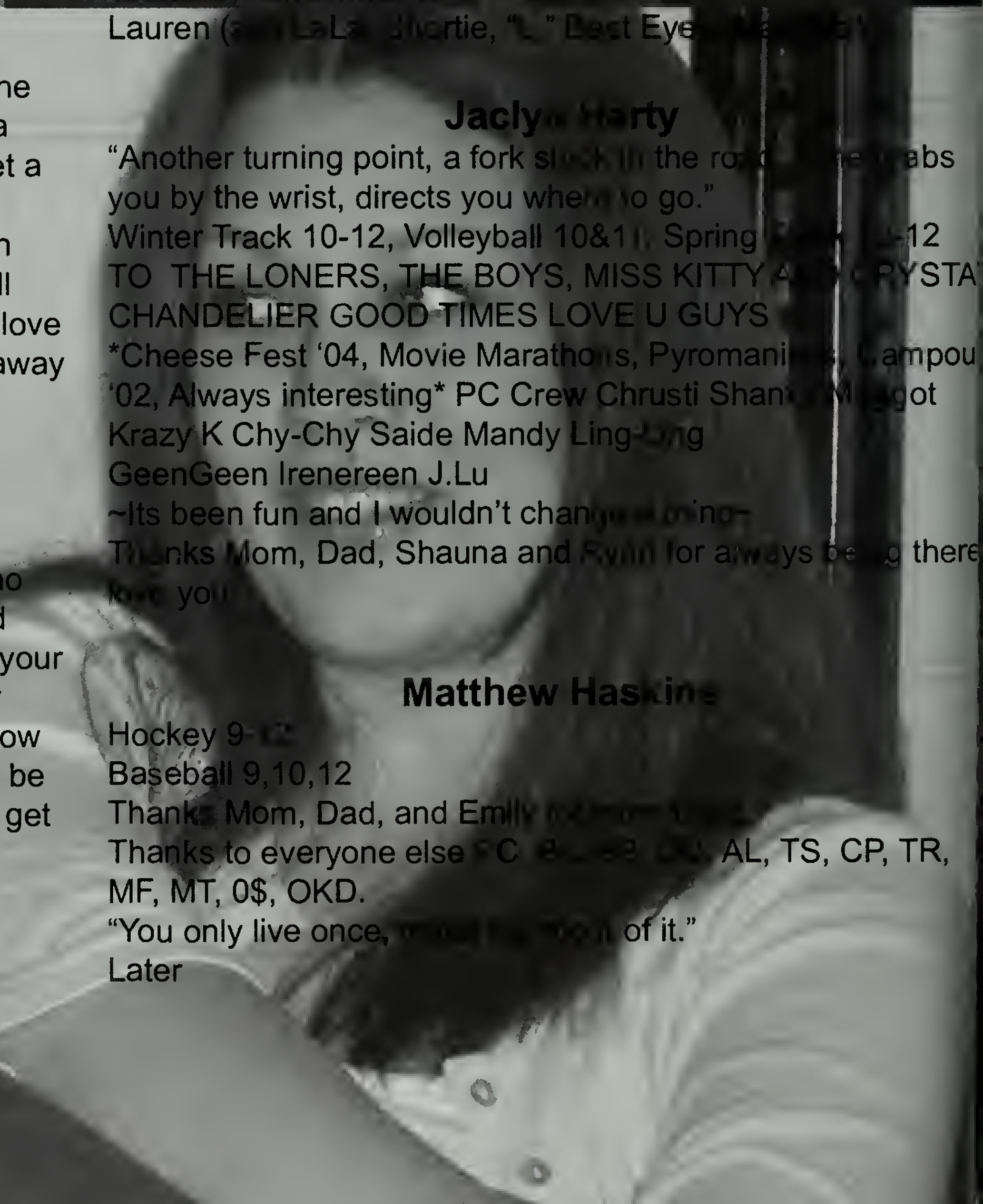
All the times we were close, I'll remember these things the most SHELL JESSIE ALI ERIKA JENN PRICEY DOW JILL LIV ERINN CASE & THE BOYS. I love you guys! Marina (Marina Molly), Rock, Docks, Piney. Dow's house, acog's basement, dance parties, Girls have more fun in CALI, Accio Repetida *BEST KEPT SECRET*, BOBS, Funday '03 '04. Mom, Dad, Liam, & Brendan Thanks for everything. "This is the time to remember 'cause it will not last forever. These are the days to hold on to 'cause we won't although we'll want to. This is the time, but the time is gonna change."

Jonathan Griffith

Football 10- 12
Hockey 9-11
Soccer 9
sup Fasoli.,Vinny, Russo and the Beechwood crew. Good times at Beechwood , piney, and langley. "Fasoli nows the chowda ? " "All I can say about life is, Oh God, enjoy it." Thank you Mom the best mom in the world. Dad, Paul, Mike, Allison, Jen and the other [illegible]

Lauren Hanisky

Activities: Thomas Jefferson Forum, Prom Committee, Yearbook, Foreign Language Honor Society
Memories at NQHS: The International [illegible] Freezing Fights, Glitter Wars, "I Love Rock N' Roll," Good Times with Selma, Allie, and Mr. Shaw, Disco Costumes, Prom Com[illegible] Sleepovers, "Barky The Dog," Uncle Paul and Auntie [illegible] Shout out to- Giggles, Blonde-loving Schlelnee, [illegible] Agent Scully (aka Juanita), Sassy Gurl, and [illegible] Bowser The Monkey, The Frog, and The [illegible] Peace out and much luck to everyone,
Lauren (aka LaLa, Shortie, "L," Best Eyes [illegible]

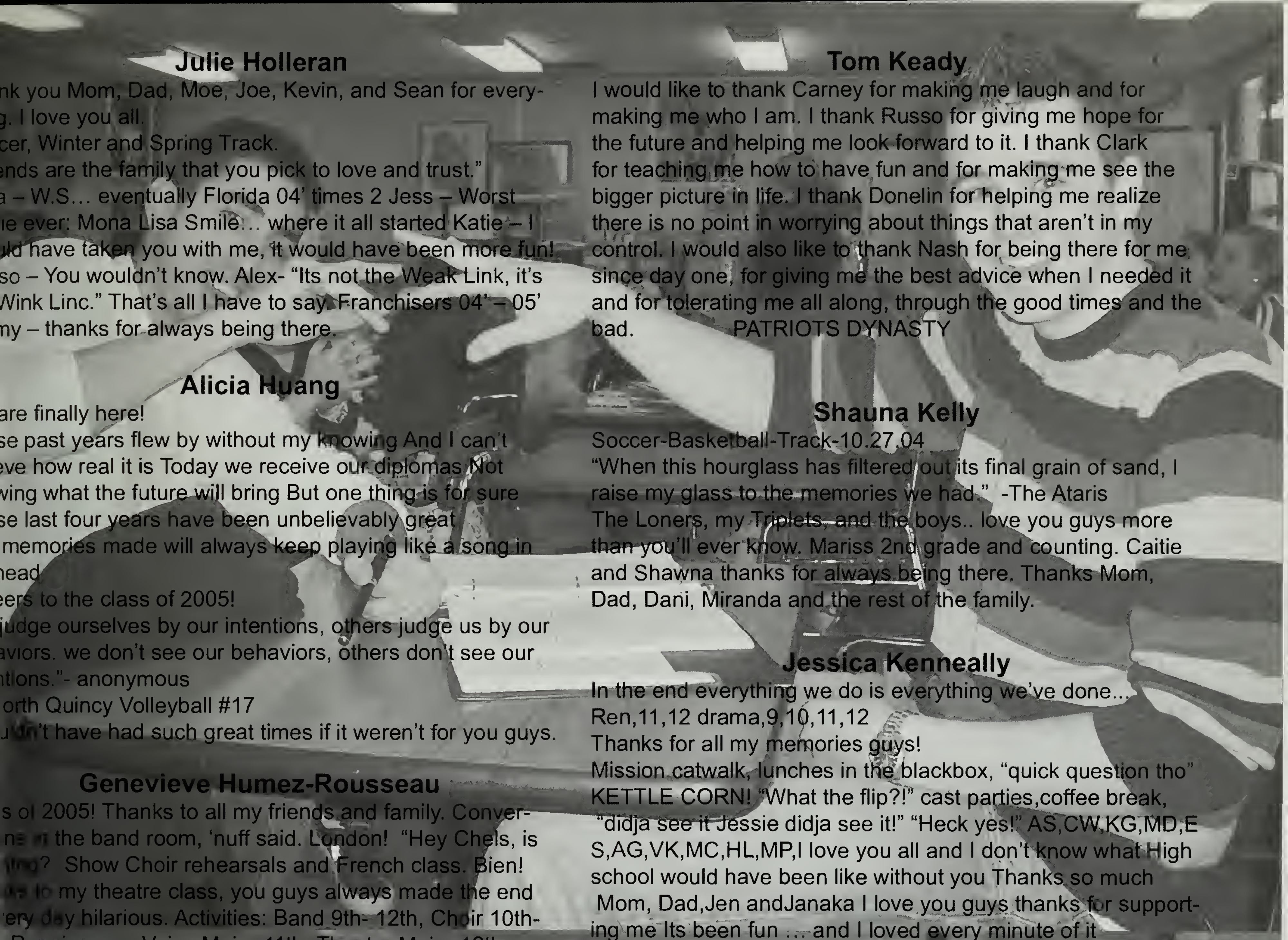


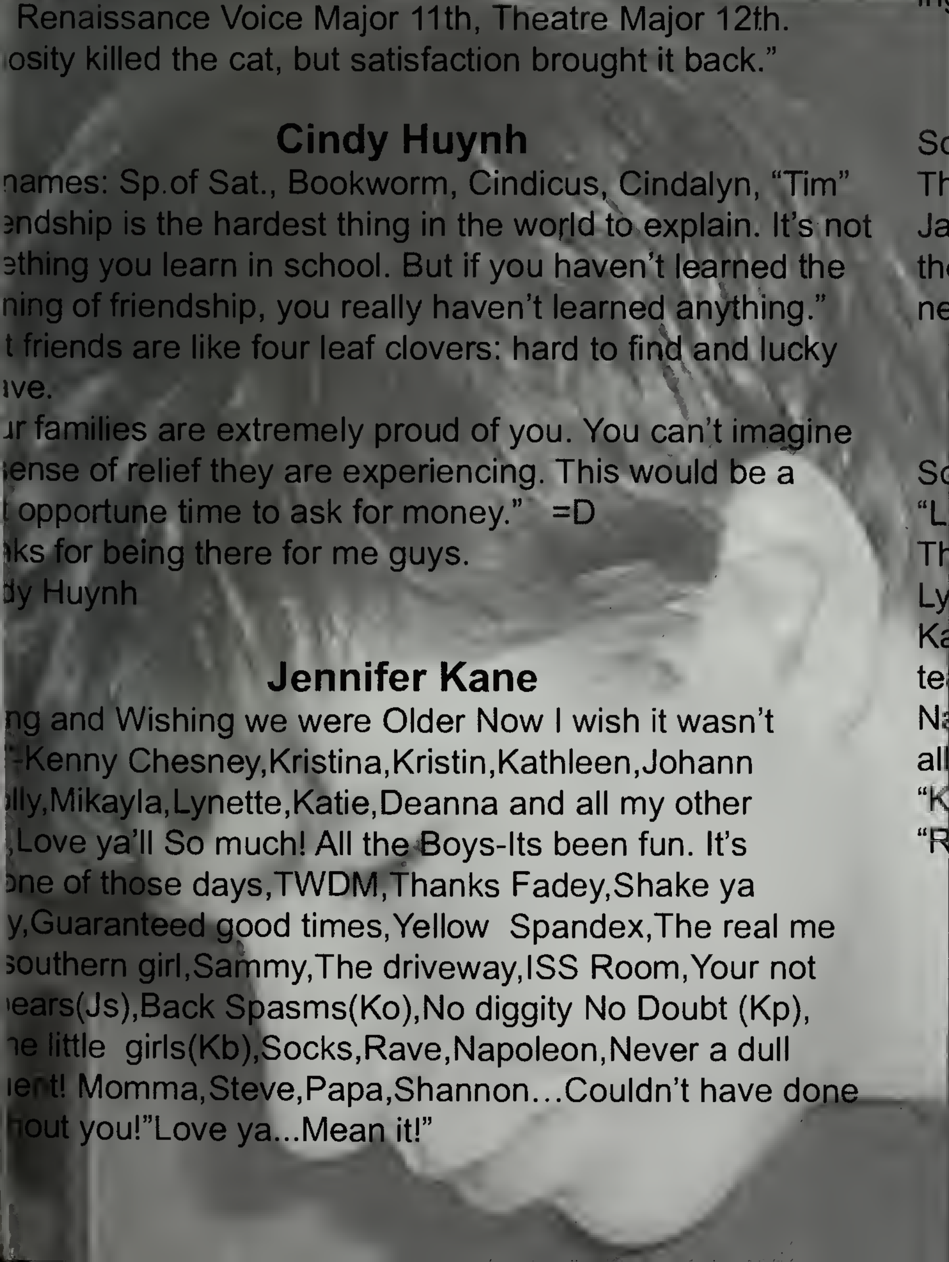
Jaclyn Harty

"Another turning point, a fork stuck in the road, time grabs you by the wrist, directs you where to go."
Winter Track 10-12, Volleyball 10&11, Spring Track 10-12
TO THE LONERS, THE BOYS, MISS KITTY AND CRYSTA
CHANDELIER GOOD TIMES LOVE U GUYS
Cheese Fest '04, Movie Marathons, Pyromaniacs, Campout '02, Always interesting PC Crew Chrusti Shanti Maggot Krazy K Chy-Chy Saide Mandy Ling-Ling
GeenGeen Irenereen J.Lu
~Its been fun and I wouldn't change a thing~
Thanks Mom, Dad, Shauna and Ryan for always being there love you

Matthew Haskins

Hockey 9-12
Baseball 9,10,12
Thanks Mom, Dad, and Emily for everything.
Thanks to everyone else PC, [illegible] AL, TS, CP, TR, MF, MT, 0$, OKD.
"You only live once, make the most of it."
Later





Julie Holleran

nk you Mom, Dad, Moe, Joe, Kevin, and Sean for every-
g. I love you all.
cer, Winter and Spring Track.
ends are the family that you pick to love and trust."
a – W.S… eventually Florida 04' times 2 Jess – Worst
ie ever: Mona Lisa Smile… where it all started Katie – I
ıld have taken you with me, it would have been more fun!
so – You wouldn't know. Alex- "Its not the Weak Link, it's
Wink Linc." That's all I have to say. Franchisers 04' – 05'
my – thanks for always being there.

Alicia Huang

are finally here!
se past years flew by without my knowing And I can't
eve how real it is Today we receive our diplomas Not
wing what the future will bring But one thing is for sure
se last four years have been unbelievably great
memories made will always keep playing like a song in
head
eers to the class of 2005!
judge ourselves by our intentions, others judge us by our
aviors. we don't see our behaviors, others don't see our
ntions."- anonymous
orth Quincy Volleyball #17
ıdn't have had such great times if it weren't for you guys.

Genevieve Humez-Rousseau

s of 2005! Thanks to all my friends and family. Conver-
ns in the band room, 'nuff said. London! "Hey Chels, is
ing? Show Choir rehearsals and French class. Bien!
ks to my theatre class, you guys always made the end
ery day hilarious. Activities: Band 9th- 12th, Choir 10th-
Renaissance Voice Major 11th, Theatre Major 12th.
osity killed the cat, but satisfaction brought it back."

Cindy Huynh

names: Sp.of Sat., Bookworm, Cindicus, Cindalyn, "Tim"
endship is the hardest thing in the world to explain. It's not
ething you learn in school. But if you haven't learned the
ning of friendship, you really haven't learned anything."
t friends are like four leaf clovers: hard to find and lucky
ive.
ır families are extremely proud of you. You can't imagine
ense of relief they are experiencing. This would be a
opportune time to ask for money." =D
ıks for being there for me guys.
dy Huynh

Jennifer Kane

ng and Wishing we were Older Now I wish it wasn't
"-Kenny Chesney,Kristina,Kristin,Kathleen,Johann
lly,Mikayla,Lynette,Katie,Deanna and all my other
,Love ya'll So much! All the Boys-Its been fun. It's
one of those days,TWDM,Thanks Fadey,Shake ya
y,Guaranteed good times,Yellow Spandex,The real me
southern girl,Sammy,The driveway,ISS Room,Your not
ears(Js),Back Spasms(Ko),No diggity No Doubt (Kp),
ne little girls(Kb),Socks,Rave,Napoleon,Never a dull
ent! Momma,Steve,Papa,Shannon…Couldn't have done
hout you!"Love ya...Mean it!"

Tom Keady

I would like to thank Carney for making me laugh and for making me who I am. I thank Russo for giving me hope for the future and helping me look forward to it. I thank Clark for teaching me how to have fun and for making me see the bigger picture in life. I thank Donelin for helping me realize there is no point in worrying about things that aren't in my control. I would also like to thank Nash for being there for me since day one, for giving me the best advice when I needed it and for tolerating me all along, through the good times and the bad. PATRIOTS DYNASTY

Shauna Kelly

Soccer-Basketball-Track-10.27.04
"When this hourglass has filtered out its final grain of sand, I raise my glass to the memories we had." -The Ataris
The Loners, my Triplets, and the boys.. love you guys more than you'll ever know. Mariss 2nd grade and counting. Caitie and Shawna thanks for always being there. Thanks Mom, Dad, Dani, Miranda and the rest of the family.

Jessica Kenneally

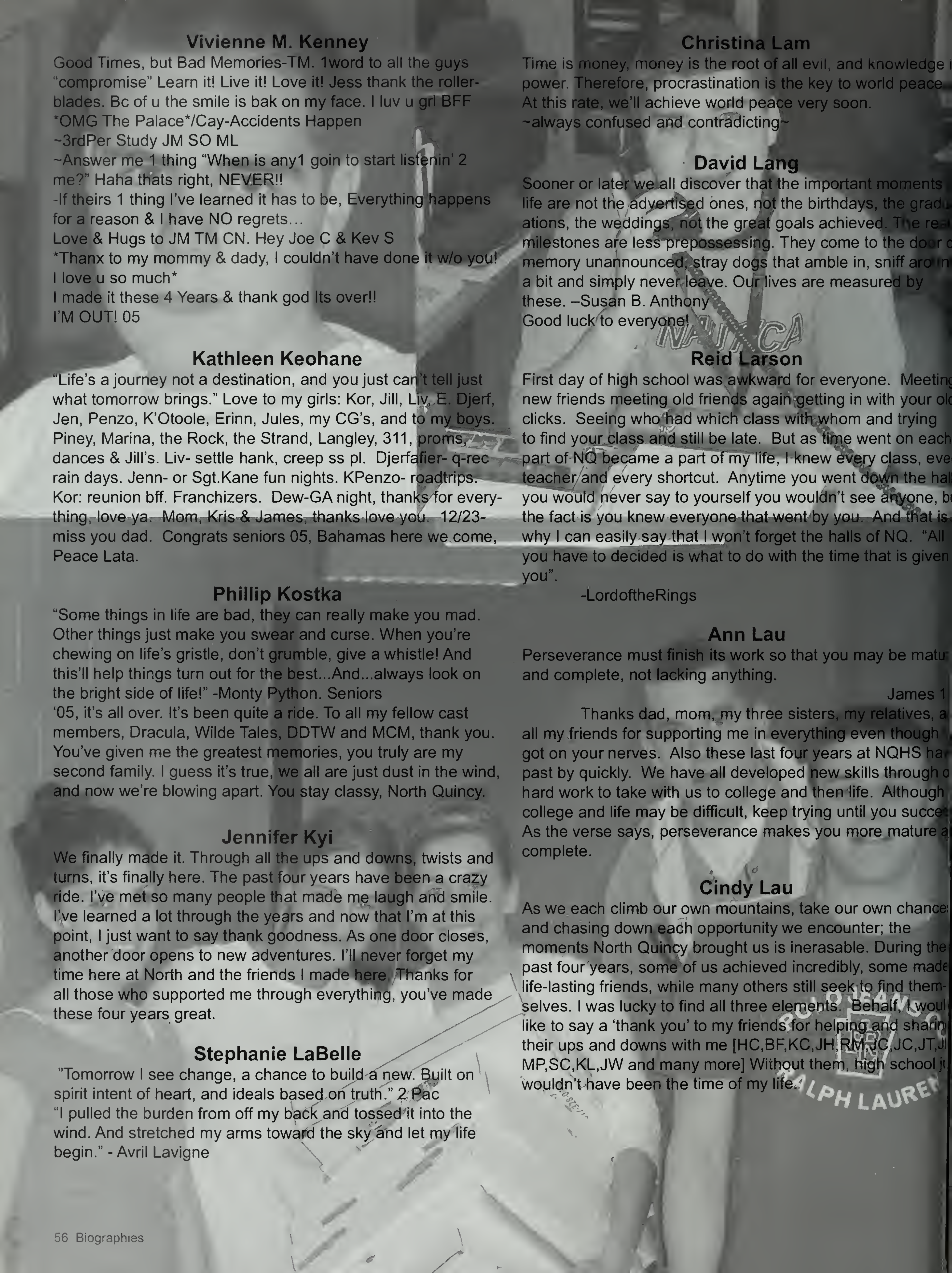
In the end everything we do is everything we've done...
Ren,11,12 drama,9,10,11,12
Thanks for all my memories guys!
Mission catwalk, lunches in the blackbox, "quick question tho" KETTLE CORN! "What the flip?!" cast parties,coffee break, "didja see it Jessie didja see it!" "Heck yes!" AS,CW,KG,MD,E S,AG,VK,MC,HL,MP,I love you all and I don't know what High school would have been like without you Thanks so much Mom, Dad,Jen andJanaka I love you guys thanks for supporting me Its been fun … and I loved every minute of it

Sarah Kennedy

Soccer 9-12/Softball 9-12
Thanks to Mom, Dad, Dan, Jim, Shawna, Grams, U.B., Janelle, Lynn and Mollie. Thanks to all my friends, Jena, and the PC crew. "summer has come and past, the innocent can never last" "grasping to control so you better hold on"

Shawna Kennedy

Soccer/Track 02-05
"Live life to the fullest with no regrets!"
Thanks to my friends and family, especially Lynn, Mollie, Ades, Shauna, Loners, Erika, Kerin, Kathleen, Vicky, Amanda, Cal, boys, PC Crew, teachers, coaches, and Sah, Jah, Dad, Dan, Jim, UB, Nana & Papa, Bustah, MOM, GRAMS, & GOD. I love you all so much!
"Know, love, and respect yourself and others always!"
"Rose is displeased, what to do?"



Vivienne M. Kenney

Good Times, but Bad Memories-TM. 1word to all the guys "compromise" Learn it! Live it! Love it! Jess thank the rollerblades. Bc of u the smile is bak on my face. I luv u grl BFF
OMG The Palace/Cay-Accidents Happen
~3rdPer Study JM SO ML
~Answer me 1 thing "When is any1 goin to start listenin' 2 me?" Haha thats right, NEVER!!
-If theirs 1 thing I've learned it has to be, Everything happens for a reason & I have NO regrets…
Love & Hugs to JM TM CN. Hey Joe C & Kev S
Thanx to my mommy & dady, I couldn't have done it w/o you! I love u so much
I made it these 4 Years & thank god Its over!!
I'M OUT! 05

Kathleen Keohane

"Life's a journey not a destination, and you just can't tell just what tomorrow brings." Love to my girls: Kor, Jill, Liv, E. Djerf, Jen, Penzo, K'Otoole, Erinn, Jules, my CG's, and to my boys. Piney, Marina, the Rock, the Strand, Langley, 311, proms, dances & Jill's. Liv- settle hank, creep ss pl. Djerfafier- q-rec rain days. Jenn- or Sgt.Kane fun nights. KPenzo- roadtrips. Kor: reunion bff. Franchizers. Dew-GA night, thanks for everything, love ya. Mom, Kris & James, thanks love you. 12/23-miss you dad. Congrats seniors 05, Bahamas here we come, Peace Lata.

Phillip Kostka

"Some things in life are bad, they can really make you mad. Other things just make you swear and curse. When you're chewing on life's gristle, don't grumble, give a whistle! And this'll help things turn out for the best...And...always look on the bright side of life!" -Monty Python. Seniors '05, it's all over. It's been quite a ride. To all my fellow cast members, Dracula, Wilde Tales, DDTW and MCM, thank you. You've given me the greatest memories, you truly are my second family. I guess it's true, we all are just dust in the wind, and now we're blowing apart. You stay classy, North Quincy.

Jennifer Kyi

We finally made it. Through all the ups and downs, twists and turns, it's finally here. The past four years have been a crazy ride. I've met so many people that made me laugh and smile. I've learned a lot through the years and now that I'm at this point, I just want to say thank goodness. As one door closes, another door opens to new adventures. I'll never forget my time here at North and the friends I made here. Thanks for all those who supported me through everything, you've made these four years great.

Stephanie LaBelle

"Tomorrow I see change, a chance to build a new. Built on spirit intent of heart, and ideals based on truth." 2 Pac
"I pulled the burden from off my back and tossed it into the wind. And stretched my arms toward the sky and let my life begin." - Avril Lavigne

Christina Lam

Time is money, money is the root of all evil, and knowledge i
power. Therefore, procrastination is the key to world peace.
At this rate, we'll achieve world peace very soon.
~always confused and contradicting~

David Lang

Sooner or later we all discover that the important moments life are not the advertised ones, not the birthdays, the gradu ations, the weddings, not the great goals achieved. The re milestones are less prepossessing. They come to the door memory unannounced, stray dogs that amble in, sniff aro a bit and simply never leave. Our lives are measured by these. –Susan B. Anthony
Good luck to everyone!

Reid Larson

First day of high school was awkward for everyone. Meetin new friends meeting old friends again getting in with your ol clicks. Seeing who had which class with whom and trying to find your class and still be late. But as time went on each part of NQ became a part of my life, I knew every class, eve teacher and every shortcut. Anytime you went down the hal you would never say to yourself you wouldn't see anyone, b the fact is you knew everyone that went by you. And that is why I can easily say that I won't forget the halls of NQ. "All you have to decided is what to do with the time that is given you".

-LordoftheRings

Ann Lau

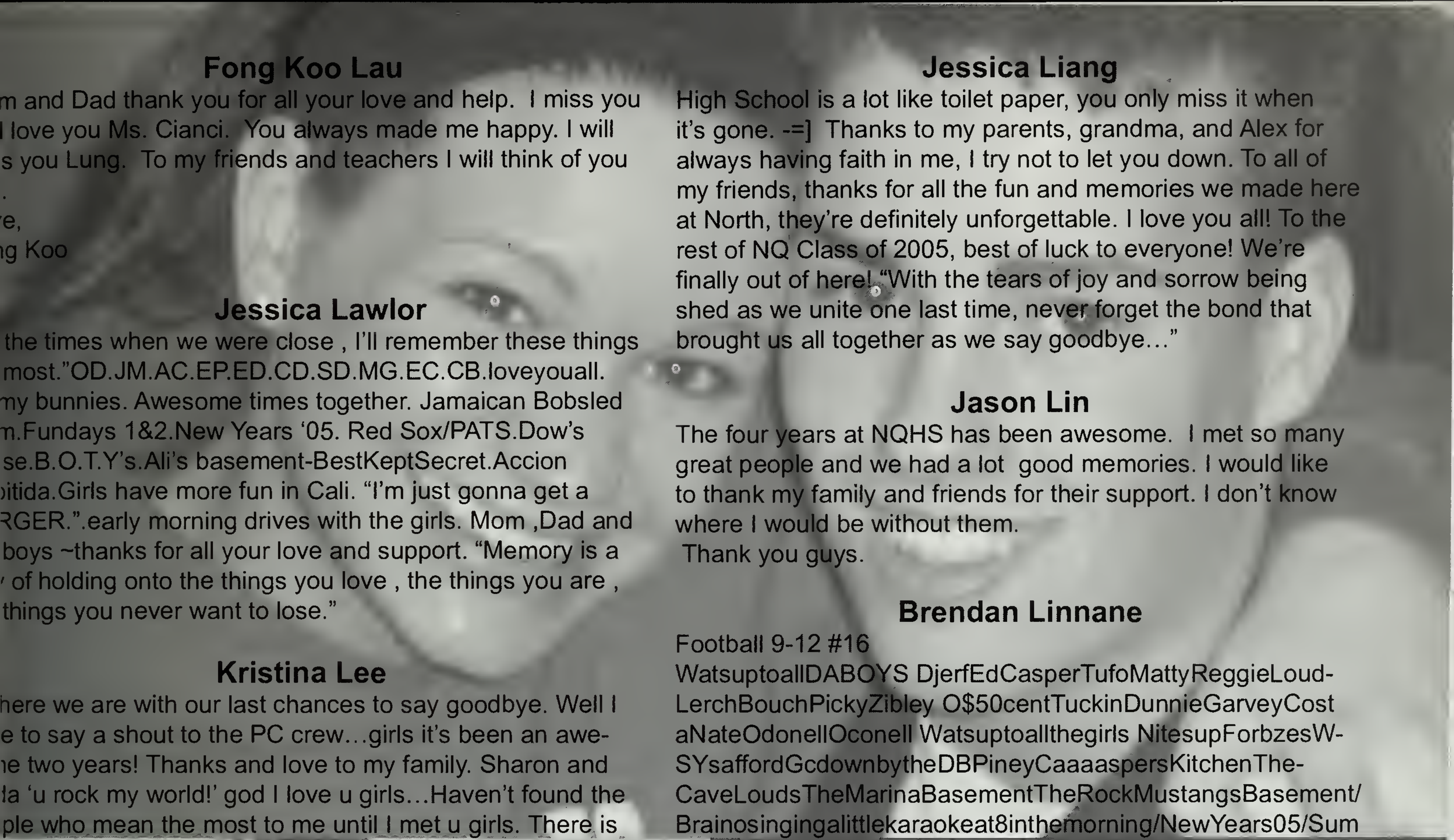
Perseverance must finish its work so that you may be matu and complete, not lacking anything.

James 1

Thanks dad, mom, my three sisters, my relatives, a all my friends for supporting me in everything even though got on your nerves. Also these last four years at NQHS ha past by quickly. We have all developed new skills through o hard work to take with us to college and then life. Although college and life may be difficult, keep trying until you succe As the verse says, perseverance makes you more mature a complete.

Cindy Lau

As we each climb our own mountains, take our own chance and chasing down each opportunity we encounter; the moments North Quincy brought us is inerasable. During the past four years, some of us achieved incredibly, some made life-lasting friends, while many others still seek to find themselves. I was lucky to find all three elements. Behalf, I woul like to say a 'thank you' to my friends for helping and sharin their ups and downs with me [HC,BF,KC,JH,RM,JC,JC,JT,J MP,SC,KL,JW and many more] Without them, high school j wouldn't have been the time of my life.



Fong Koo Lau

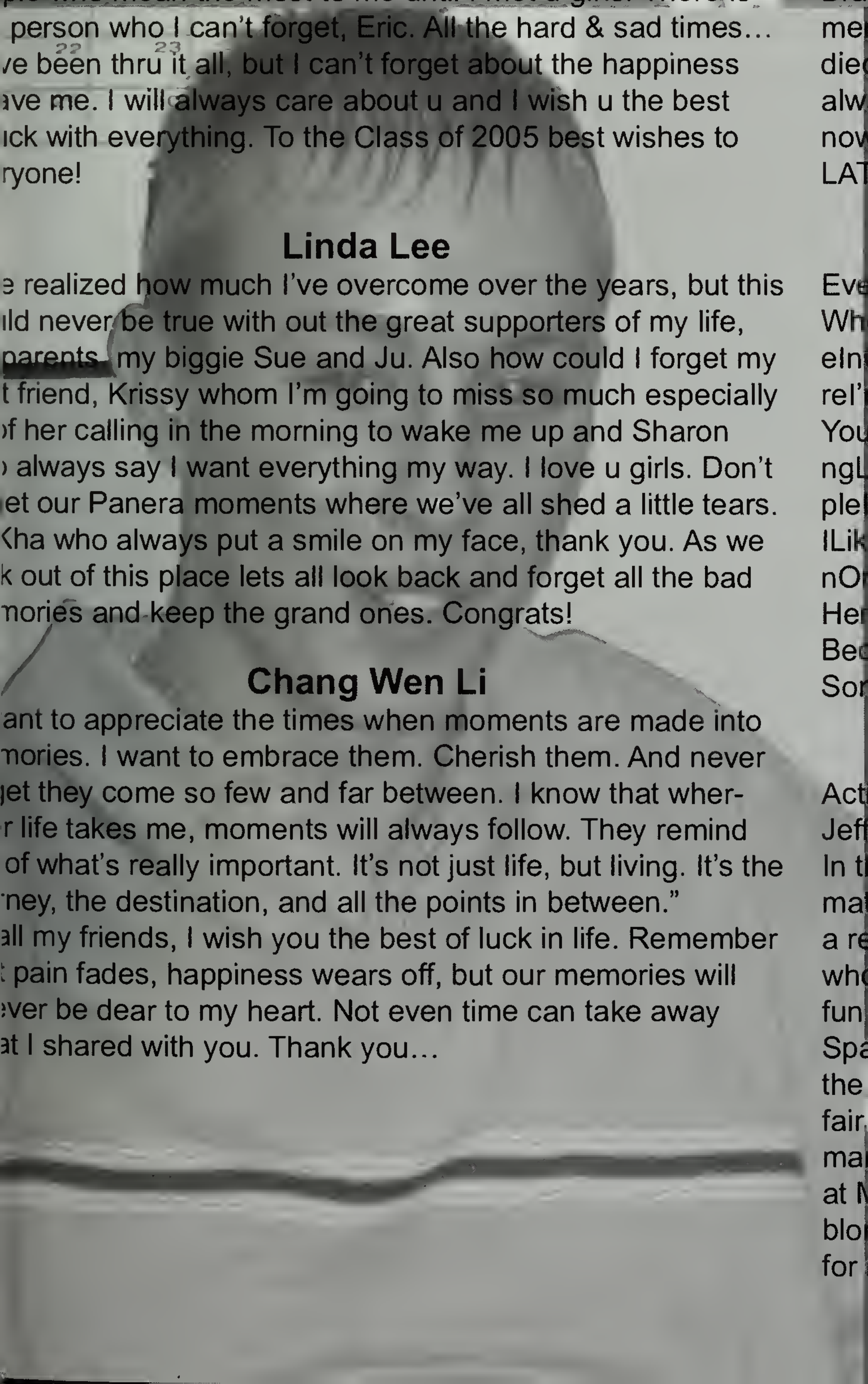
m and Dad thank you for all your love and help. I miss you
l love you Ms. Cianci. You always made me happy. I will
s you Lung. To my friends and teachers I will think of you
.
e,
ng Koo

Jessica Lawlor

the times when we were close , I'll remember these things
most."OD.JM.AC.EP.ED.CD.SD.MG.EC.CB.loveyouall.
my bunnies. Awesome times together. Jamaican Bobsled
m.Fundays 1&2.New Years '05. Red Sox/PATS.Dow's
se.B.O.T.Y's.Ali's basement-BestKeptSecret.Accion
pitida.Girls have more fun in Cali. "I'm just gonna get a
RGER.".early morning drives with the girls. Mom ,Dad and
boys ~thanks for all your love and support. "Memory is a
of holding onto the things you love , the things you are ,
things you never want to lose."

Kristina Lee

here we are with our last chances to say goodbye. Well I
e to say a shout to the PC crew…girls it's been an awe-
ne two years! Thanks and love to my family. Sharon and
la 'u rock my world!' god I love u girls…Haven't found the
ple who mean the most to me until I met u girls. There is
person who I can't forget, Eric. All the hard & sad times…
ve been thru it all, but I can't forget about the happiness
ave me. I will always care about u and I wish u the best
ick with everything. To the Class of 2005 best wishes to
ryone!



Linda Lee

e realized how much I've overcome over the years, but this
ld never be true with out the great supporters of my life,
parents, my biggie Sue and Ju. Also how could I forget my
t friend, Krissy whom I'm going to miss so much especially
of her calling in the morning to wake me up and Sharon
always say I want everything my way. I love u girls. Don't
et our Panera moments where we've all shed a little tears.
Kha who always put a smile on my face, thank you. As we
k out of this place lets all look back and forget all the bad
mories and keep the grand ones. Congrats!

Chang Wen Li

ant to appreciate the times when moments are made into
mories. I want to embrace them. Cherish them. And never
get they come so few and far between. I know that wher-
r life takes me, moments will always follow. They remind
of what's really important. It's not just life, but living. It's the
rney, the destination, and all the points in between."
all my friends, I wish you the best of luck in life. Remember
t pain fades, happiness wears off, but our memories will
ever be dear to my heart. Not even time can take away
at I shared with you. Thank you…

Jessica Liang

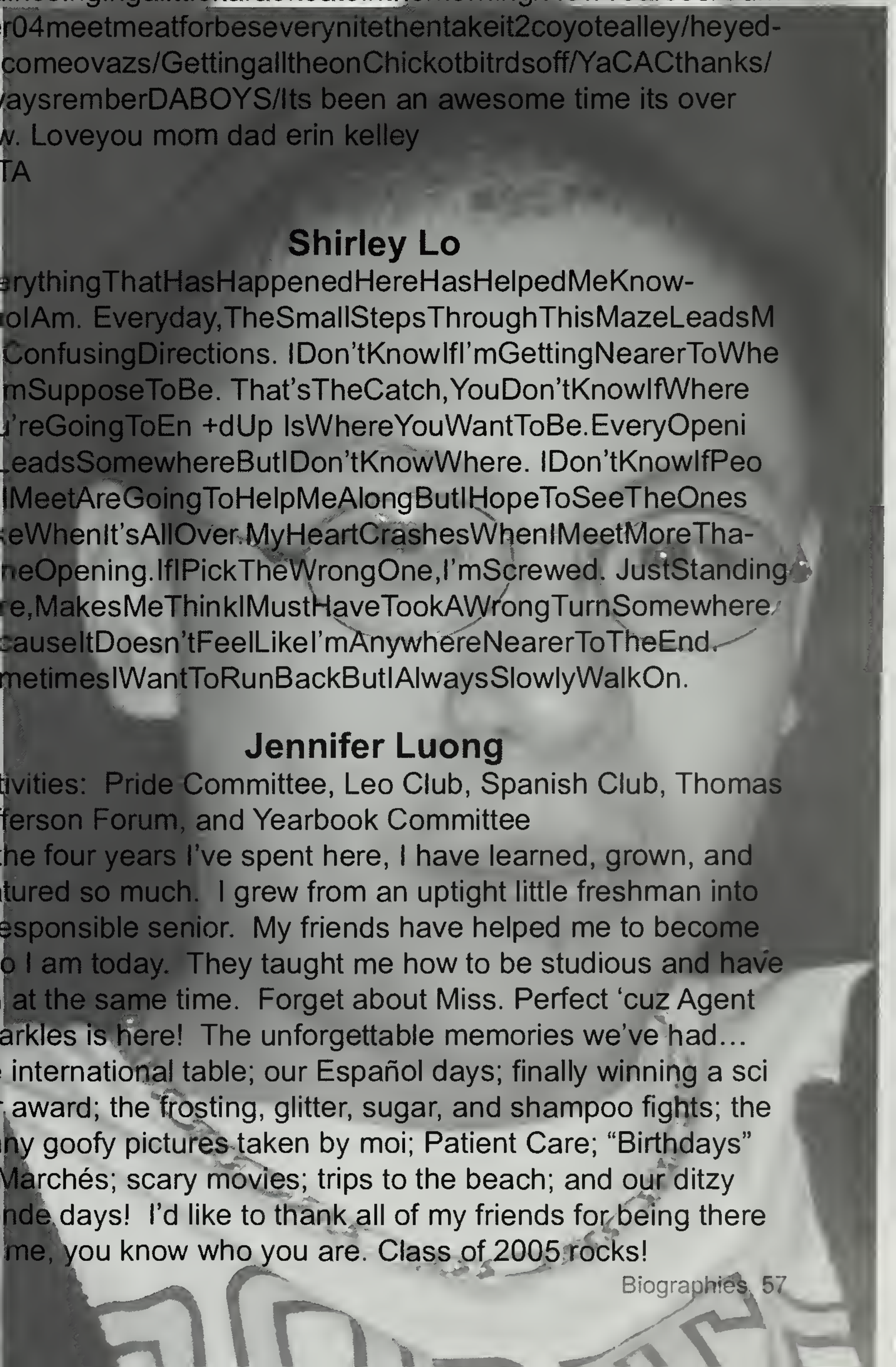
High School is a lot like toilet paper, you only miss it when it's gone. -=] Thanks to my parents, grandma, and Alex for always having faith in me, I try not to let you down. To all of my friends, thanks for all the fun and memories we made here at North, they're definitely unforgettable. I love you all! To the rest of NQ Class of 2005, best of luck to everyone! We're finally out of here! "With the tears of joy and sorrow being shed as we unite one last time, never forget the bond that brought us all together as we say goodbye…"

Jason Lin

The four years at NQHS has been awesome. I met so many great people and we had a lot good memories. I would like to thank my family and friends for their support. I don't know where I would be without them.
Thank you guys.

Brendan Linnane

Football 9-12 #16
WatsuptoallDABOYS DjerfEdCasperTufoMattyReggieLoudLerchBouchPickyZibley O$50centTuckinDunnieGarveyCostaNateOdonellOconell Watsuptoallthegirls NitesupForbzesWSYsaffordGcdownbytheDBPineyCaaaaspersKitchenTheCaveLoudsTheMarinaBasementTheRockMustangsBasement/Brainosingingalittlekaraokeat8inthemorning/NewYears05/Summer04meetmeatforbeseverynitethentakeit2coyotealley/heyeddiecomeovazs/GettingalltheonChickotbitrdsoff/YaCACthanks/alwaysremberDABOYS/Its been an awesome time its over now. Loveyou mom dad erin kelley
LATA

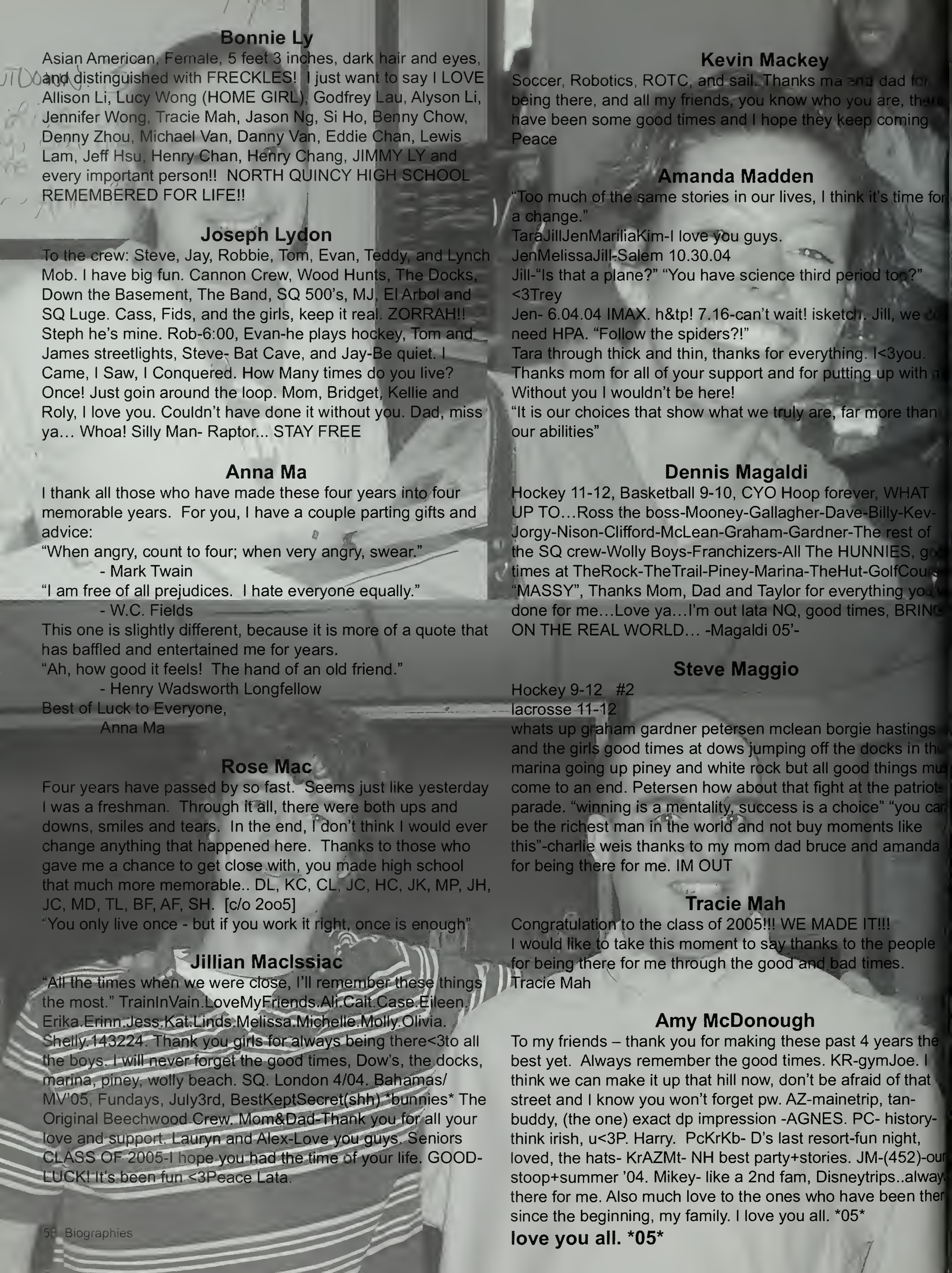


Shirley Lo

EverythingThatHasHappenedHereHasHelpedMeKnowWhoIAm. Everyday,TheSmallStepsThroughThisMazeLeadsMeInConfusingDirections. IDon'tKnowIfI'mGettingNearerToWhereI'mSupposeToBe. That'sTheCatch,YouDon'tKnowIfWhereYou'reGoingToEn +dUp IsWhereYouWantToBe.EveryOpeningLeadsSomewhereButIDon'tKnowWhere. IDon'tKnowIfPeopleIMeetAreGoingToHelpMeAlongButIHopeToSeeTheOnesILikeWhenIt'sAllOver.MyHeartCrashesWhenIMeetMoreThanOneOpening.IfIPickTheWrongOne,I'mScrewed. JustStandingHere,MakesMeThinkIMustHaveTookAWrongTurnSomewhereBecauseItDoesn'tFeelLikeI'mAnywhereNearerToTheEnd.SometimesIWantToRunBackButIAlwaysSlowlyWalkOn.

Jennifer Luong

Activities: Pride Committee, Leo Club, Spanish Club, Thomas Jefferson Forum, and Yearbook Committee
In the four years I've spent here, I have learned, grown, and matured so much. I grew from an uptight little freshman into a responsible senior. My friends have helped me to become who I am today. They taught me how to be studious and have fun at the same time. Forget about Miss. Perfect 'cuz Agent Sparkles is here! The unforgettable memories we've had… the international table; our Español days; finally winning a sci fair award; the frosting, glitter, sugar, and shampoo fights; the many goofy pictures taken by moi; Patient Care; "Birthdays" at Marchés; scary movies; trips to the beach; and our ditzy blonde days! I'd like to thank all of my friends for being there for me, you know who you are. Class of 2005 rocks!



Bonnie Ly

Asian American, Female, 5 feet 3 inches, dark hair and eyes, and distinguished with FRECKLES! I just want to say I LOVE Allison Li, Lucy Wong (HOME GIRL), Godfrey Lau, Alyson Li, Jennifer Wong, Tracie Mah, Jason Ng, Si Ho, Benny Chow, Denny Zhou, Michael Van, Danny Van, Eddie Chan, Lewis Lam, Jeff Hsu, Henry Chan, Henry Chang, JIMMY LY and every important person!! NORTH QUINCY HIGH SCHOOL REMEMBERED FOR LIFE!!

Joseph Lydon

To the crew: Steve, Jay, Robbie, Tom, Evan, Teddy, and Lynch Mob. I have big fun. Cannon Crew, Wood Hunts, The Docks, Down the Basement, The Band, SQ 500's, MJ, El Arbol and SQ Luge. Cass, Fids, and the girls, keep it real. ZORRAH!! Steph he's mine. Rob-6:00, Evan-he plays hockey, Tom and James streetlights, Steve- Bat Cave, and Jay-Be quiet. I Came, I Saw, I Conquered. How Many times do you live? Once! Just goin around the loop. Mom, Bridget, Kellie and Roly, I love you. Couldn't have done it without you. Dad, miss ya… Whoa! Silly Man- Raptor... STAY FREE

Anna Ma

I thank all those who have made these four years into four memorable years. For you, I have a couple parting gifts and advice:

"When angry, count to four; when very angry, swear."
- Mark Twain

"I am free of all prejudices. I hate everyone equally."
- W.C. Fields

This one is slightly different, because it is more of a quote that has baffled and entertained me for years.

"Ah, how good it feels! The hand of an old friend."
- Henry Wadsworth Longfellow

Best of Luck to Everyone,
Anna Ma

Rose Mac

Four years have passed by so fast. Seems just like yesterday I was a freshman. Through it all, there were both ups and downs, smiles and tears. In the end, I don't think I would ever change anything that happened here. Thanks to those who gave me a chance to get close with, you made high school that much more memorable.. DL, KC, CL, JC, HC, JK, MP, JH, JC, MD, TL, BF, AF, SH. [c/o 2oo5]

"You only live once - but if you work it right, once is enough"

Jillian MacIssiac

"All the times when we were close, I'll remember these things the most." TrainInVain.LoveMyFriends.Ali.Cait.Case.Eileen. Erika.Erinn.Jess.Kat.Linds.Melissa.Michelle.Molly.Olivia. Shelly.143224. Thank you girls for always being there<3to all the boys. I will never forget the good times, Dow's, the docks, marina, piney, wolly beach. SQ. London 4/04. Bahamas/ MV'05, Fundays, July3rd, BestKeptSecret(shh) *bunnies* The Original Beechwood Crew. Mom&Dad-Thank you for all your love and support. Lauryn and Alex-Love you guys. Seniors CLASS OF 2005-I hope you had the time of your life. GOOD-LUCK! It's been fun <3Peace Lata.

Kevin Mackey

Soccer, Robotics, ROTC, and sail. Thanks ma and dad fo being there, and all my friends, you know who you are, th have been some good times and I hope they keep coming Peace

Amanda Madden

"Too much of the same stories in our lives, I think it's time for a change."
TaraJillJenMariliaKim-I love you guys.
JenMelissaJill-Salem 10.30.04
Jill-"Is that a plane?" "You have science third period too?"
<3Trey
Jen- 6.04.04 IMAX. h&tp! 7.16-can't wait! isketch. Jill, we d
need HPA. "Follow the spiders?!"
Tara through thick and thin, thanks for everything. I<3you.
Thanks mom for all of your support and for putting up with
Without you I wouldn't be here!
"It is our choices that show what we truly are, far more than our abilities"

Dennis Magaldi

Hockey 11-12, Basketball 9-10, CYO Hoop forever, WHAT UP TO…Ross the boss-Mooney-Gallagher-Dave-Billy-Kev-Jorgy-Nison-Clifford-McLean-Graham-Gardner-The rest of the SQ crew-Wolly Boys-Franchizers-All The HUNNIES, g times at TheRock-TheTrail-Piney-Marina-TheHut-GolfCou "MASSY", Thanks Mom, Dad and Taylor for everything yo done for me…Love ya…I'm out lata NQ, good times, BRIN ON THE REAL WORLD… -Magaldi 05'-

Steve Maggio

Hockey 9-12 #2
lacrosse 11-12
whats up graham gardner petersen mclean borgie hastings and the girls good times at dows jumping off the docks in th marina going up piney and white rock but all good things mu come to an end. Petersen how about that fight at the patriot parade. "winning is a mentality, success is a choice" "you ca be the richest man in the world and not buy moments like this"-charlie weis thanks to my mom dad bruce and amanda for being there for me. IM OUT

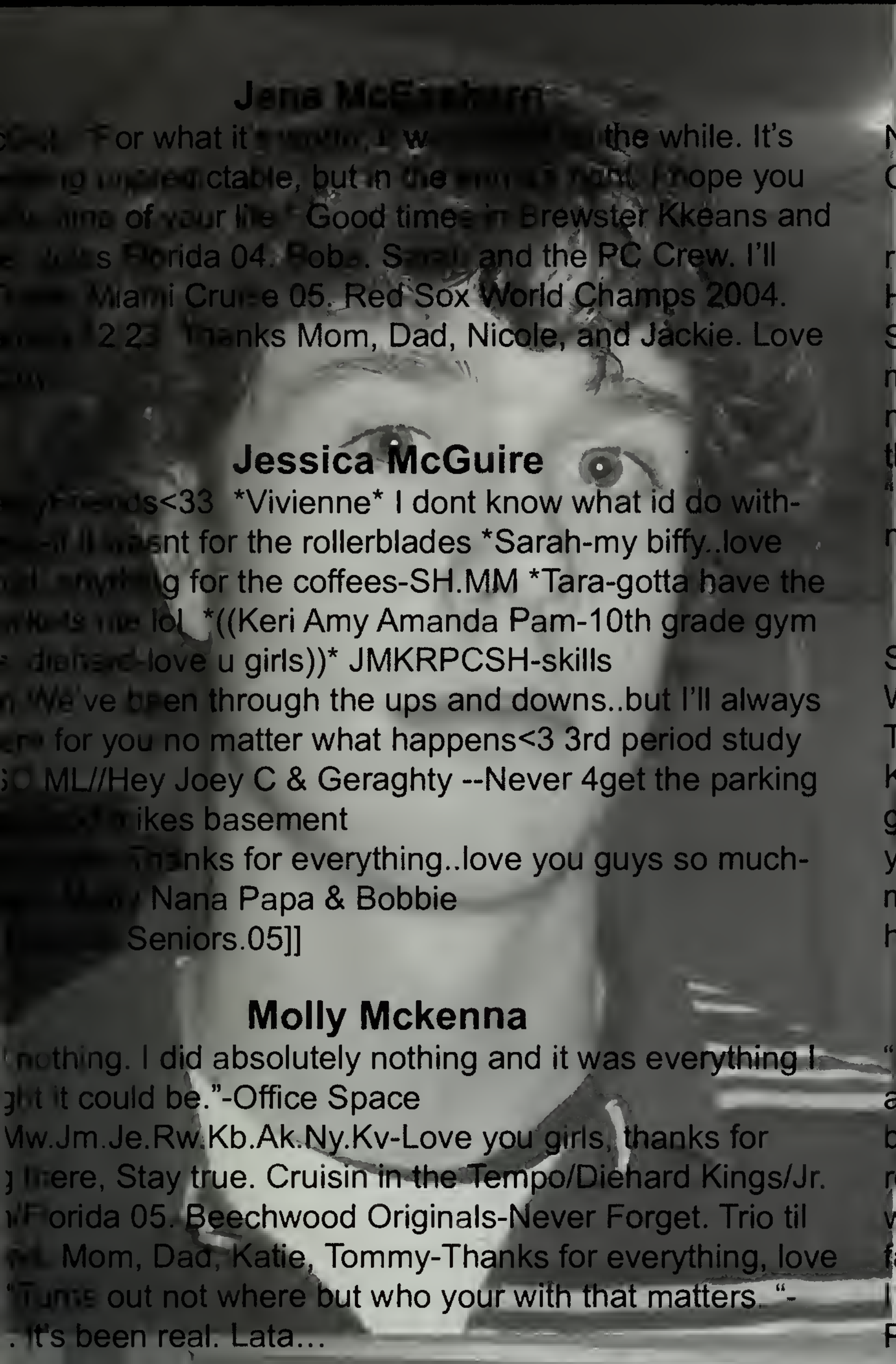
Tracie Mah

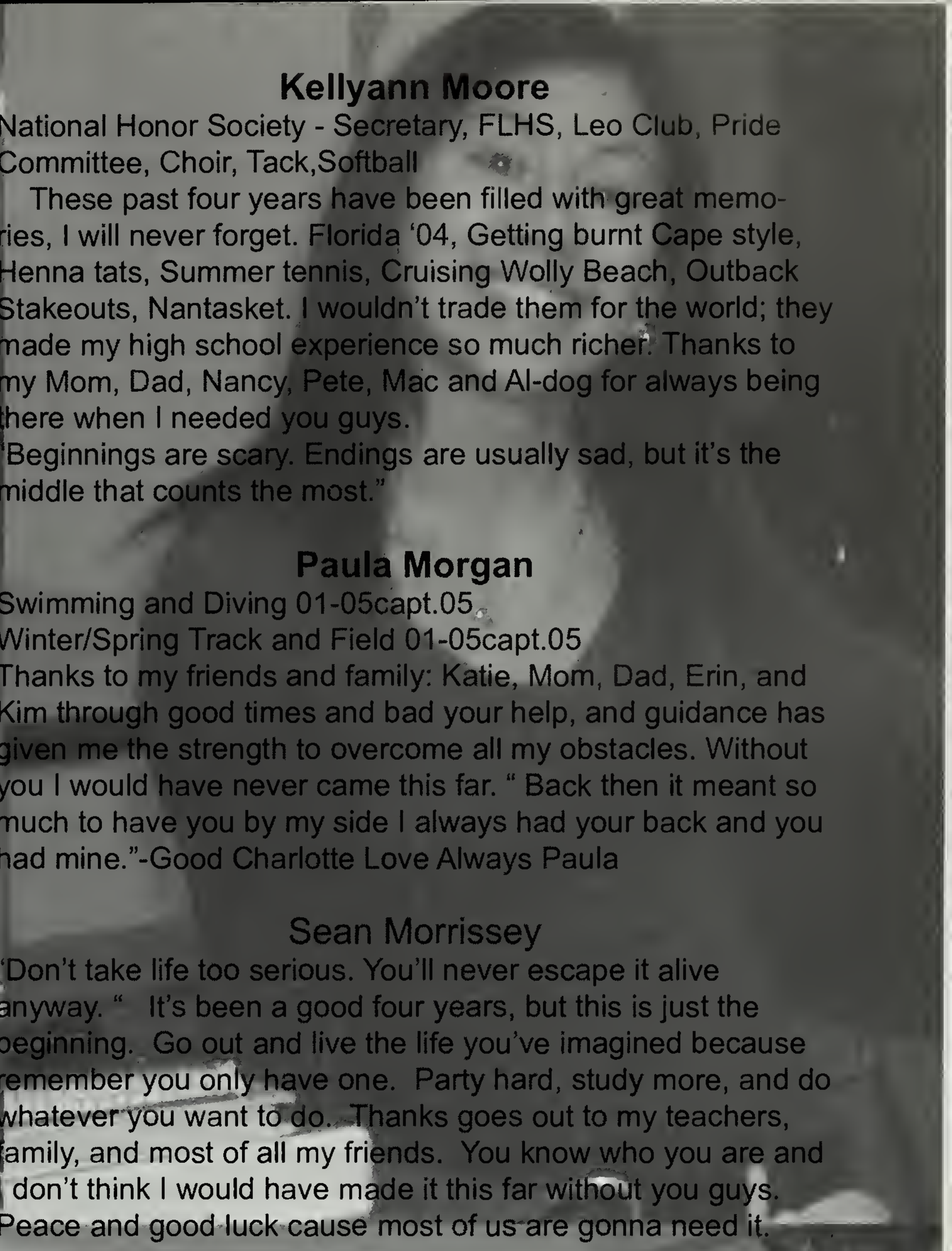
Congratulation to the class of 2005!!! WE MADE IT!!!
I would like to take this moment to say thanks to the people for being there for me through the good and bad times.
Tracie Mah

Amy McDonough

To my friends – thank you for making these past 4 years the best yet. Always remember the good times. KR-gymJoe. I think we can make it up that hill now, don't be afraid of that street and I know you won't forget pw. AZ-mainetrip, tan-buddy, (the one) exact dp impression -AGNES. PC- history-think irish, u<3P. Harry. PcKrKb- D's last resort-fun night, loved, the hats- KrAZMt- NH best party+stories. JM-(452)-ou stoop+summer '04. Mikey- like a 2nd fam, Disneytrips..alway there for me. Also much love to the ones who have been ther since the beginning, my family. I love you all. *05*

love you all. *05*





Jena Mc[illegible]

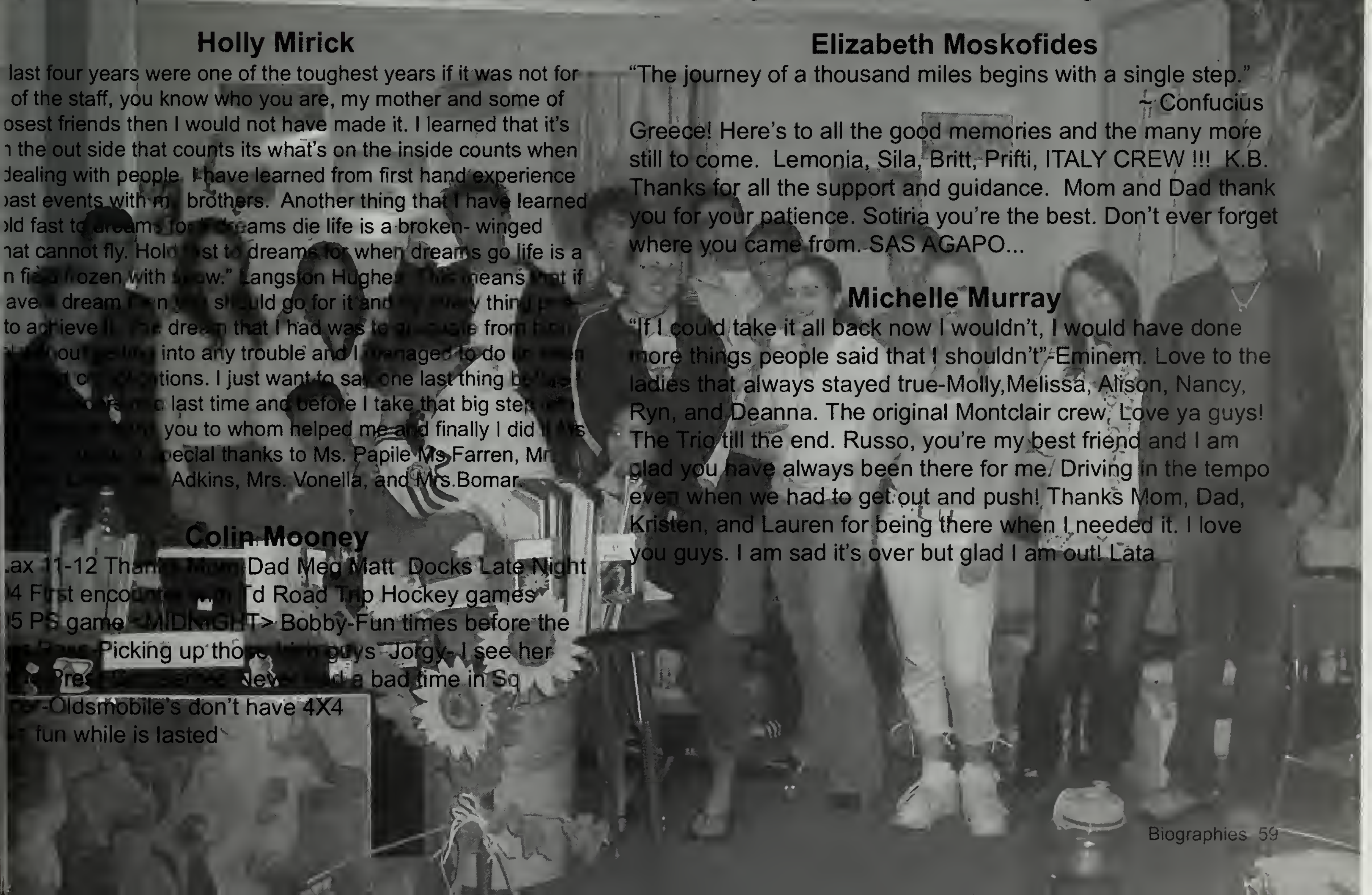
[illegible] For what it [illegible] w[illegible] the while. It's [illegible]g unpredictable, but in the [illegible] I hope you [illegible] of your life." Good times in Brewster Kkeans and [illegible]s Florida 04. Robe. Sarah and the PC Crew. I'll [illegible] Miami Cruise 05. Red Sox World Champs 2004. [illegible] 2 23. Thanks Mom, Dad, Nicole, and Jackie. Love [illegible]

Jessica McGuire

[illegible]s<33 *Vivienne* I dont know what id do with- [illegible]nt for the rollerblades *Sarah-my biffy..love [illegible]g for the coffees-SH.MM *Tara-gotta have the [illegible] lol *((Keri Amy Amanda Pam-10th grade gym [illegible]love u girls))* JMKRPCSH-skills [illegible] We've been through the ups and downs..but I'll always [illegible] for you no matter what happens<3 3rd period study [illegible] ML//Hey Joey C & Geraghty --Never 4get the parking [illegible]ikes basement [illegible]nks for everything..love you guys so much- [illegible] Nana Papa & Bobbie [illegible] Seniors.05]]

Molly Mckenna

[illegible]nothing. I did absolutely nothing and it was everything I [illegible]ght it could be."-Office Space [illegible]Mw.Jm.Je.Rw.Kb.Ak.Ny.Kv-Love you girls, thanks for [illegible] there, Stay true. Cruisin in the Tempo/Diehard Kings/Jr. [illegible] Florida 05. Beechwood Originals-Never Forget. Trio til [illegible] Mom, Dad, Katie, Tommy-Thanks for everything, love "Turns out not where but who your with that matters. "- [illegible] It's been real. Lata…



Holly Mirick

[illegible] last four years were one of the toughest years if it was not for [illegible] of the staff, you know who you are, my mother and some of [illegible]osest friends then I would not have made it. I learned that it's [illegible] the out side that counts its what's on the inside counts when [illegible]dealing with people. I have learned from first hand experience [illegible]ast events with my brothers. Another thing that I have learned [illegible]ld fast to dreams for when dreams die life is a broken- winged [illegible]hat cannot fly. Hold fast to dreams for when dreams go life is a [illegible]n field frozen with snow." Langston Hughes. This means that if [illegible]ave a dream then you should go for it and try every thing [illegible] to achieve it. The dream that I had was to [illegible] from [illegible] [illegible] into any trouble and I managed to do [illegible] [illegible]tions. I just want to say one last thing [illegible] [illegible] last time and before I take that big step [illegible] [illegible] you to whom helped me and finally I did [illegible] [illegible]pecial thanks to Ms. Papile Ms.Farren, Mr [illegible] Adkins, Mrs. Vonella, and Mrs.Bomar.

Colin Mooney

[illegible]ax 11-12 Tha[illegible] Dad Meg Matt Docks Late Night [illegible]4 First encou[illegible] Td Road Trip Hockey games [illegible]5 PS game <MIDNIGHT> Bobby-Fun times before the [illegible] Picking up tho[illegible] guys Jorgy- I see her [illegible] Pres[illegible] Never [illegible] a bad time in Sq [illegible]-Oldsmobile's don't have 4X4 [illegible] fun while is lasted

Kellyann Moore

National Honor Society - Secretary, FLHS, Leo Club, Pride Committee, Choir, Tack,Softball

These past four years have been filled with great memories, I will never forget. Florida '04, Getting burnt Cape style, Henna tats, Summer tennis, Cruising Wolly Beach, Outback Stakeouts, Nantasket. I wouldn't trade them for the world; they made my high school experience so much richer. Thanks to my Mom, Dad, Nancy, Pete, Mac and Al-dog for always being there when I needed you guys.

"Beginnings are scary. Endings are usually sad, but it's the middle that counts the most."

Paula Morgan

Swimming and Diving 01-05capt.05

Winter/Spring Track and Field 01-05capt.05

Thanks to my friends and family: Katie, Mom, Dad, Erin, and Kim through good times and bad your help, and guidance has given me the strength to overcome all my obstacles. Without you I would have never came this far. " Back then it meant so much to have you by my side I always had your back and you had mine."-Good Charlotte Love Always Paula

Sean Morrissey

"Don't take life too serious. You'll never escape it alive anyway. " It's been a good four years, but this is just the beginning. Go out and live the life you've imagined because remember you only have one. Party hard, study more, and do whatever you want to do. Thanks goes out to my teachers, family, and most of all my friends. You know who you are and I don't think I would have made it this far without you guys. Peace and good luck cause most of us are gonna need it.

Elizabeth Moskofides

"The journey of a thousand miles begins with a single step."
~ Confucius

Greece! Here's to all the good memories and the many more still to come. Lemonia, Sila, Britt, Prifti, ITALY CREW !!! K.B. Thanks for all the support and guidance. Mom and Dad thank you for your patience. Sotiria you're the best. Don't ever forget where you came from. SAS AGAPO...

Michelle Murray

"If I could take it all back now I wouldn't, I would have done more things people said that I shouldn't"-Eminem. Love to the ladies that always stayed true-Molly,Melissa, Alison, Nancy, Ryn, and Deanna. The original Montclair crew, Love ya guys! The Trio till the end. Russo, you're my best friend and I am glad you have always been there for me. Driving in the tempo even when we had to get out and push! Thanks Mom, Dad, Kristen, and Lauren for being there when I needed it. I love you guys. I am sad it's over but glad I am out! Lata

Michael Nee

“ Changes comin’ round real soon make us Women and Men”-
John Cougar Mellencamp
Thanks to my friends, family, and supportive teachers and faculty. Connect Four record could have been better but you know 126-133-3, at least I tied three times. One last thing to say Veni, Vidi, Vici.

Bobby Newcomb

Golf 9-12 (c) Thanks for 4 good years Hutch
Hockey 9-12
Baseball 9,10
Thanks to my family Mom, Dad, Molly, Colleen, and Megan
“ A journey of a thousand miles begins with a single step”
Confucius
Beechwood- GGS, Poke Hoj, Mcgerty, Paradise City
Peacelater

Cayla Newman

Fiestas! WoW i cant believe it is over,even tho i neva made it to school a full week! ACCIDENTS haha VK TM
Dominos on fri nights..we had so much fun ladies! RIP Pookie! Fog Horn..what a night! Always remember if its meant to be it will happen! never forget that TM Rollerblading!!Oops i locked my keys in my car again haha AB..Tara without u i would have neva made it through. ANIMAL CRACKERS! Awesome times with u Keith..all u have to say is CHEEZ-ITS and im there! Allie b one word for us LOSERS haha Roomates..TM MC
Mom,Dad,Grammy thanx
Thanx to all my girls for everything..AB VK TM MC CW KB JM

Justin Nguyen

Cross Country is the only REAL sport... All the rest are just games.

The Secret to Success is Knowing Who to Blame for Your Failures.

Kim H. Nguyen

Volleyball 9-12
Dance Team 10-12 Captain 11-12
Leo Club 9-12 Vice-President 11-12
I’ve learned and grown so much in high school and now I am ready for whatever is to come.
“do whatcha gotta do!” KM forever my gurl
To the crew, thanks for being there.
Dance team = my life!! Erinn, Kelly, Case luv ya gurlz! Keep it strong.
IF YA LOOK STUPID DOIN IT, UR PROBABLY DOIN IT RIGHT!

Kristin O’Toole

Fab 5
“Get Right”-K.Penzo*K.Downs*J.Spring*C.Coleman-”Roxanne”/Lama Disease/NewYears/Concerts/Erics/Sweet16/
Hollis/Forbes/Rock/Pine Island/GC/40 Richfield/r.i.p PJS/
Marina/Proms/July 3/road trips/Bahamas05/KristinaNe-
wHamp,tentwhistler,canooski/Cape/Provi-18/cars broken/44
homeroom w/ashford-Ker-volleyball(9-12)capt.-bus team-
beale-Enrique-mariah-The Dock-JKS-Rumors-4 a.m. summe
saults-you awake kris?-Woodsy-my love-B3. -To “the boys
and for the girls-Lis,Kane-o,Nance,Kath-Jess-Good Ideas-
“Its Only Just Begun”
Thanks Mom Dad Billy Kerin-You Know You’ll Miss Me*

Michael O’Mahoney

Yearbook Clubs Manager
Spanish Club
Soccer 2 years
Foreign Language Honor Society
I would like to thank my friends and family.
Mom, Dad, Matt, Nana, and Amy, thank you for the support and I love you all.

Matthew Palmer

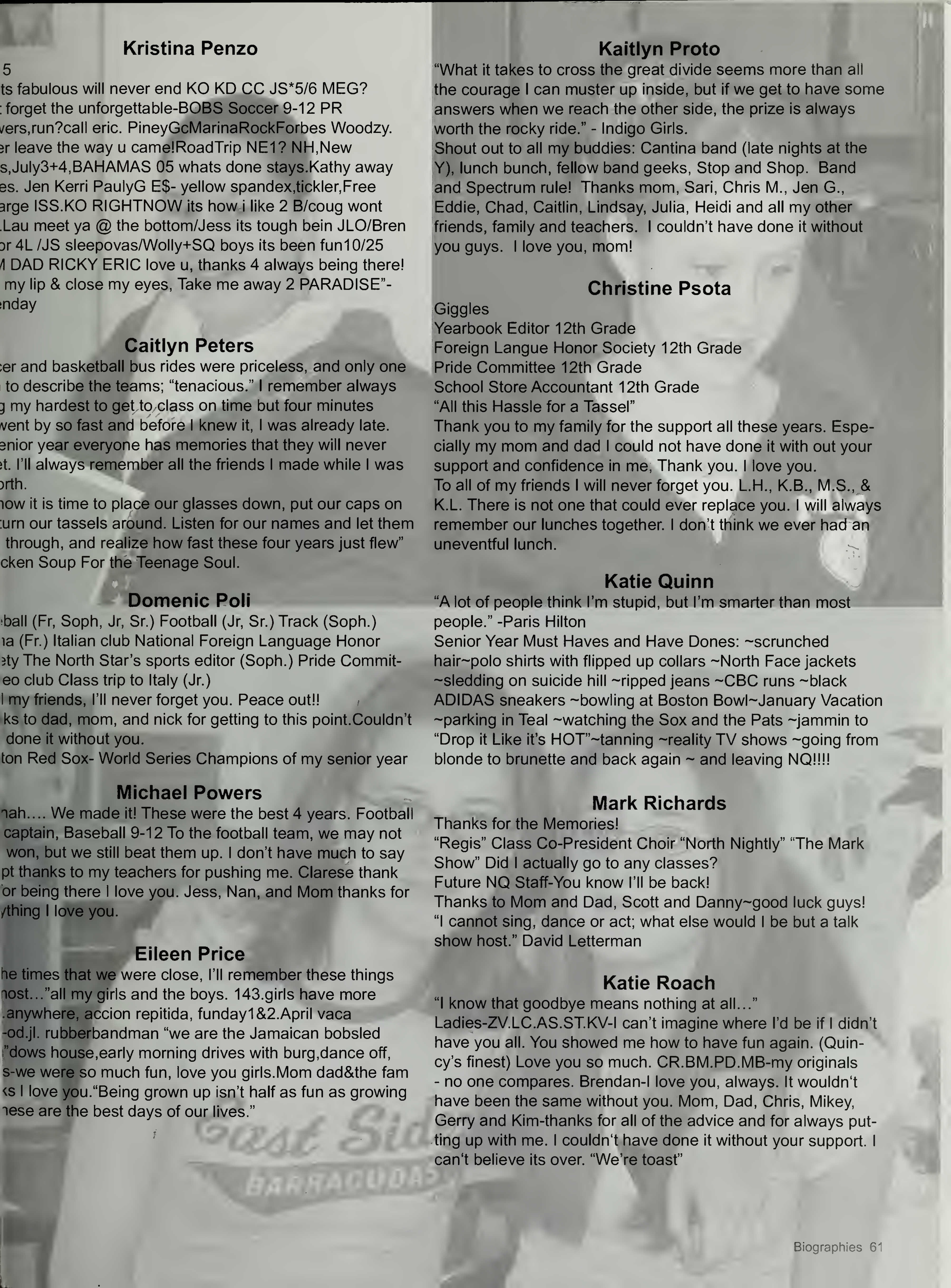
Many things that people will someday consider memorable
have happened this year, as they do every year. Red Sox
won the World Series, George W. beat Mass homeboy Kerry
etc. Years from now, these events will all blur together, chro
ologically. What I will remember is the people I knew, and
if I’m lucky, the things I did. Thanks Theatre kids for good
times. Thanks to those who encouraged me-Finch Phelan
Rimas. Thanks for being you- Mantas Adam Phil. Words o
wisdom- Always look on the bright side of life, Stop and
think about it, Have good priorities. Note to future self-
WRITE, EXPRESS!

Ross William Pasquantonio

Hockey 11-12---wat up to---Magaldi-Mooney-Jorgy-Nison-Cl
ford-SQ Crew---good times at the Rock-Trail-Piney-Marina
Thanks Mom love ya. “Respect All, Fear None” I’m out NQ—T
BOSS-05’

Michelle Pau

Over my last four years at North, a lot has happened. I’ve
made a lot of friends and possibly lost some on the way,
however, there is nothing I would change because everything that has happened up to now has made me the perso
that I am. Even though we will all be graduating soon and
going separate ways, I still hope that we will be able to kee
in touch. During my years at North, I’ve actually met a lot of
great people and I know that we’ll remain friends because i
true friendship, two friends can walk in opposite directions, y
remain side by side



Kristina Penzo

5
ts fabulous will never end KO KD CC JS*5/6 MEG?
: forget the unforgettable-BOBS Soccer 9-12 PR
vers,run?call eric. PineyGcMarinaRockForbes Woodzy.
er leave the way u came!RoadTrip NE1? NH,New
s,July3+4,BAHAMAS 05 whats done stays.Kathy away
es. Jen Kerri PaulyG E$- yellow spandex,tickler,Free
arge ISS.KO RIGHTNOW its how i like 2 B/coug wont
.Lau meet ya @ the bottom/Jess its tough bein JLO/Bren
or 4L /JS sleepovas/Wolly+SQ boys its been fun10/25
M DAD RICKY ERIC love u, thanks 4 always being there!
my lip & close my eyes, Take me away 2 PARADISE"-
enday

Caitlyn Peters

cer and basketball bus rides were priceless, and only one
to describe the teams; "tenacious." I remember always
g my hardest to get to class on time but four minutes
went by so fast and before I knew it, I was already late.
enior year everyone has memories that they will never
et. I'll always remember all the friends I made while I was
orth.
now it is time to place our glasses down, put our caps on
turn our tassels around. Listen for our names and let them
through, and realize how fast these four years just flew"
cken Soup For the Teenage Soul.

Domenic Poli

ball (Fr, Soph, Jr, Sr.) Football (Jr, Sr.) Track (Soph.)
na (Fr.) Italian club National Foreign Language Honor
ety The North Star's sports editor (Soph.) Pride Commit-
eo club Class trip to Italy (Jr.)
l my friends, I'll never forget you. Peace out!!
ks to dad, mom, and nick for getting to this point.Couldn't
done it without you.
ton Red Sox- World Series Champions of my senior year

Michael Powers

nah.... We made it! These were the best 4 years. Football
captain, Baseball 9-12 To the football team, we may not
won, but we still beat them up. I don't have much to say
pt thanks to my teachers for pushing me. Clarese thank
or being there I love you. Jess, Nan, and Mom thanks for
ything I love you.

Eileen Price

he times that we were close, I'll remember these things
nost..."all my girls and the boys. 143.girls have more
.anywhere, accion repitida, funday1&2.April vaca
-od.jl. rubberbandman "we are the Jamaican bobsled
"dows house,early morning drives with burg,dance off,
s-we were so much fun, love you girls.Mom dad&the fam
ks I love you."Being grown up isn't half as fun as growing
hese are the best days of our lives."

Kaitlyn Proto

"What it takes to cross the great divide seems more than all the courage I can muster up inside, but if we get to have some answers when we reach the other side, the prize is always worth the rocky ride." - Indigo Girls.

Shout out to all my buddies: Cantina band (late nights at the Y), lunch bunch, fellow band geeks, Stop and Shop. Band and Spectrum rule! Thanks mom, Sari, Chris M., Jen G., Eddie, Chad, Caitlin, Lindsay, Julia, Heidi and all my other friends, family and teachers. I couldn't have done it without you guys. I love you, mom!

Christine Psota

Giggles
Yearbook Editor 12th Grade
Foreign Langue Honor Society 12th Grade
Pride Committee 12th Grade
School Store Accountant 12th Grade
"All this Hassle for a Tassel"

Thank you to my family for the support all these years. Especially my mom and dad I could not have done it with out your support and confidence in me, Thank you. I love you.

To all of my friends I will never forget you. L.H., K.B., M.S., & K.L. There is not one that could ever replace you. I will always remember our lunches together. I don't think we ever had an uneventful lunch.

Katie Quinn

"A lot of people think I'm stupid, but I'm smarter than most people." -Paris Hilton

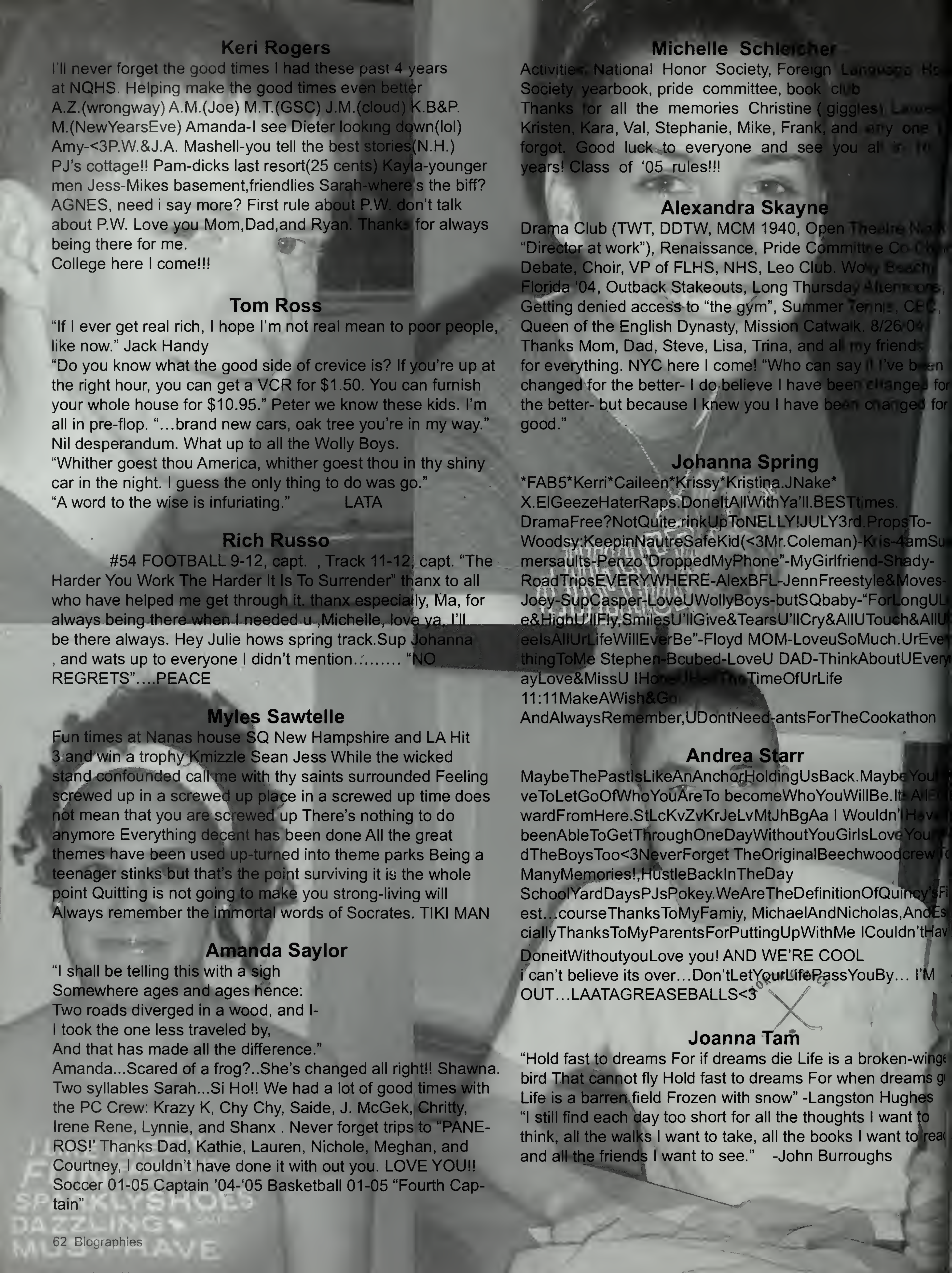
Senior Year Must Haves and Have Dones: ~scrunched hair~polo shirts with flipped up collars ~North Face jackets ~sledding on suicide hill ~ripped jeans ~CBC runs ~black ADIDAS sneakers ~bowling at Boston Bowl~January Vacation ~parking in Teal ~watching the Sox and the Pats ~jammin to "Drop it Like it's HOT"~tanning ~reality TV shows ~going from blonde to brunette and back again ~ and leaving NQ!!!!

Mark Richards

Thanks for the Memories!
"Regis" Class Co-President Choir "North Nightly" "The Mark Show" Did I actually go to any classes?
Future NQ Staff-You know I'll be back!
Thanks to Mom and Dad, Scott and Danny~good luck guys!
"I cannot sing, dance or act; what else would I be but a talk show host." David Letterman

Katie Roach

"I know that goodbye means nothing at all..."
Ladies-ZV.LC.AS.ST.KV-I can't imagine where I'd be if I didn't have you all. You showed me how to have fun again. (Quincy's finest) Love you so much. CR.BM.PD.MB-my originals - no one compares. Brendan-I love you, always. It wouldn't have been the same without you. Mom, Dad, Chris, Mikey, Gerry and Kim-thanks for all of the advice and for always putting up with me. I couldn't have done it without your support. I can't believe its over. "We're toast"



Keri Rogers

I'll never forget the good times I had these past 4 years at NQHS. Helping make the good times even better A.Z.(wrongway) A.M.(Joe) M.T.(GSC) J.M.(cloud) K.B&P. M.(NewYearsEve) Amanda-I see Dieter looking down(lol) Amy-<3P.W.&J.A. Mashell-you tell the best stories(N.H.) PJ's cottage!! Pam-dicks last resort(25 cents) Kayla-younger men Jess-Mikes basement,friendlies Sarah-where's the biff? AGNES, need i say more? First rule about P.W. don't talk about P.W. Love you Mom,Dad,and Ryan. Thanks for always being there for me.

College here I come!!!

Tom Ross

"If I ever get real rich, I hope I'm not real mean to poor people, like now." Jack Handy

"Do you know what the good side of crevice is? If you're up at the right hour, you can get a VCR for $1.50. You can furnish your whole house for $10.95." Peter we know these kids. I'm all in pre-flop. "…brand new cars, oak tree you're in my way." Nil desperandum. What up to all the Wolly Boys.

"Whither goest thou America, whither goest thou in thy shiny car in the night. I guess the only thing to do was go."

"A word to the wise is infuriating." LATA

Rich Russo

#54 FOOTBALL 9-12, capt. , Track 11-12, capt. "The Harder You Work The Harder It Is To Surrender" thanx to all who have helped me get through it. thanx especially, Ma, for always being there when I needed u ,Michelle, love ya, I'll be there always. Hey Julie hows spring track.Sup Johanna , and wats up to everyone I didn't mention.:……. "NO REGRETS"….PEACE

Myles Sawtelle

Fun times at Nanas house SQ New Hampshire and LA Hit 3 and win a trophy Kmizzle Sean Jess While the wicked stand confounded call me with thy saints surrounded Feeling screwed up in a screwed up place in a screwed up time does not mean that you are screwed up There's nothing to do anymore Everything decent has been done All the great themes have been used up-turned into theme parks Being a teenager stinks but that's the point surviving it is the whole point Quitting is not going to make you strong-living will Always remember the immortal words of Socrates. TIKI MAN

Amanda Saylor

"I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I-
I took the one less traveled by,
And that has made all the difference."

Amanda...Scared of a frog?..She's changed all right!! Shawna. Two syllables Sarah...Si Ho!! We had a lot of good times with the PC Crew: Krazy K, Chy Chy, Saide, J. McGek, Chritty, Irene Rene, Lynnie, and Shanx . Never forget trips to "PANEROS!' Thanks Dad, Kathie, Lauren, Nichole, Meghan, and Courtney, I couldn't have done it with out you. LOVE YOU!! Soccer 01-05 Captain '04-'05 Basketball 01-05 "Fourth Captain"

Michelle Schleicher

Activities: National Honor Society, Foreign Language Ho
Society yearbook, pride committee, book club
Thanks for all the memories Christine (giggles) Lauren
Kristen, Kara, Val, Stephanie, Mike, Frank, and any one I
forgot. Good luck to everyone and see you all in 10
years! Class of '05 rules!!!

Alexandra Skayne

Drama Club (TWT, DDTW, MCM 1940, Open Theatre Night
"Director at work"), Renaissance, Pride Committee Co-Chair
Debate, Choir, VP of FLHS, NHS, Leo Club. Wolly Beach,
Florida '04, Outback Stakeouts, Long Thursday Afternoons,
Getting denied access to "the gym", Summer Tennis, CBC,
Queen of the English Dynasty, Mission Catwalk. 8/26/04
Thanks Mom, Dad, Steve, Lisa, Trina, and all my friends
for everything. NYC here I come! "Who can say if I've been
changed for the better- I do believe I have been changed for
the better- but because I knew you I have been changed for
good."

Johanna Spring

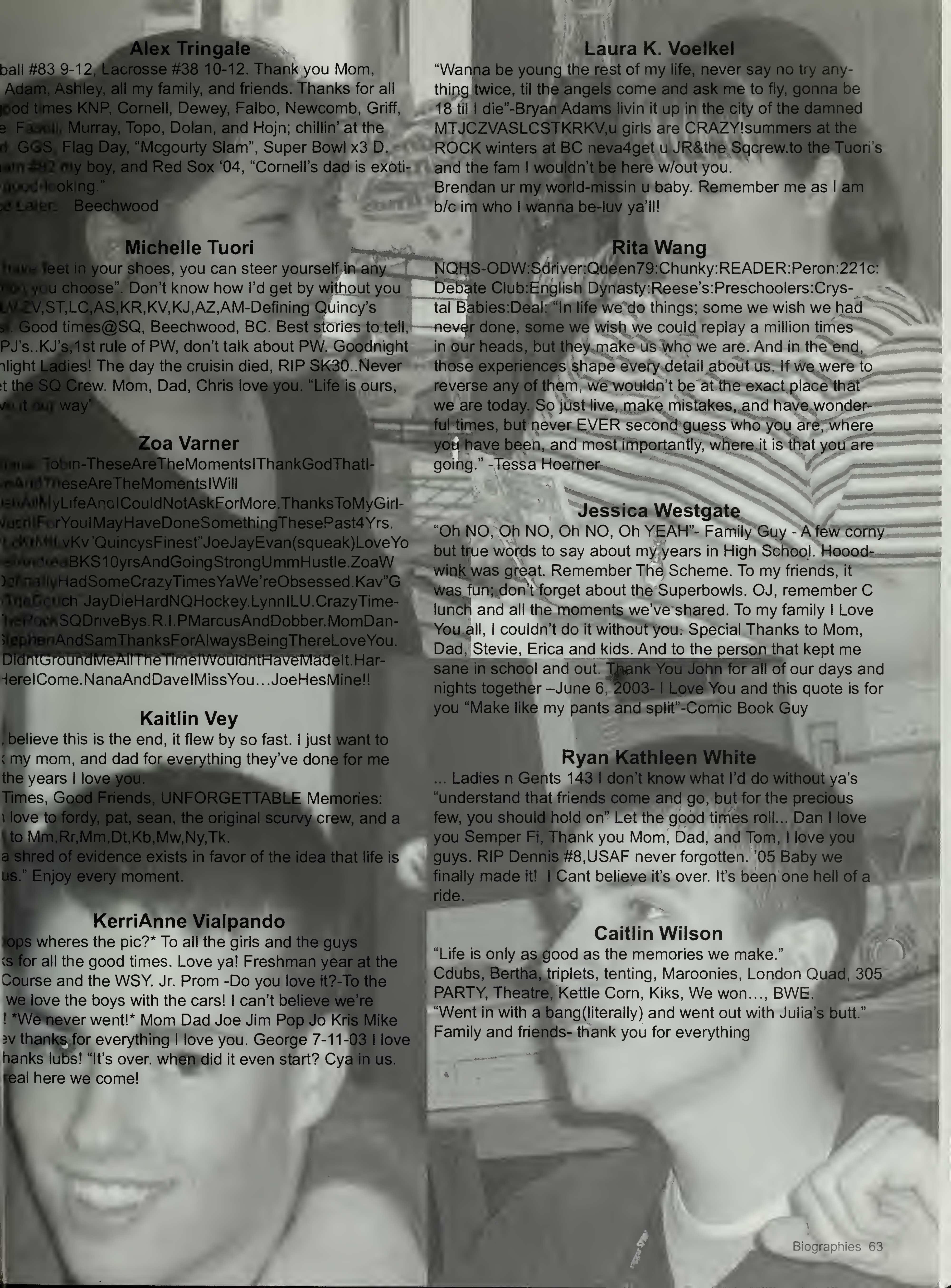
*FAB5*Kerri*Caileen*Krissy*Kristina.JNake*
X.ElGeezeHaterRaps.DoneItAllWithYa'll.BESTtimes.
DramaFree?NotQuite.rinkUpToNELLY!JULY3rd.PropsTo-
Woodsy:KeepinNautreSafeKid(<3Mr.Coleman)-Kris-4amSu
mersaults-Penzo"DroppedMyPhone"-MyGirlfriend-Shady-
RoadTripsEVERYWHERE-AlexBFL-JennFreestyle&Moves-
Joey-SupCasper-LoveUWollyBoys-butSQbaby-"ForLongUL
e&HighU'llFly,SmilesU'llGive&TearsU'llCry&AllUTouch&AllU
eeIsAllUrLifeWillEverBe"-Floyd MOM-LoveuSoMuch.UrEve
thingToMe Stephen-Bcubed-LoveU DAD-ThinkAboutUEvery
ayLove&MissU IHopeUHadTheTimeOfUrLife
11:11MakeAWish&Go
AndAlwaysRemember,UDontNeed-antsForTheCookathon

Andrea Starr

MaybeThePastIsLikeAnAnchorHoldingUsBack.MaybeYou
veToLetGoOfWhoYouAreTo becomeWhoYouWillBe.It's All
wardFromHere.StLcKvZvKrJeLvMtJhBgAa I Wouldn'I Hav
beenAbleToGetThroughOneDayWithoutYouGirlsLoveYou
dTheBoysToo<3NeverForget TheOriginalBeechwoodcrew
ManyMemories!,HustleBackInTheDay
SchoolYardDaysPJsPokey.WeAreTheDefinitionOfQuincy'sFi
est…courseThanksToMyFamiy, MichaelAndNicholas,AndEs
ciallyThanksToMyParentsForPuttingUpWithMe ICouldn'tHav
DoneitWithoutyouLove you! AND WE'RE COOL
i can't believe its over…Don'tLetYourLifePassYouBy… I'M
OUT…LAATAGREASEBALLS<3

Joanna Tam

"Hold fast to dreams For if dreams die Life is a broken-winge
bird That cannot fly Hold fast to dreams For when dreams g
Life is a barren field Frozen with snow" -Langston Hughes
"I still find each day too short for all the thoughts I want to
think, all the walks I want to take, all the books I want to rea
and all the friends I want to see." -John Burroughs



Alex Tringale

ball #83 9-12, Lacrosse #38 10-12. Thank you Mom, Adam, Ashley, all my family, and friends. Thanks for all good times KNP, Cornell, Dewey, Falbo, Newcomb, Griff, e Fasell, Murray, Topo, Dolan, and Hojn; chillin' at the d GGS, Flag Day, "Mcgourty Slam", Super Bowl x3 D. am #82 my boy, and Red Sox '04, "Cornell's dad is exotic good-looking."
ee Later. Beechwood

Michelle Tuori

have feet in your shoes, you can steer yourself in any tion you choose". Don't know how I'd get by without you LW,ZV,ST,LC,AS,KR,KV,KJ,AZ,AM-Defining Quincy's s. Good times@SQ, Beechwood, BC. Best stories to tell, PJ's..KJ's,1st rule of PW, don't talk about PW. Goodnight nlight Ladies! The day the cruisin died, RIP SK30..Never et the SQ Crew. Mom, Dad, Chris love you. "Life is ours, ve it our way'

Zoa Varner

Tobin-TheseAreTheMomentsIThankGodThatI-
eAndTheseAreTheMomentsIWill
eAllMyLifeAndICouldNotAskForMore.ThanksToMyGirl-
WasntForYouIMayHaveDoneSomethingThesePast4Yrs.
vKv'QuincysFinest"JoeJayEvan(squeak)LoveYo
BKS10yrsAndGoingStrongUmmHustle.ZoaW
allyHadSomeCrazyTimesYaWe'reObsessed.Kav"G
TheCouch JayDieHardNQHockey.LynnILU.CrazyTime-
TheRockSQDriveBys.R.I.PMarcusAndDobber.MomDan-
StephenAndSamThanksForAlwaysBeingThereLoveYou.
DidntGroundMeAllTheTimeIWouldntHaveMadeIt.Har-
HereIComeNanaAndDaveIMissYou…JoeHesMine!!

Kaitlin Vey

believe this is the end, it flew by so fast. I just want to my mom, and dad for everything they've done for me the years I love you.
Times, Good Friends, UNFORGETTABLE Memories: love to fordy, pat, sean, the original scurvy crew, and a to Mm,Rr,Mm,Dt,Kb,Mw,Ny,Tk.
a shred of evidence exists in favor of the idea that life is us." Enjoy every moment.

KerriAnne Vialpando

ops wheres the pic?* To all the girls and the guys s for all the good times. Love ya! Freshman year at the Course and the WSY. Jr. Prom -Do you love it?-To the we love the boys with the cars! I can't believe we're ! *We never went!* Mom Dad Joe Jim Pop Jo Kris Mike ev thanks for everything I love you. George 7-11-03 I love hanks lubs! "It's over. when did it even start? Cya in us. real here we come!

Laura K. Voelkel

"Wanna be young the rest of my life, never say no try anything twice, til the angels come and ask me to fly, gonna be 18 til I die"-Bryan Adams livin it up in the city of the damned MTJCZVASLCSTKRKV,u girls are CRAZY!summers at the ROCK winters at BC neva4get u JR&the Sqcrew.to the Tuori's and the fam I wouldn't be here w/out you.
Brendan ur my world-missin u baby. Remember me as I am b/c im who I wanna be-luv ya'll!

Rita Wang

NQHS-ODW:Sdriver:Queen79:Chunky:READER:Peron:221c: Debate Club:English Dynasty:Reese's:Preschoolers:Crystal Babies:Deal: "In life we do things; some we wish we had never done, some we wish we could replay a million times in our heads, but they make us who we are. And in the end, those experiences shape every detail about us. If we were to reverse any of them, we wouldn't be at the exact place that we are today. So just live, make mistakes, and have wonderful times, but never EVER second guess who you are, where you have been, and most importantly, where it is that you are going." -Tessa Hoerner

Jessica Westgate

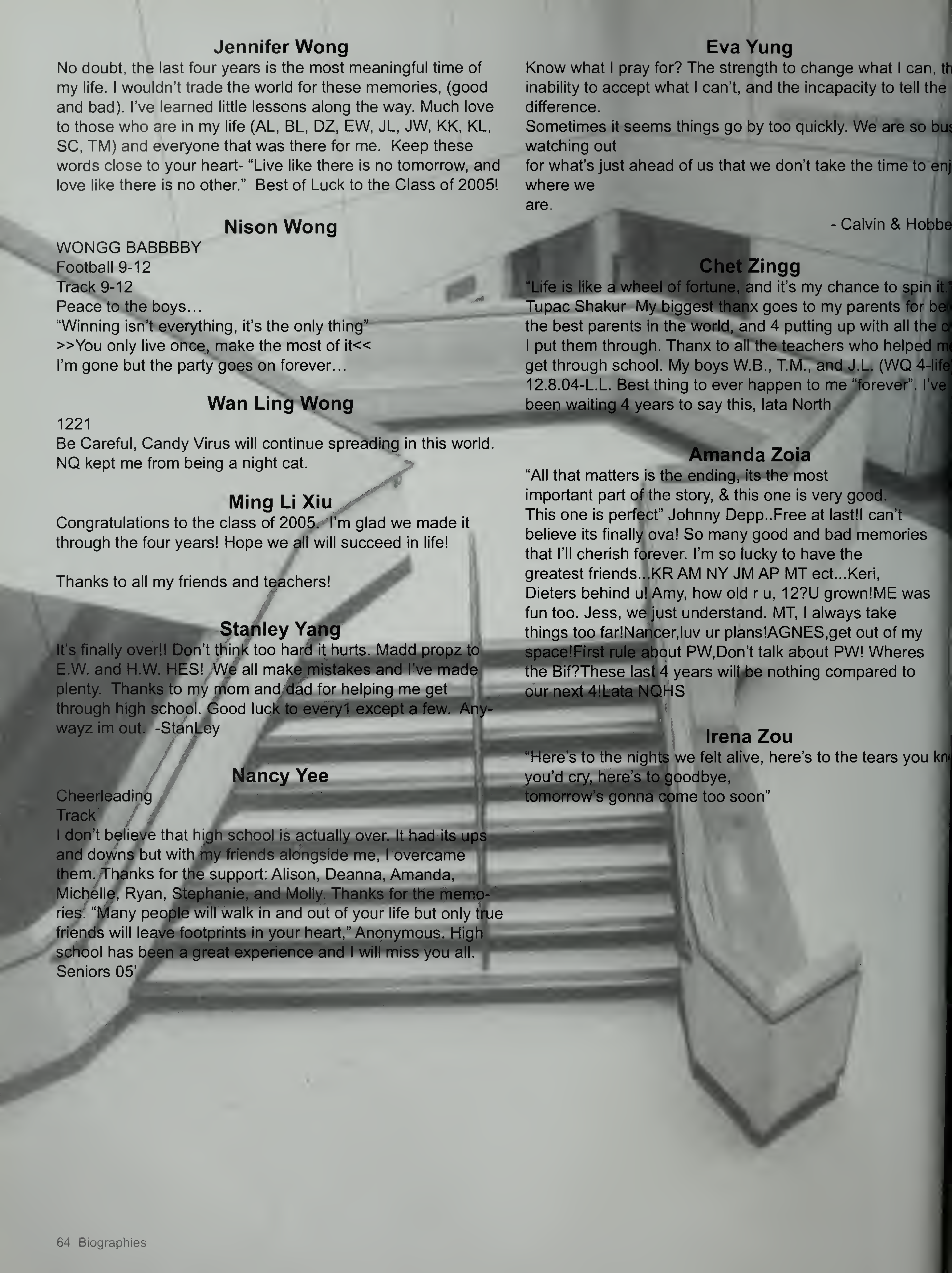
"Oh NO, Oh NO, Oh NO, Oh YEAH"- Family Guy - A few corny but true words to say about my years in High School. Hooodwink was great. Remember The Scheme. To my friends, it was fun; don't forget about the Superbowls. OJ, remember C lunch and all the moments we've shared. To my family I Love You all, I couldn't do it without you. Special Thanks to Mom, Dad, Stevie, Erica and kids. And to the person that kept me sane in school and out. Thank You John for all of our days and nights together –June 6, 2003- I Love You and this quote is for you "Make like my pants and split"-Comic Book Guy

Ryan Kathleen White

... Ladies n Gents 143 I don't know what I'd do without ya's "understand that friends come and go, but for the precious few, you should hold on" Let the good times roll... Dan I love you Semper Fi, Thank you Mom, Dad, and Tom, I love you guys. RIP Dennis #8,USAF never forgotten. '05 Baby we finally made it! I Cant believe it's over. It's been one hell of a ride.

Caitlin Wilson

"Life is only as good as the memories we make."
Cdubs, Bertha, triplets, tenting, Maroonies, London Quad, 305 PARTY, Theatre, Kettle Corn, Kiks, We won…, BWE.
"Went in with a bang(literally) and went out with Julia's butt."
Family and friends- thank you for everything



Jennifer Wong

No doubt, the last four years is the most meaningful time of my life. I wouldn't trade the world for these memories, (good and bad). I've learned little lessons along the way. Much love to those who are in my life (AL, BL, DZ, EW, JL, JW, KK, KL, SC, TM) and everyone that was there for me. Keep these words close to your heart- "Live like there is no tomorrow, and love like there is no other." Best of Luck to the Class of 2005!

Nison Wong

WONGG BABBBBY
Football 9-12
Track 9-12
Peace to the boys…
"Winning isn't everything, it's the only thing"
>>You only live once, make the most of it<<
I'm gone but the party goes on forever…

Wan Ling Wong

1221
Be Careful, Candy Virus will continue spreading in this world.
NQ kept me from being a night cat.

Ming Li Xiu

Congratulations to the class of 2005. I'm glad we made it through the four years! Hope we all will succeed in life!

Thanks to all my friends and teachers!

Stanley Yang

It's finally over!! Don't think too hard it hurts. Madd propz to E.W. and H.W. HES! We all make mistakes and I've made plenty. Thanks to my mom and dad for helping me get through high school. Good luck to every1 except a few. Anywayz im out. -StanLey

Nancy Yee

Cheerleading
Track
I don't believe that high school is actually over. It had its ups and downs but with my friends alongside me, I overcame them. Thanks for the support: Alison, Deanna, Amanda, Michelle, Ryan, Stephanie, and Molly. Thanks for the memories. "Many people will walk in and out of your life but only true friends will leave footprints in your heart," Anonymous. High school has been a great experience and I will miss you all. Seniors 05'

Eva Yung

Know what I pray for? The strength to change what I can, th
inability to accept what I can't, and the incapacity to tell the
difference.
Sometimes it seems things go by too quickly. We are so bus
watching out
for what's just ahead of us that we don't take the time to enj
where we
are.

- Calvin & Hobbe

Chet Zingg

"Life is like a wheel of fortune, and it's my chance to spin it."
Tupac Shakur My biggest thanx goes to my parents for be
the best parents in the world, and 4 putting up with all the c
I put them through. Thanx to all the teachers who helped m
get through school. My boys W.B., T.M., and J.L. (WQ 4-life
12.8.04-L.L. Best thing to ever happen to me "forever". I've
been waiting 4 years to say this, lata North

Amanda Zoia

"All that matters is the ending, its the most important part of the story, & this one is very good. This one is perfect" Johnny Depp..Free at last!I can't believe its finally ova! So many good and bad memories that I'll cherish forever. I'm so lucky to have the greatest friends...KR AM NY JM AP MT ect...Keri, Dieters behind u! Amy, how old r u, 12?U grown!ME was fun too. Jess, we just understand. MT, I always take things too far!Nancer,luv ur plans!AGNES,get out of my space!First rule about PW,Don't talk about PW! Wheres the Bif?These last 4 years will be nothing compared to our next 4!Lata NQHS

Irena Zou

"Here's to the nights we felt alive, here's to the tears you kn
you'd cry, here's to goodbye,
tomorrow's gonna come too soon"

Underclassmen

Melissa Alden
Chong Alex
Christopher Anderson
Alexander Andreosatos
Christian Arredondo
David Atkins
Michael Baladiang
Stephen Barresi

Shawn Barter
Iva Begolli
Sekou Benjamin
Michael Berte
Brian Bertrand
Sally Black
Samantha Boland
Paige Bonanni

Alex Brean
Stephanie Brick
Taylor Brooks
Blake Brown
Lianna Brown
Nickolas Brown
Timothy Brown
Andrew Bulter

Gregory Cahalan
Jennifer Caley
Brian Campbell
Natalie Casey
Nicole Casinelli
Eric Chabot
Alex Chan
Calvin Chan

Emily Chan
Hannah Chan
Ka Chun Chan
Christopher Chau
Anna Chen
Nan Chen
Run Chen
Shirley Chen

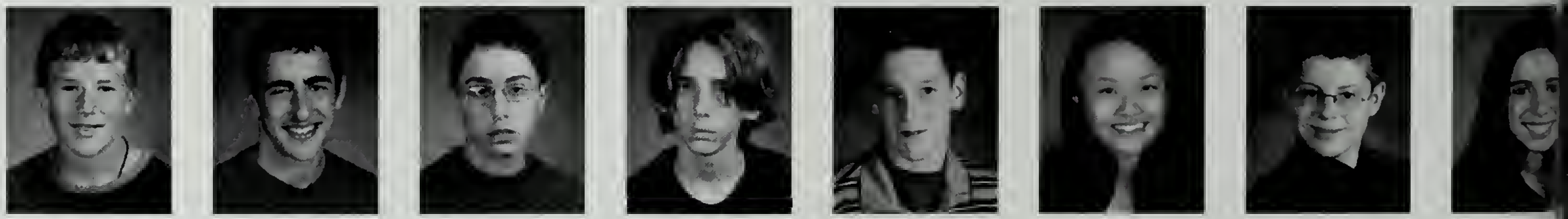
Wendy Chen
Ya Chen
Yaoming Chen
Roland Cheng
Guichard Chery
Philip Chieng
Rebecca Chieng
Danny Chiu

Tony Chou
Maryanne Chow
Dennis Chu
Simon Chu
John Ciccariello
Tyler Clarke
Matthew Clifford
Sean Clifford

Joseph Coletta
Julie Comeau
Luisjana Como
Shawn Cook
Tyler Costa
John Costello
Chelsea Couchenour
Kerry Coughlin

Paul Cram
Brian Croake
Christine Culgin
Cassandra Damon
James Dao
Kien Dao
Jeffrey Davis
Lisamarie Decristoforo

Zachary Deegan
Marc Delucia
Ryan Dennis
Christopher Desiata
Christopher Devlin
Eva Diep
Anthony Dipalmo
Rene' Dipietro



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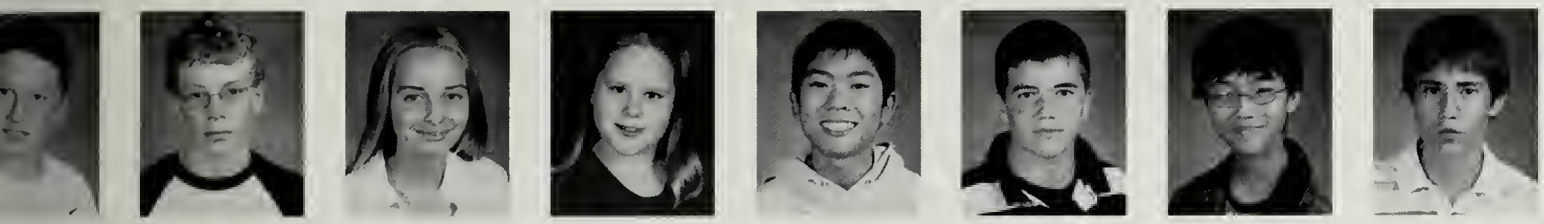
Eugene Doan
Kristin Dolan
Lisa Donaghue
Jennifer Donelin
Weijie Dong
Amanda Donnell
Tabitha Doolan



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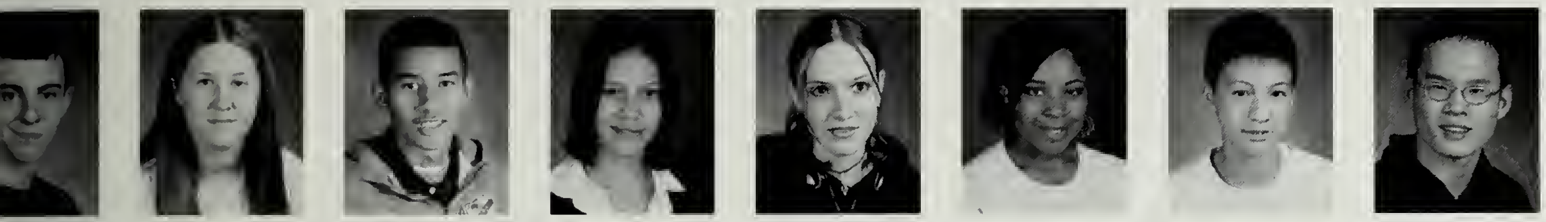
Sarah Drooks
Kerrie-Ann Dunstan
David Duong
Rory Elliffe
Christopher Eng
Luis Escobar



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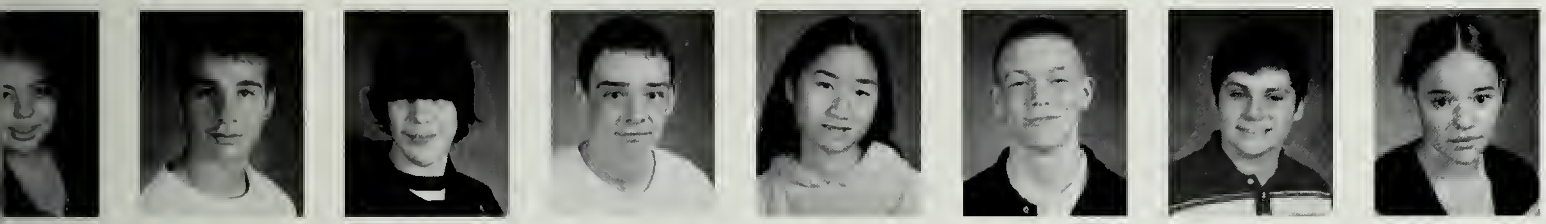
Catherine Feeney
Jonathan Fernandez
Enrica Filippi
Alicia Fitzpatrick
Dana Frye
Vincent Fu
Biao Billy Gao

Edith Gillespie-Lorenzo
Brian Girard
Caitlin Glover
Kaylene Gobbi
Michael Golden
Richard Gonsalves
Rachel Goreham
Rebecca Goreham



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Edward Grennon
Amy Guan
George Haines
Robert Harrington
Kerrin Harris

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Elizabeth He-Weng
Mellissa Healey
Kathryn Hemenway
David Hennessey
Winson Ho
Mark Hohmann
Anthony Holcomb

James Holcomb
Brett Houlihan
Christine Huang
Jenny Huang
Nicholas Hutchings
Emily Huynh
Kimberly Huynh
Rena Huynh

Tuan Huynh
Stephanie Hyman
Gregory Ingram
Daniel Jackson
Alicia Jarrell
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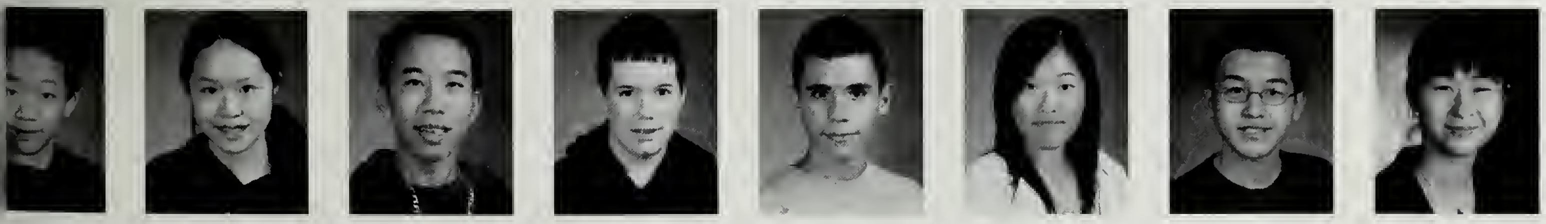
Daniel Jones

Ani Kaziu
Ryan Keaney
Caroline Kelly
Eoin Kenny
Michaela Kilcullen
Kelly King
David Kingsbury
Taylor Kirby



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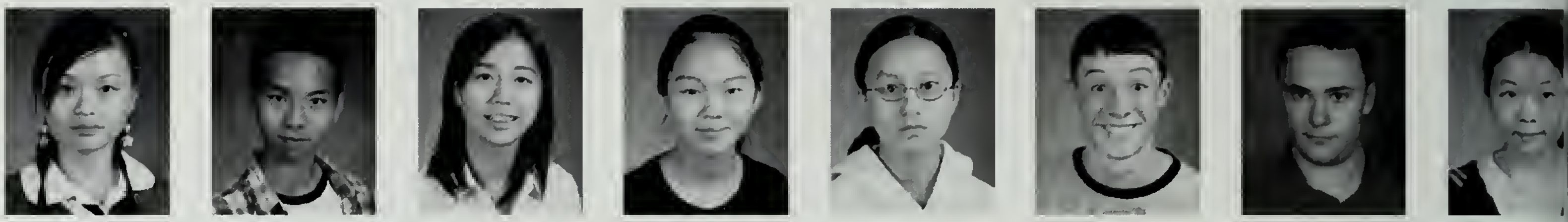
Timothy Kyi
Joshua Ladetto
John Ladopoulos
Christine Lam
Johnson Lam
Cassandra Lau

Jason Law
Simone Leary
Kelly LeClerc
Crystal Lee
Eleanor Lee
Kai Chun Lee
Marcellus Lee
Priscilla Lee

Victoria Lee
Maria Lei
James Leong
Yujing Li
Jason Liang
Kevin Liang
Danielle Lisbon
Kristina Lieu

Nianmei Lin
Wei Lin
Amy Liu
Anna Loc
Sandy Lok
Robert Lowe
Randolph Luddington
Ping Sum Lui



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Kim Luong
Hung Ly
Jimmy Ly
Laura Ly
Quyen Ly
Roxanne Lydon
Kimberly Lyons

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Molly Maguire
Alvin Mai
Rebecca Malas
Michael Mann
Jamie Manning
Claudine Mapa
Krystle Mark

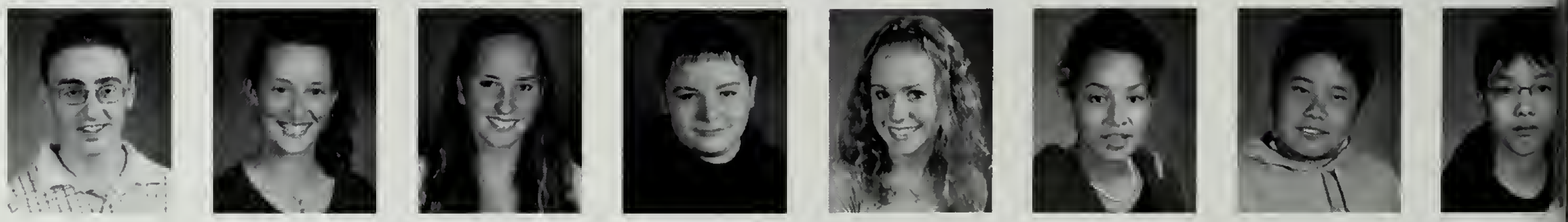
Dennis Martin
Amanda Matos
Ashley Matthew
Asia Matthew
Tabitha Mazzarella
Caitlyn McCarthy
Colleen McCarthy
Daniel McCarthy

Shauna McCarthy
Shawn McCarthy
Jenna McDonough
Tara McFarland
Lauren McGough
Elaine McHugh
Kerri-Anne McHugo
Megan McMahon

Casey McNamara
Winnie Mei
Benjamin Merlis
Emily Milone
Leonardo Mongo
Keon Monteiro
Maria Morales
Mamie Moy

Raymond Moy
Monica Mui
Stanley Mui
Kathleen Mullally
Nicholas Mullaney
Elizabeth Murphy
Hayley Murphy
Kimberly Mysiuk

Joni Nashi
Alexandra Nee
Caitlyn Nelson
Adam Nesti
Molly Newcomb
Krystin Newsom
David Ng
Sunny Ngan



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Jeffrey Nguyen
Khoa Nguyen
Lin Nguyen
Phuoc Nguyen
Rebecca Nguyen

Imelda Nini
Timothy Nogueira
Virginia Norton
Ashley O'Connell
Kasey O'Connell
Scott O'Connell
Carla O'Connor
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Jonathan O'Reilly
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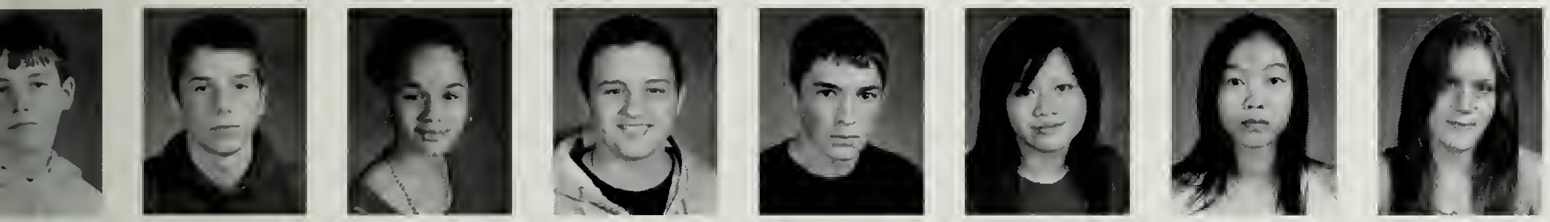
Michael Pearson



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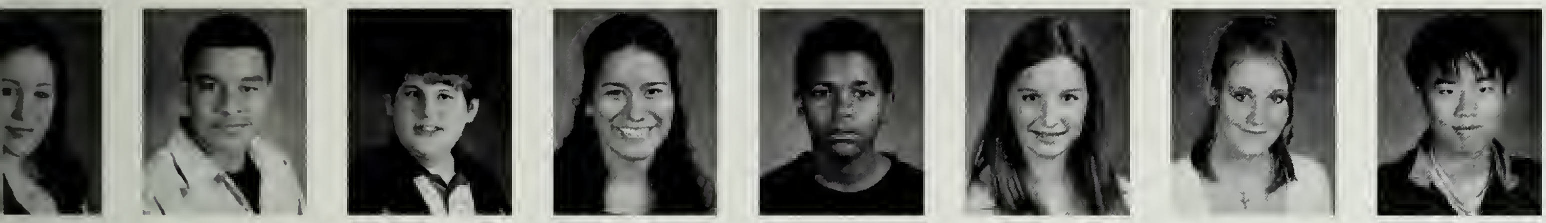
Pavli Permeti
Craig Perreault
Anna Pham
Winnie Phung
Amy Picariello



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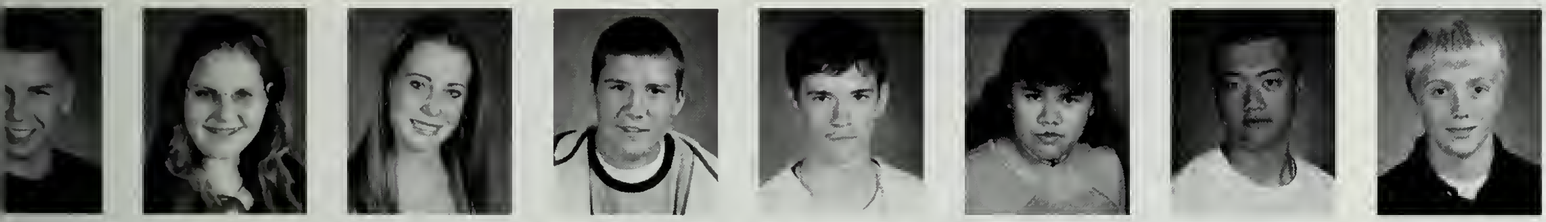
Daniel Pitts
Elizabeth Ponce
Nathaniel Preston
AnnMarie Price
Ashley Procter
Steven Quan



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Shakia Searcy
Lisa Setow
Joseph Shields
Mikayla Shruhan
James Shweiri
Terrance Sibley

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Cindy Situ
Jesse Skomial
Molly Smith
Alyson Spencer
Rebecca Stanton
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MaryKate Stille

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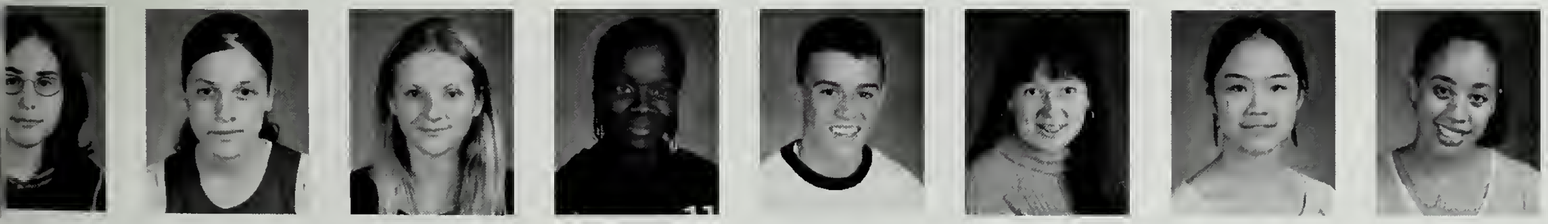
Jason Tan
Kara Tan
Philip Tang
Adriana Tarrant
Niamh Tarrant



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Alina Terezi
Ethan Thomas
David Thomson
Caroline Thorpe
Audrey To
Majdouline Touil

Alexander Tragellis
Camson Tran
Jack Tran
Laura Tran
Mai Tran
Simon Tran
Thiem Tran
Tran Tran

Baotran Trannguyen
Coral Trivedi
Candice Tsang
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Mathew Varnerin
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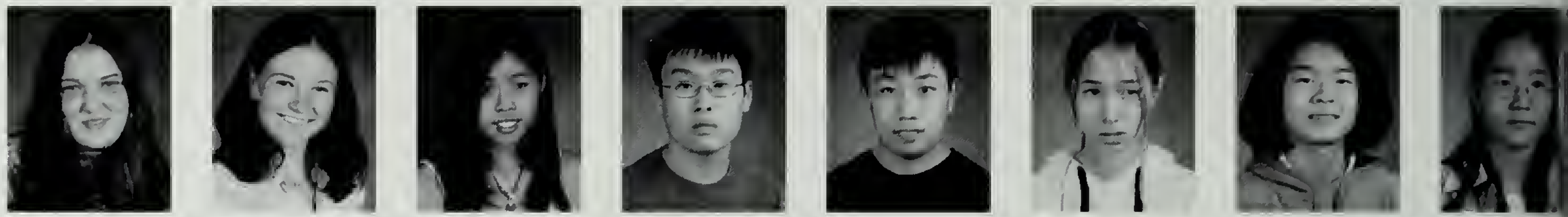
Jie Wei



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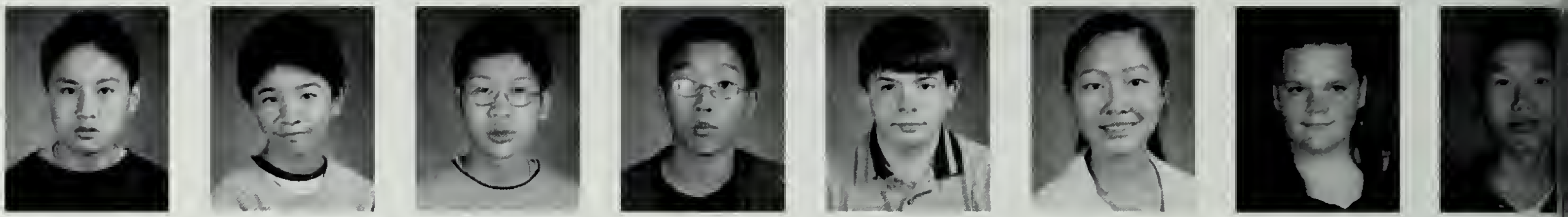
Wing Ki Wong



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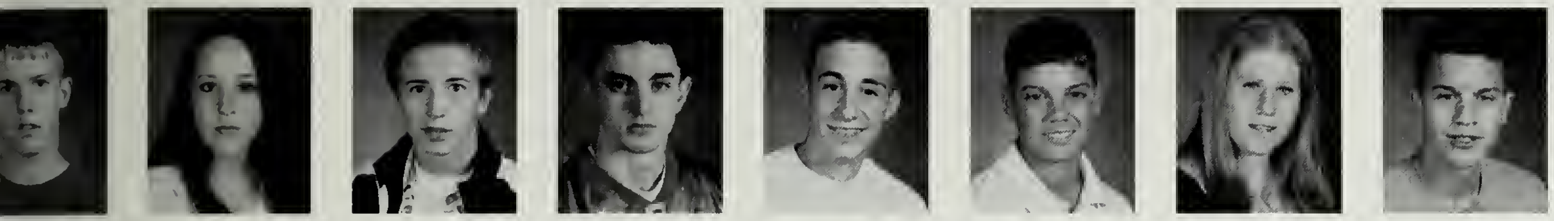
Kelvin Xu
Jacob Yanovich
Tina Yeung
Alyssa Young
John Yu

Chang Qin Zeng
Kenneth Zhong
Sabrina Zhou
Selina Zhou
Elbara Ziade
Jessica Zou

one please
that clothes
before i hit him
spoon.

Eric Adler
Julia Anderson
Eileen Ann
Paige Arrigal
Marissa Ayer
Lauren Ayers
Ashley Baker
Christopher Baker

Victoria Baker
Rachel Barrett
Andruecy Barros
Chris Batson
Kevin Beatty
Jillian Benn
John Benoit
Demarco Bias



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David Blaton
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Krista Brancaccio
Michael Browne

Michelle Budukiewicz
Christopher Burke
Alicia Buttomer
Keriann Cabral
Peter Cai
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Christine Caples
Michelle Capone

Donyelle Carmody
Jessica Cashman
Caroline Casper
Cliff Chan
Cynthia Chan
Michael Chan
Daniel Chase
Alexander Chen

Edward Chen
Henry Chen
Jessica Chen
Wenwen Chen
Louis Chin
Matthew Chin
Wei Chin
Diana Chiu

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Frederick Chow
Timothy Chow
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Sarah Chu
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Bridget Coleman
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Matthew Connors
Vasilios Constantopoulos
Colleen Conway

Michael Coronella
Kevin Croake
Michael Cronin
Roger Cufaude
Mark Cugini
Caroline Cunningham
Kelly Curran
Chieu Dang

Toi Dang
Laura D'Arcangelo
Arta Dashi
Eileen Deasy
Cori Decristoforo
Kimberly Dela Cruz
Maria Della Croce
Melissa Deren

Michael Desmond
Van Diep
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Natalie Djerf
Helen Do
Linh Do
Peter Dolbec
Francesa Donaghey

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Saralyn Donovan
Courtney Dotoli
Eric Doucette
Richard Doyle
Jonathan Drooks
Benjamin Dufrane
Elyse Duggan

Kaitlin Edgerly
Matthew Edgerly
Sarah Ellis
Kayla Empey
Stephen Eng
Mary Jeanne Famador
Po Shan Fan
Emmanuel Filandrianos

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Theodore Finnegan
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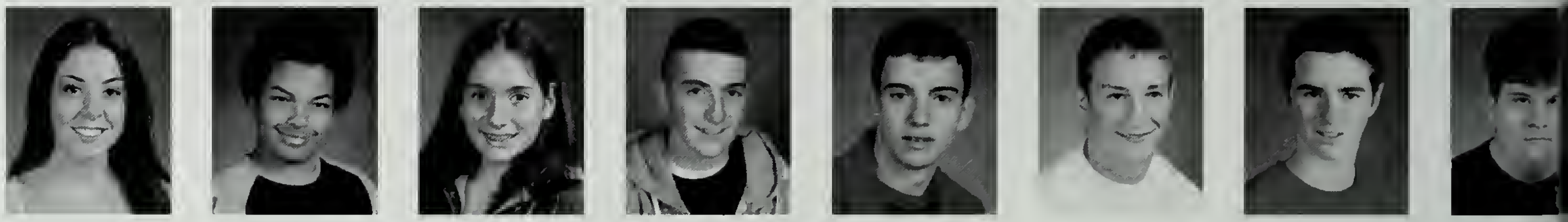
Dave Flynn
Caroline Fong
Alyssa Fontana
Brian Ford

Kathleen Forde
Joanna Fu
Jenna Furey
Rex Galecia
Joseph Gallant
Senan Gambon
Christopher Gannon
Cai Gao

Jian Gao
Kristen Garber
Jimel Garcia
Daniel Gardiner
Jennifer Gates
Lung Giang
Kevin Girard
Nicolas Gizzarelli

Katelyn Glynn
Joshua Grant
Christina Graziano
Michael Griffin
Richard Groves
David Guerriero
Matthew Guerriero
Christopher Guidaboni



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Jonathan Ha
Megan Hardee
Randy Harrison
Aimee Harrold
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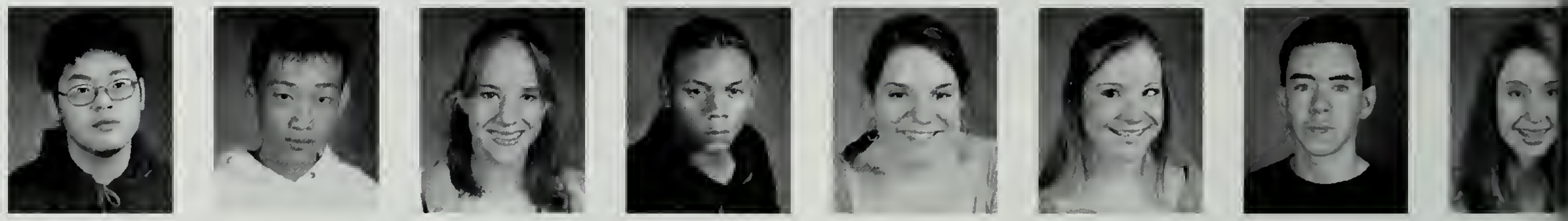
Michael Harter
Victoria Haskell



Megan Hawes
Michael Hayes
Lisa Ho
Margaret Ho
Andrew Hsia
Angela Hu
Adam Huang
Ivy Huang

Remington Huang
Simon Huang
Wendy Huang
Xiu Mei Huang
John Huerth
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Amanda Jackson
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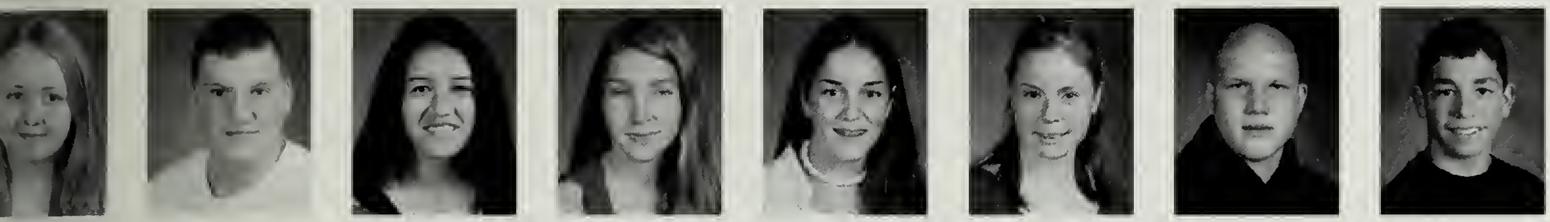

Erin Jones
Kiriakos Kalpakidis
Nitya Karki
Krystine Kelley
Amanda Kelly
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Madison King
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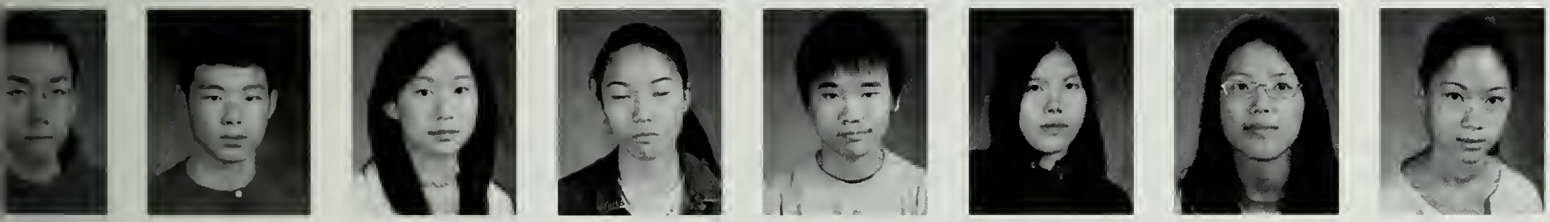

Aaron Li
Minjie Li
Mona Li
Tracey Li
Yan Li Li
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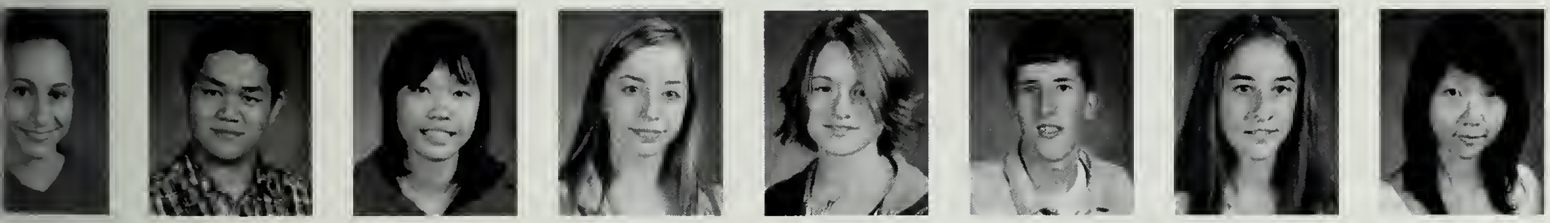

Marisa Luciani
Aeron Luy
Thanh Ly
Hannah Lynch
Miele MacMillan
Michael Macpherson
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Ping Ting Mai

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Melissa Mendall
Chance Miller

Trichelle Miller
Eric Moreschi
Catrina Morgan
Joseph Morris
Thomas Mou
Opal Muannuathong
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Joey Ngo

Nha Ngu
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Nhu Nguyen
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Nicole O'Neil
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Autumn Oster
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Olja Pulluqi
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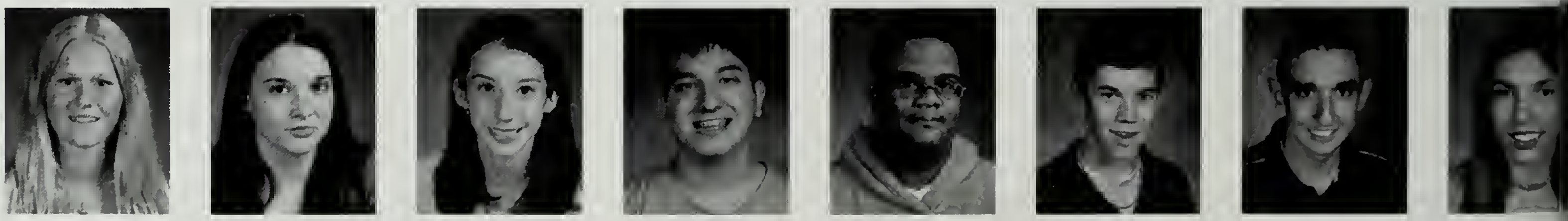

Kristin Reamer
Jessica Redfern
Kerry Regan
John Regas
Chadwynn Reid
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Chelsey Richardson
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Giandra Rivera
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Paul Rocheteau
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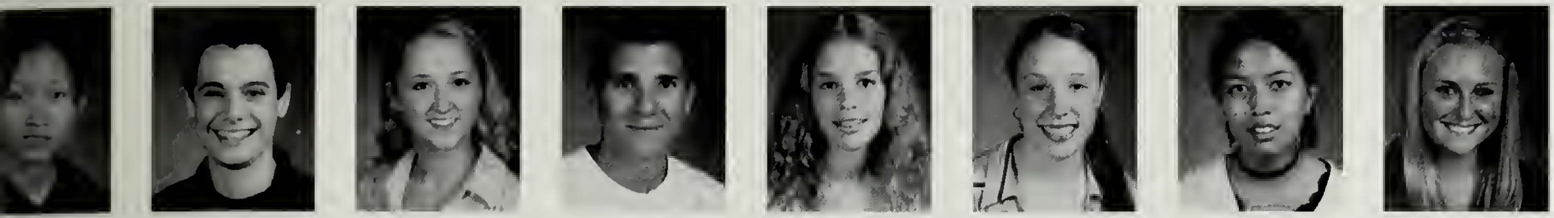
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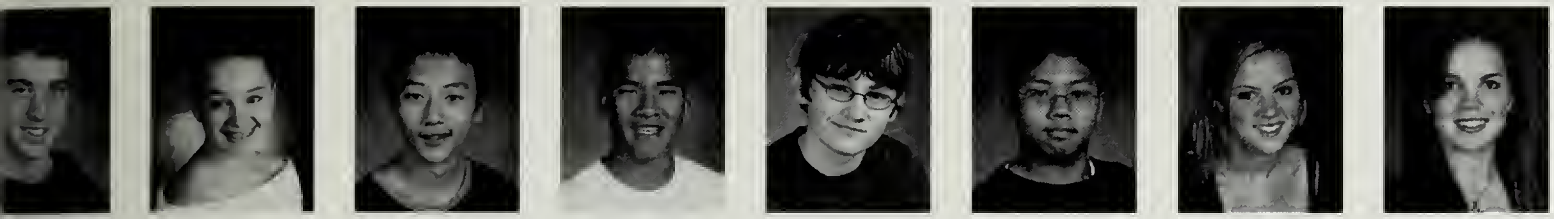
Lyndsay Shaughnessy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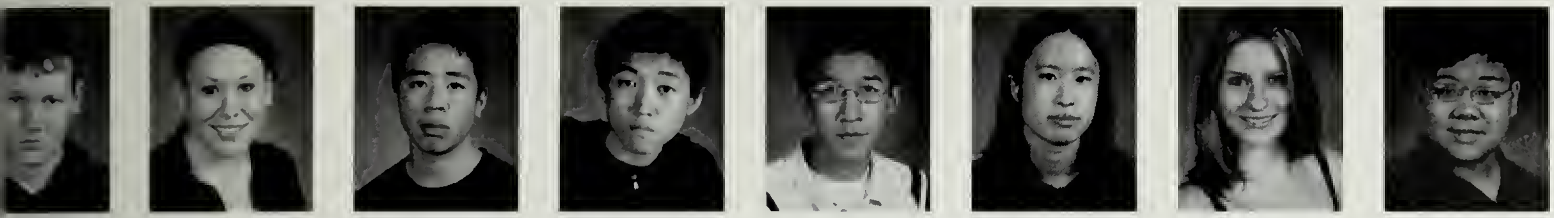
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Sarah Sullivan
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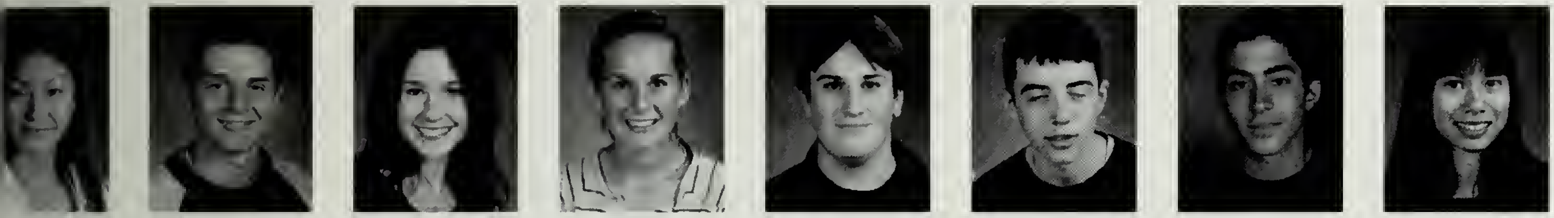
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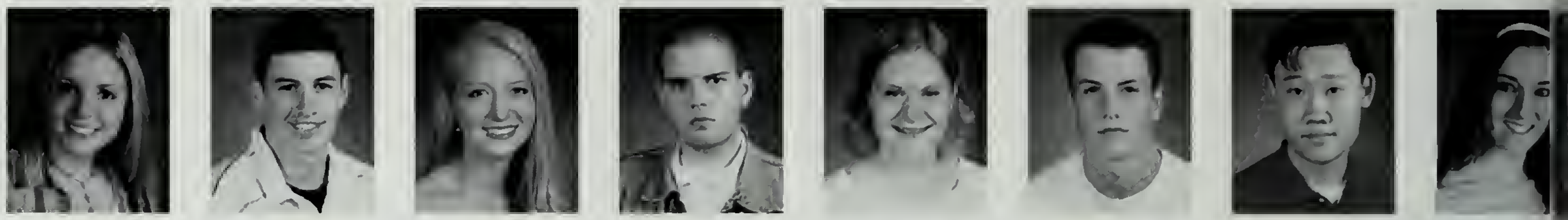

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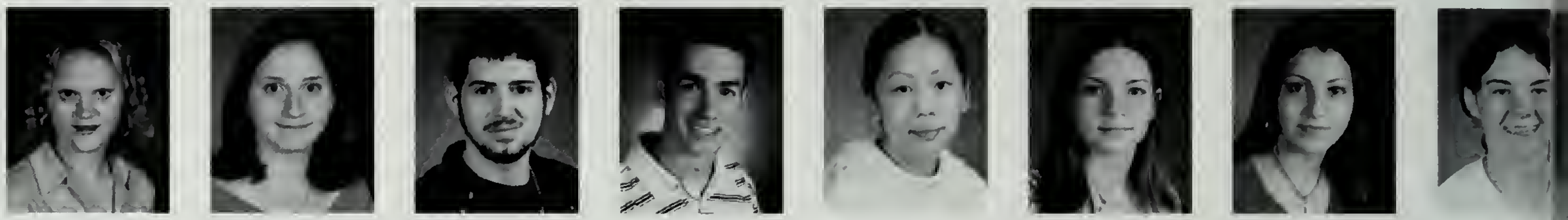
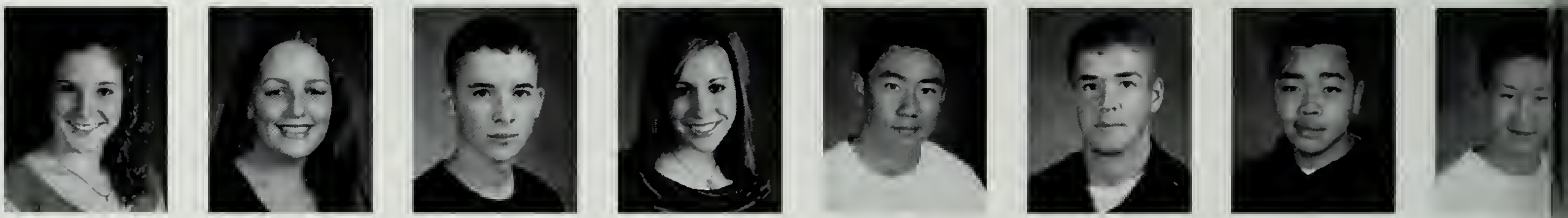
Sila Aydugan
Kelly Barden



Michael Barter
Ryan Barter
Irene Bell
Jeffrey Belovarac
Akil Benjamin
John Beswick
Meghan Beswick
Anthony Black

Johnny Black
Robert Blake
Joshua Brabazon
Erin Brady
Taylor Brean
Jesse Buckley
Krista Bun
Stephanie Buscher

Christine Cahalan
Kerri Calabraro
Thomas Callanan
Annmarie Campanale
Daniel Cen
Joseph Ceurvels
Allen Chan
David Chan



Kevin Chan
Patricia Chan
Yeung Sing Chan
Ada Chen
Qing Chen
Cynthia Cheng
Amanda Chiu
Edward Chow

Diane Chu
Joshua Clancy
Shannon Clark
Lindsey Clifford
Alison Colbert
Corey Coleman
Robert Connell
Andrew Connolly

Erin Connolly
Maria Constantopoulos
Claire Conway
Julia Cook
David Cordeiro
Kevin Cornell
Kyle Costa
Jill Cox

Carly Craig
Matthew T. Crissinger
Christopher Cutler
Shannon Dacey
Princess Damiron
Kimy Dang
Rachel Deangelo
Michelle Dennehey

Sean Dennehey
Jeremy Derusha
Jonathan Dickey
Chou Diep
Danielle Disciacca
Thuan Do
Paul Doherty
Robert Dolbec

Carla Donaghey
Victoria Donaghue
Andrew Donovan
Kevin Donovan
Paul Doolan
Mantas Dumcius
Deborah Dunstan
Binh Duc Duong

Tommy Duong
Brian Durant-Mahoney
Andrew Dwan
Jonathan Eaton
Imad Elkatrib
Nola Elliffe
Valentina Espinola
Nicholas Falbo

Frances Famador
Anna Fang
Joseph Ferris
Kristina Filozova
Emily Finn
David Finnegan
Amber Fish
Caitlin Fitzgerald

Thomas Fitzpatrick
Keryn Foley
Tommy Fong
Philippe Francois
Colleen Gaine
Kristen Gallagher
Chris Gannon
Christopher Garvey

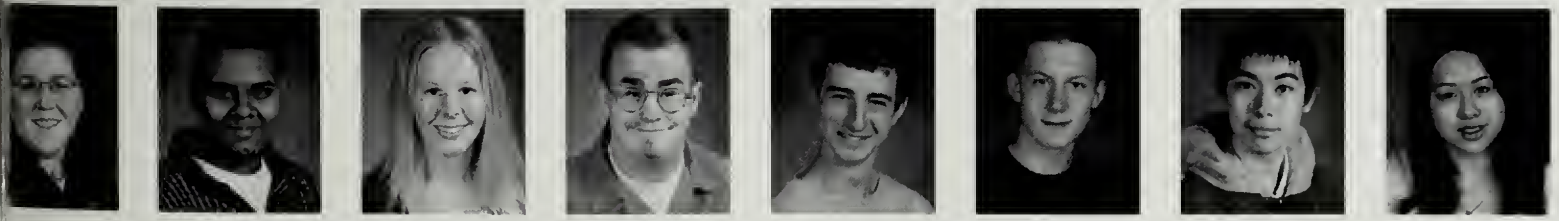
David Gates
Caroline Gillis
Robert Glynn
Victoria Golden
Kristina Govho
James Gribaudo
Allison Griffith
Marc Grimaldi

Justin Grimmel
Ryan Grimmel
Christine Guerrero
Brianna Hannon
Carla Haraska
Evan Harrington
Ryan Hawes
Donald Hayes

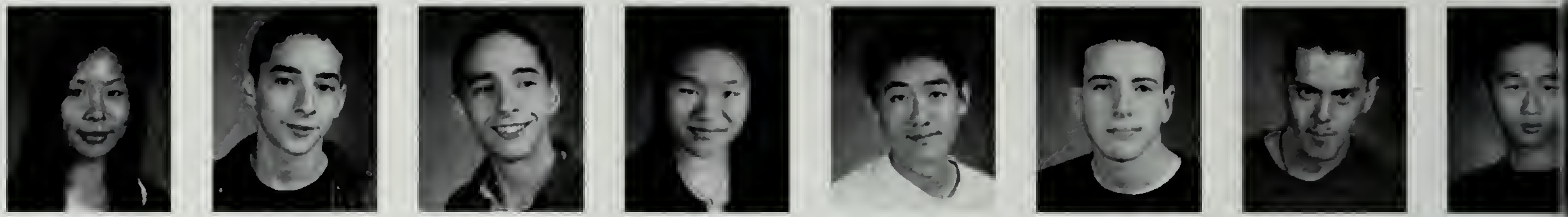
Abraham Ho
Jacky Ho
Mun Hong Ho
Joseph Howlett
Virginia Hsia
Kenny Hu
Bi Huang
Tony Huang

Sarah Hutchings
Andrea Jacobson
Alexa-Gail Jasey
Angel Johnson
Britney Johnson-Papile
Amanda Joyce
Sean Joyce
Kristen Keaney

Taylor Keenan
Peter Kei
Caitlin Kelly
Miranda Kelly
David Kennedy
Alex Kenney
Eric Kenney
Bryan Keough



Katherine Kern
Mohabir Khemraj
Deidre Kilcullen
Anthony King
Geoffrey King
John Kurpeski
Wai Mun Kwan
Julie Kwong



Angela Kyin
Joseph Kyle
Patrick Kyle
Joey Lam
Steven Lam
Dakota Lannan
Glen Lanphere
Christopher Lau

Peter Lau
Matthew Law
Joni Laze
Duong Le
Ngan Le
Krystal Leach
Robert Leahy
Elizabeth Leary

Alan Lee
Michelle Lee
Roger Lee
Shirley Lee
Tomxia Lee
Tuen Hung Lee
Anna Lei
Kitty Lei

Kayla Lenane
Amy Li
Anna Li
Man Chi Li
Miaoting Li
Tommy Li
Victor Li
Vincent Li

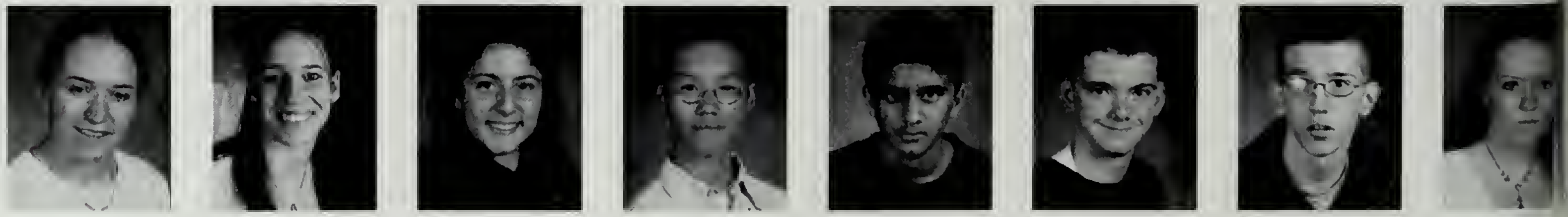
Johana Liang
Vicky Liang
Richard Likas
Xi Lin
Ashley Litif
Kristen Littlefield
Carol Lo
Raymond Lo

Kevin Lok
Harmon Losi
Keith Losordo
Andrew Loud
Benson Luc
Lisa Luo
Albert Luu
Jonathan Luu

Louwel Luy
Samantha Ly
Tina Ly
Erin Lynch
Mike Lynch
Nicole Lynch
Scott Lynch
Shaun Lynch

Theresa Lynch
Timothy Lynch
Wilson Mac
Matthew Madden
Nicholas Malames
Daniel Malone
Jessica Mann
Robert Mann

Kayla Martin
Alexander McCarthy
John McDonald
Meghan McDonough
Christopher McGue
Thomas McKenna
Gary Mei
Tony Mei



Caitlyn Miller
Lauren Milone
Deanna Mirabile
Dennis Mo
Nirav Modi
John Mollica
Stephen Moltmann
Milynda Mooney

Martin Morales
Gary Morin
James Morrissey
Willy Moy
Alice Mui
Holly Mui
Sean Mulkerrins
Jessica Mullally

James Mullaney
Jacquelyn Mullen
Erica Murphy
John Murray
Kristen Murray
Kevin Nee
Matrida Neli
Steven Nelson

Eric Ng
Ellen Nguyen
Hong Nguyen
Phi Tan Nguyen
Tom Nguyen
Van Nhi Thi Nguyen
Laura Norton
Carlos Ochoa

Elyse O'Connell
Kelly O'Connell
John O'Donnell
Michael O'Mahony
John O'Malley
Marlena Ostrowski
Kristjan Palushi
Taryn Passamonti

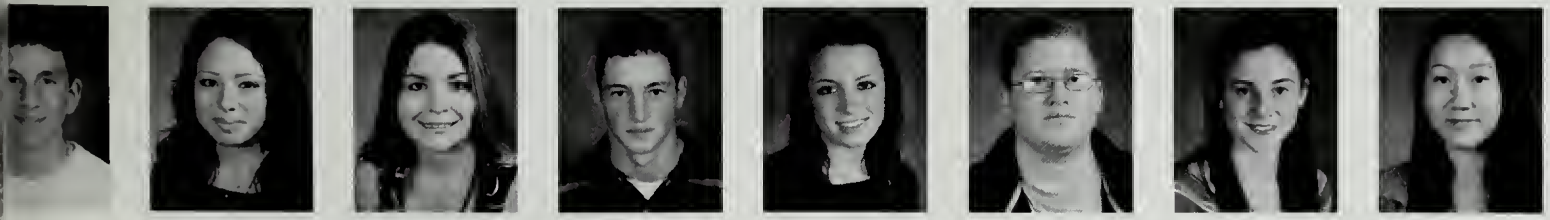
Heidi Patschke
Stephanie Pearson
Jennifer Petitti
Peter Phan
Roberta Phelan
Annie Phung
Jason Phung
Taylor Pierce

Jade Pina
Daniel Poggi
Thomas Power
Kerry Powers
Nora Qiu
Kayla Quinlan
Caroline Radzik
Zachary Reale

David Regan
Michael Regan
Jennifer Reidy
Sean Repetto
Lisa Rice
Scott Richards
John Ridge
Nancy Righi

Martin Rogers
Rebecca Rowland
George Ryan
Caitlin Saia
Ray Salazar
Jerald Samson
Michael Saville
Nathaniel Schow

Harvey Sham
Catherine Shaw
Jeffrey Shek
Erick Shields
Amanda Silverman
Erik Smith
Lotta Snowling
Victor Sok



Francis Sorrento
Karina Soto
Amanda Sousa
Stephen Spring
Rachel Stavros
Patrick Sullivan
Susan Sullivan
Jenny Tam

Yvonne Tam
Celia Tang
Christina Tang
Daniel Tang
Janet Tang
Livia Terezi
Henry Thach
Dylan Thornton

Eva Tili
Lisa Tran
Teresa Tran
Thanh Tran
Winnie Tran
Thuy Amy Truong
Brian Tsan
Ying Wai Tsui

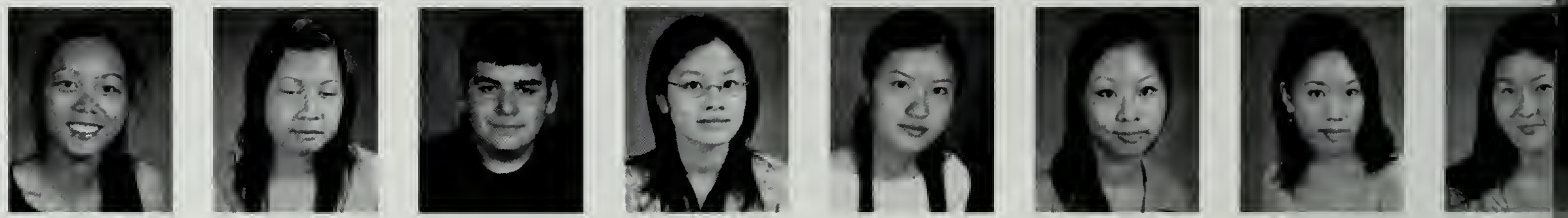
Benjamin Tubo
Alexandra Valli
Renee Vasquez
Daniel Villena
Daryl Vo
Nhi Vu
Anthony Walsh
Kerry Walsh

Andrew Wang
Connie Wang
Melissa Welch
Jennifer Wetherby
Lindsay Witham
Pornprapa Wiwatyukhan
Alvin Wong
Brian Lan Wong

Christina Wong
Francis Wong
Henry Wong
Jason Wong
Siu Lun Wong
Stephanie Wong
Stephen Wong
Tricia Wong

Wing Yin Wong
Danny Wu
Victoria Wu
Garry Yau
Joseph Yee
Kimberly Yee
Matthew Young
Janny Yu

Lindsy Yu
Mandy Yu
Justin Zahreddine
Xueying Zhao
Lan Zheng
Winnie Zhong
Nancy Zhou
Winnie Zhu

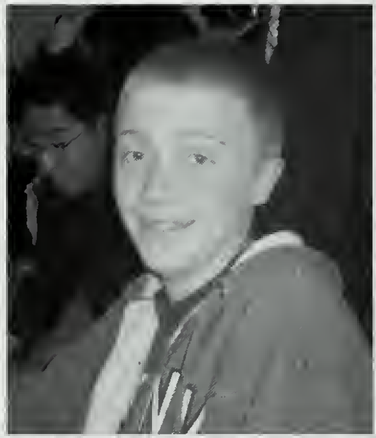


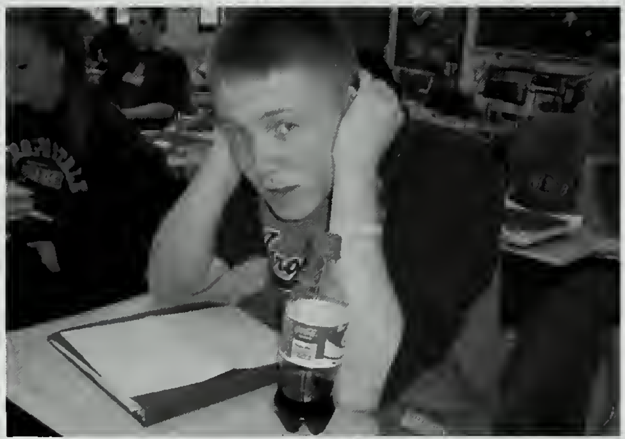
Ivy Zou

Underclass Candids

CALVIN KLEIN
JEANS DIVISION

Underclass Candids





Underclass Candids

BAM
OLD NAVY
NORTH QUINCY
2004
3.1415927

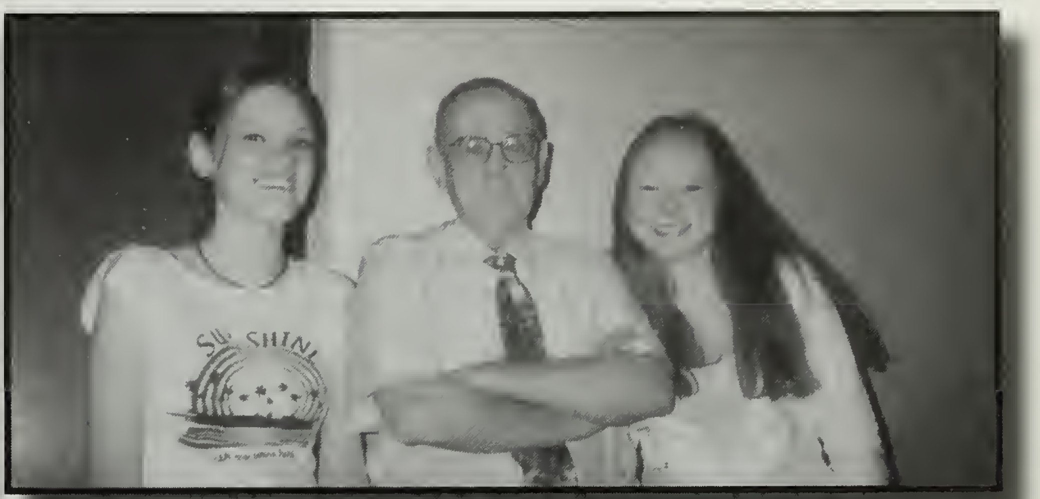
GU

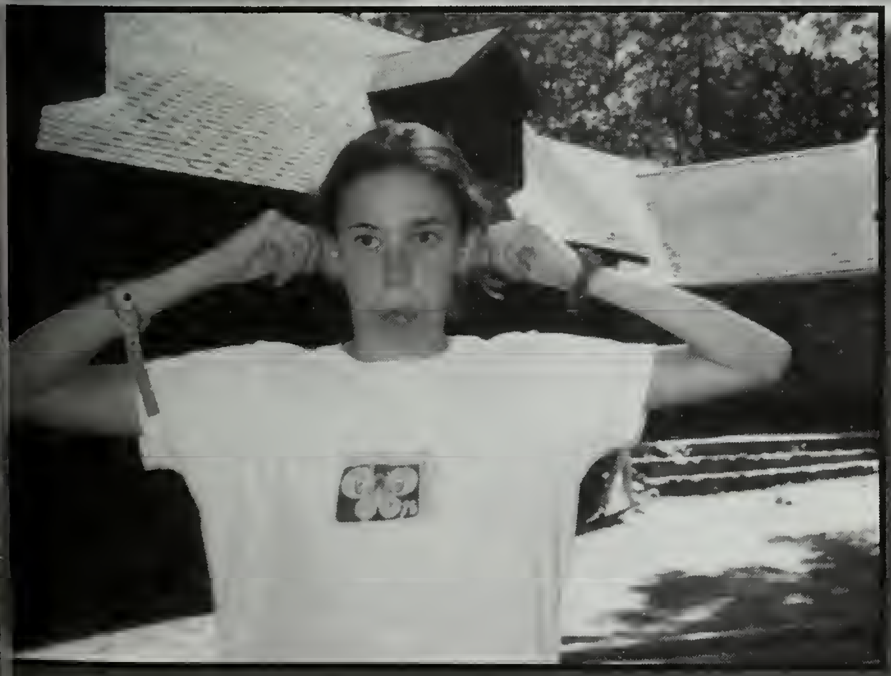
I am
2000
Junior
Drac

CAMP WIN
2000
CENTRAL M

NORTH
SARA
15

Friends Forever





Superlatives

Best All-Around

Alex Jorgensen & Sarah Goreham

Best Personality

Jessica Lawlor & Pat Casper

Best Eyes

Shawn Brown & Lauren Hamaty

Most Unforgettable

Tim Kennedy & Kerin Frawley

Most Athletic

Paul Graham & Sarah Goreham

Superlatives

Best Dressed

Long Lam & Kathleen Keohane

Best Looking

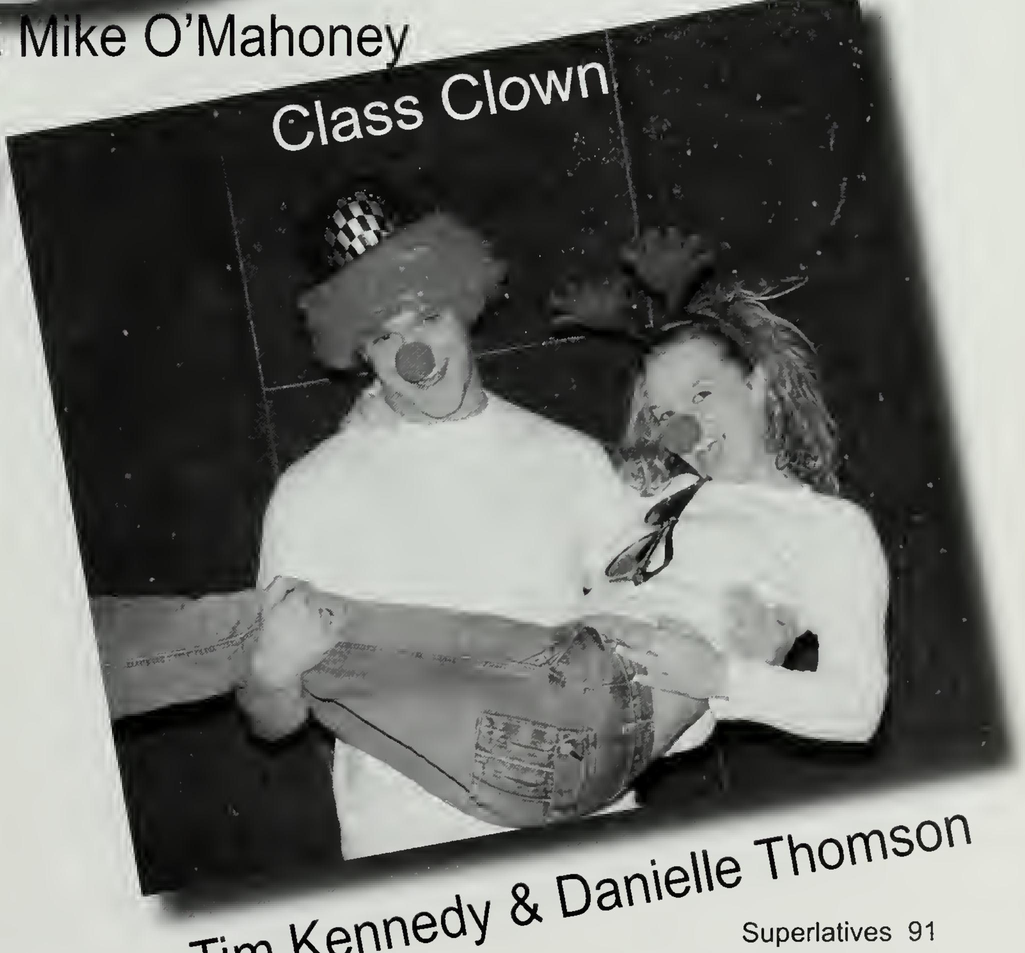
Kristina Penzo & Dennis Magaldi

Class Couple

Amy McDonough & Mike O'Mahoney

Class Flirt

rank McKenna & Rose Mac


Class Clown

Tim Kennedy & Danielle Thomson

Superlatives

Best Smile

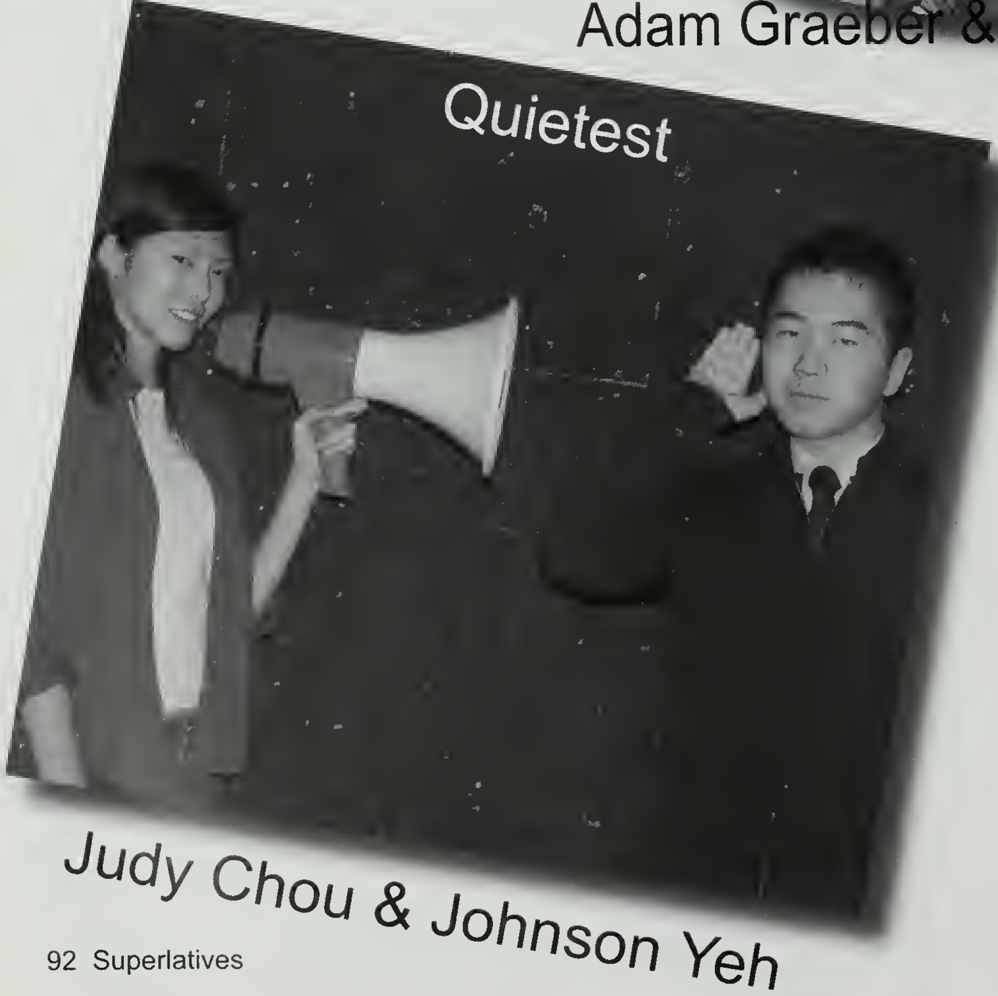
Paul Graham & Irena Zou

Best Laugh

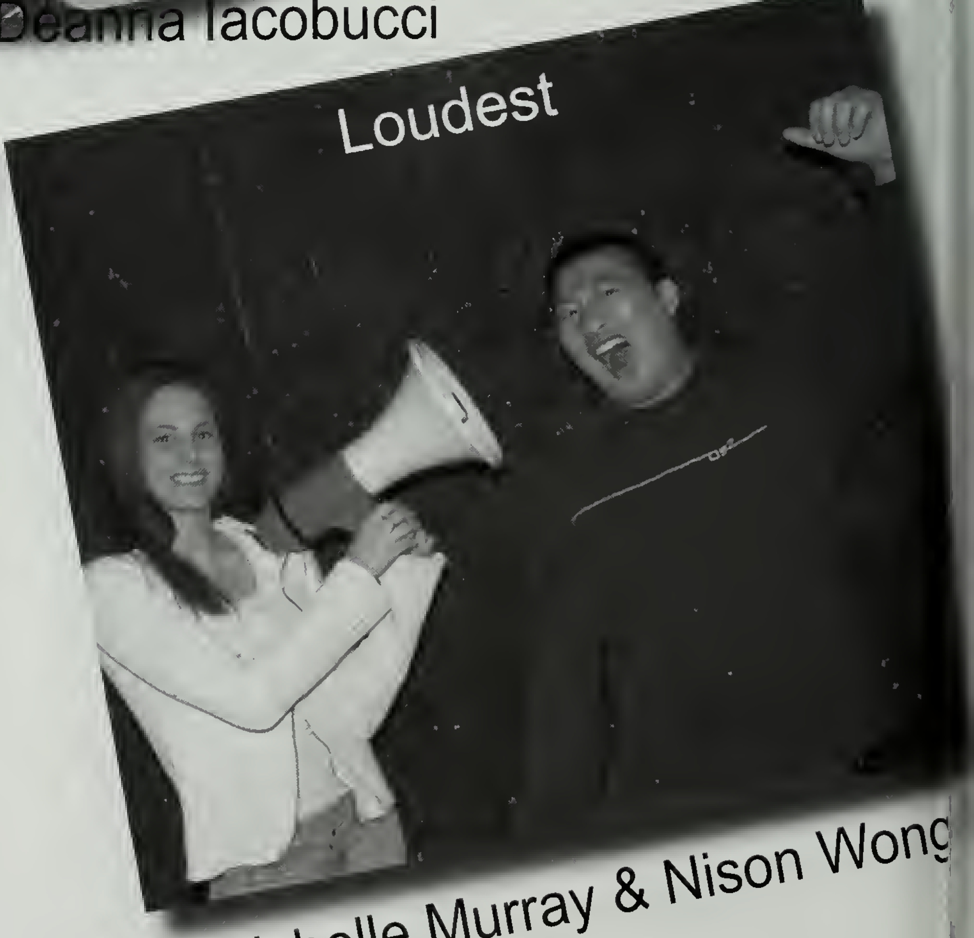
Chet Zingg & Christine Psota

Best Actor

Adam Graeber & Deanna Iacobucci

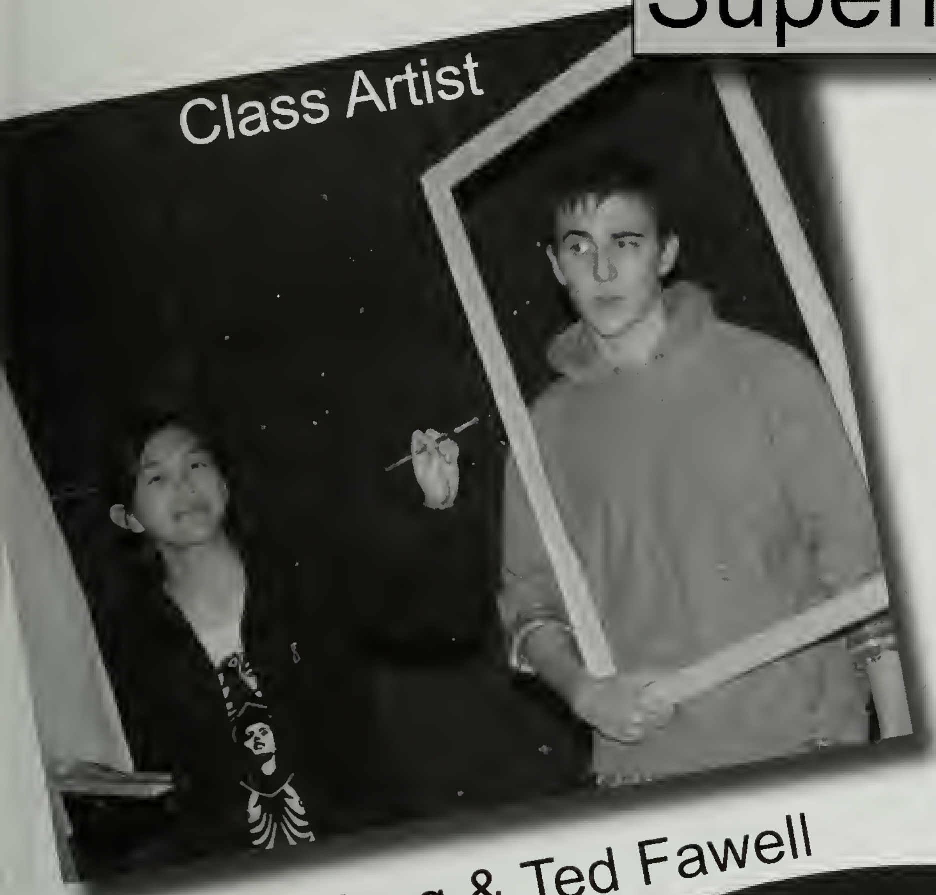

Quietest

Judy Chou & Johnson Yeh


Loudest

Michelle Murray & Nison Wong

Superlatives


Class Artist

Eva Yung & Ted Fawell

Most Musical

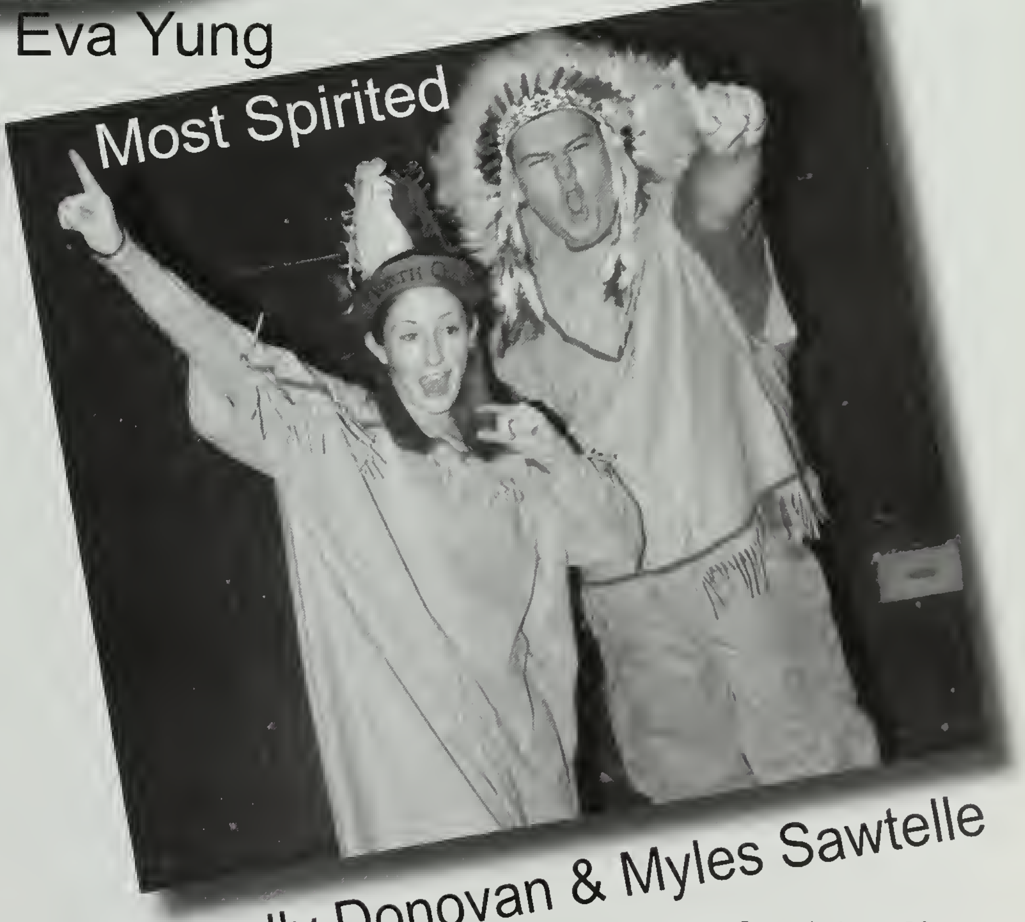
Pat Gethin & Valerie Ayer

Most Studious

Jason Wu & Eva Yung

Future NQHS Staff
Meghan Coughlin
Dean of Students
Mark Richards
Principal

ghan Coughlin & Mark Richards


Most Spirited

Shelly Donovan & Myles Sawtelle

Superlatives

Best Friends

Kristina Lee & Sharon Chy

Best Friends

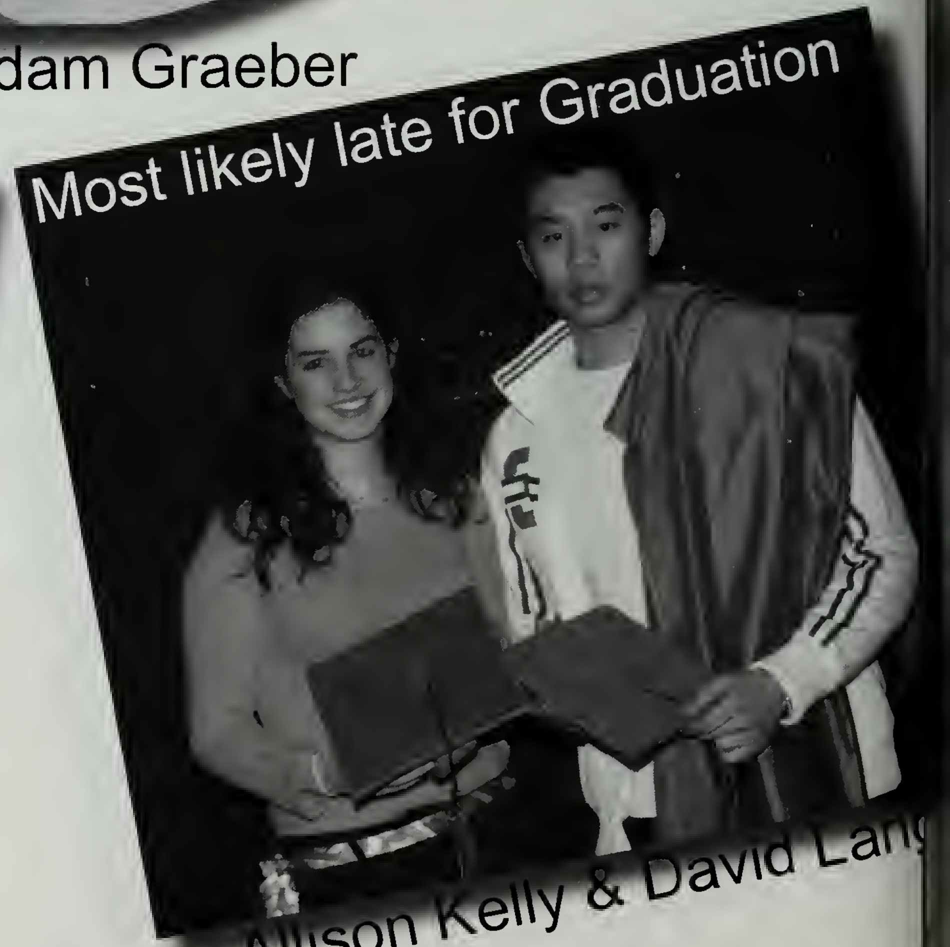
Jeff Hsu & Jason Cai

Most Likely to Succeed

Mo Ding & Adam Graeber

Best Car

Tony Thach & Cindy Lau


Most likely late for Graduation

Allison Kelly & David Lan

Clubs

Clubs and Activities

Academic Decathalon

North Quincy's Academic Decathlon Team earn
sixth and seventh place at the Massachuse
State Finals in 2004 and 2005 respective
Seniors who earned their academic letter for b
ing starters on the team show their N. Q. pri
They are from left to right Henry Lo, Rita War
Matt Palmer, Christina Lam, Adam Graeber, E
Yung, and Ted Muir. Mr. Donnelly is handing t
State Final Plaque to Mr Iaonilli for the Trop
Cabinet.

Alliance Against Racism

"The Alliance" was established in 1988 as part of the Civil Rights Unit of Norfolk County with the District Attorney's office.

The Alliance Board consists of one chairperson and eight student leaders. The Board works in collaboration with Ms. D'Arcangelo, the teacher advisor, who in turn works with the Norfolk County DA's office.

MAJOR GOALS OF OUR PROGRAM:

- Provide an understanding of prejudice and discrimination along with the harms they inflict upon individuals and society.
- Recognize our own and others' biases and take personal responsibility for combating prejudice and discrimination.
- Challenge the stereotypes and biases, causing conflicts between peers and help by providing techniques to come up with solutions to the problems in our schools and communities.

Ambassadors

School Ambassadors are student represen
tives chosen by the faculty who serve as liaiso
with the local community. They lead tours of t
building for middle school students, new studen
parents, and alumni groups. Additionally, they
involved in the planning of various open hous
and will speak at these events. Ambassad
serve as role models for their peers by displayi
outstanding academic and social qualities.

Clubs and Activities

Anime Club

re are many misconceptions about anime, or anese animation, due to the first phenomena nime seen in the U.S. These first impressions nime led many to believe that they were just oons, meant for children only. In actuality, ne includes a plethora of genres, underlying nes, plots, and subplots. They can be for dren, teenagers, and other mature audiences vell. Genres of anime include—but are not ed to—science fiction, romance, drama, edy, sports, and even cooking.

er than the entertainment value, there are y educational benefits of anime. Watching ne can show us cultural differences such urniture, clothing, religion, food, geography, ol customs, and many others. Themes in ne may involve philosophical or social issues sts convey their ideas through animation.

Art Club

This art club takes on large scale, community based group projects. The club is open to all students, not just those who take art classes. They have created award winning floats for the Quincy Christmas Festival for the past five years.

Art Gallery

Gallery Committee produces art shows ral times a year by creating and displaying ent generated art work. They deal with all cts of maintaining a professional gallery ding curating, advertising, matting framing, ling, arranging openings, theme selections, space maintenance

Clubs and Activities

Asian Culture Club

Asian Culture Club or ACC is a club that he people learn about Asian cultural values customs. In order to achieve this goal, ACC rects many social activities and events that h Asians become active within their community the same time, they are given an opportunit integrate into the great American culture.

Goals:

- To preserve Asian traditional values customs.
- To encourage Asians to be involved wi their society.
- To promote interest in Asian culture.
- To integrate Asians into American culture

Band

The band practices everyday and on Tuesday nights. It presents two concerts a year in the auditorium; one for the holiday season and one for the spring. The band plays at all rallies and football games and has been recognized as an outstanding marching band in the Quincy City Christmas Parade.

Book Club

The members of the book club have the op tunity to read a variety of books assigned b experienced members. Students discuss they have read and the things they learned reading the books they chose. The students divided into groups according to the books choose to read, and a member of the book goes around asking students about the book read and what they learned. During this students get to enjoy snacks while discussin book. The book club is a great way for stud to come in and make friends while learning discussing literature.

Clubs and Activities

Calculus Team

ents who take calculus compete in school olying the skills and concepts that they have d in class. The team competes at the New nd and the National levels. One of the two ed teams nationwide, the North Quincy High l Calculus Team has been ranked one of twenty in the United States.

Cinematography

Cinematography Club was reestablished this year. The members join forces every Thursday to put their heads together and work towards producing their next film. From week to week, the team of creative minds moves forward in writing, filming, editing and finally viewing their masterpieces. The Cinematography Club members are always full of imagination, witty humor, and of course a passion for filmmaking.

Concert Choir

lorth Quincy High School Concert Choir is a course that includes 75 to 100+ members. roup rehearses primarily during the school nd performs at concerts and community s. Men and women study and sing four- harmony choral works, including holiday , musical theater, spirituals, master works, nd popular music. No audition is neces- o be in the group. Members enjoy many , such as field trips, guest performers and festivals.

Clubs and Activities

Dance Team

The Dance Team at North Quincy High School was started in 2000. The team is now 17 members strong and focuses primarily on jazz and hip-hop. They meet two days per week all year to work on routines to be performed in various shows, school spirit rallies, sporting events and competitions. The dance team is comprised of talented young dancers who are hard workers and committed to working together as a team.

Debate Club

The Debate Club allows students to present their opinions on topics of their choice. Meeting once a week, the club discusses issues that have a two-sided controversy. The Debate Club provides a comfortable setting and open forum for student expression.

Clubs and Activities

Foreign Language Honor Society

The F.L.H.S. is compromised of members honored for their outstanding achievement and excellence in their language studies. To be eligible, students must maintain an honors average over a three year period in the same language at the high school level. The F.L.H.S. is both a cultural and service organization, with which several members serve as peer tutors.

Interact Club

The Interact Club is an organization to raise money and provide humanitarian services for children, senior citizens, the homeless, the disabled and anyone else who is in need of services. NQHS Interact Club works on several projects each year. Most of the service projects will serve the Quincy community, and one project will promote international understanding.

Clubs and Activities

National Honor Society

National Honor Society is composed of students who excel in scholarship, character, leadership, and service to school and community. It is an honor bestowed by the faculty and is awarded to students who have met the criteria. Before acceptance students must do an individual service project. The group undertakes a minimum of two major service projects each year.

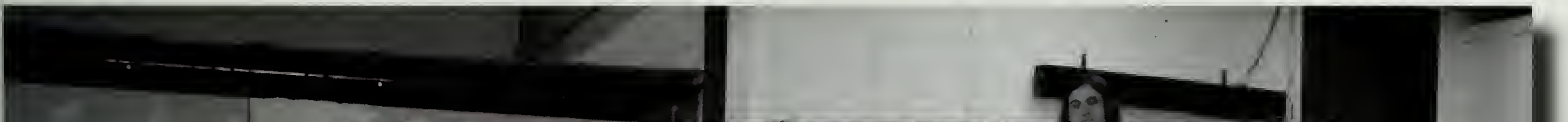
Operation Day's Work

Operation Day's Work is a national student run organization that funds an educational project in a poor, developing country each school year. We do volunteer work while raising money for a school in the country chosen so that two communities benefit. "Operation Day's Work" is partners with the United States Agency for International Development, better known as USAID.

Clubs and Activities

Philosophy Club

This group meets to discuss various philosophical fields of inquiry including: ethics, metaphysics, epistemology, human identity, aesthetics, government, science and progress, and other related topics. Classic philosophers are read and discussed as well as works in the popular culture that explore relevant philosophical issues.



Robotics

The Quincy Public Schools Team HYPER #69 is proud to be working with The Gillette Company as we begin our 10th year in the FIRST Robotics Competition. Our team is comprised of students from North Quincy High and Quincy High / Center for Technical Education, teachers, parents, and Gillette engineers, machinists, and executives. Team members may contribute to any part of the project whether it is robot design, playing field construction and maintenance, drivers, human players, the pit crew, or the Web page .

Clubs and Activities

Air Force Junior ROTC

The mission of AF JROTC program is to build better citizens for America. The goals of the program are to instill values of citizenship, service to the United States, build personal responsibility, and create a sense of accomplishment in high school students. The objective of AF JROTC is to educate, train high school cadets in citizenship, promote community service, and provide instruction in air and space fundamentals.

AF JROTC Seniors

Clubs and Activities

Select Choir

The '04/'05 North Quincy High School Select Choir includes 27 students carefully selected through auditions from the NQHS Concert Choir. The group rehearses in the evening and performs at concerts, community events and school system ceremonies. Challenging music is performed, including madrigals, spirituals and jazz, as well as choreographed show choir music.

Show Choir

The North Quincy High Show Choir dances and sings to music. The group performs at concerts and special events.

Clubs and Activities

Spanish Club

Members meet after school to expand their knowledge of Hispanic culture through food tasting, music, guest speakers, and field trips. From time to time, the club does fundraising to help a Hispanic country in need.

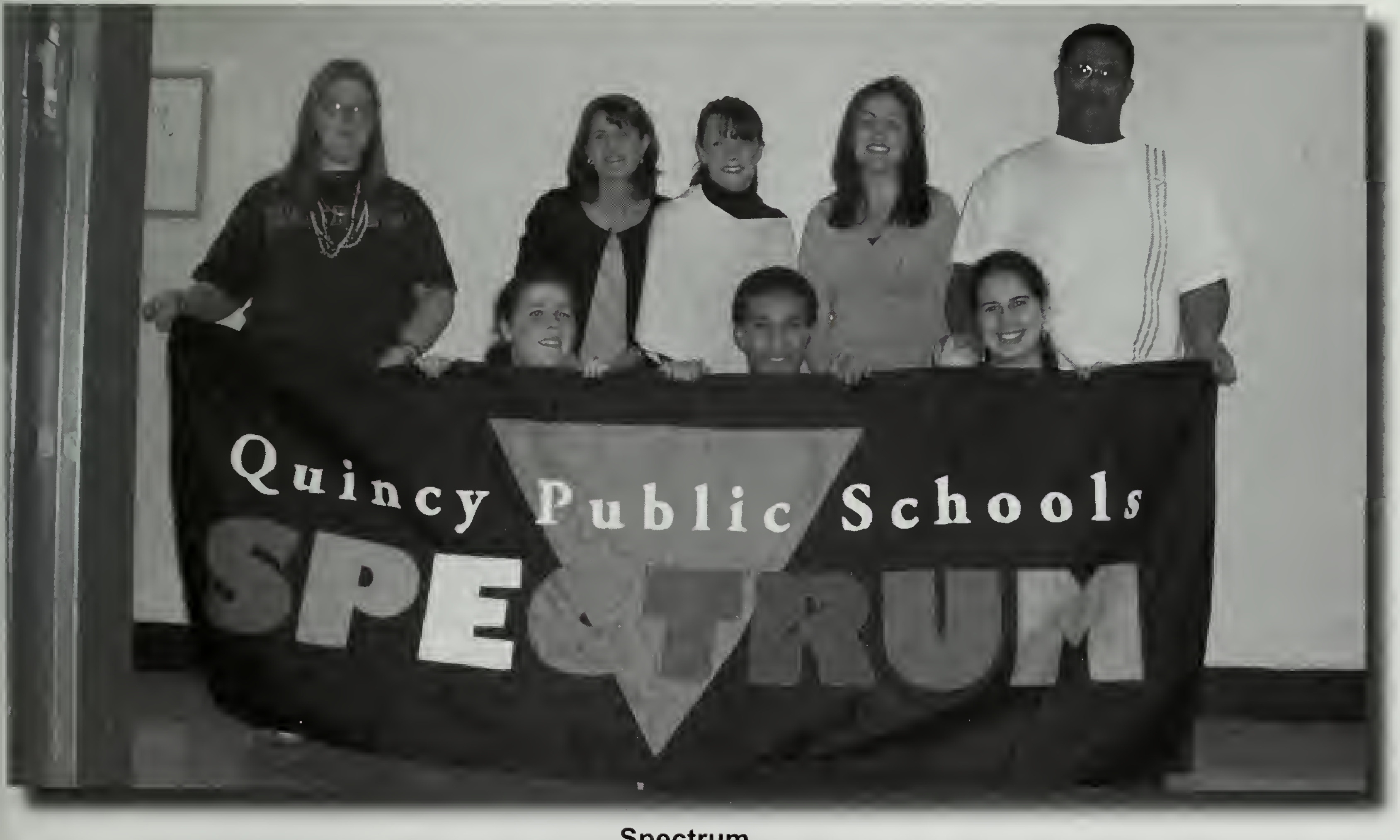
Renaissance

Renaissance, under Ms. D'Arcangelo, includes areas of art, dance, instrumental, photography, theatre and voice. All interested students must either audition for a performing arts major or submit a portfolio for a visual arts major. All students will pursue their major area while they study other creative arts courses for two days each week. The goal of the Renaissance program is to provide an environment for talented and gifted learners who possess unique gifts and who need to be challenged creatively, intellectually, emotionally and physically.

Clubs and Activities

Thomas Jefferson Forum

The Thomas Jefferson Forum is an extracurricular organization that promotes volunteerism in the community. The goals and objectives of the Thomas Jefferson Forum are to provide volunteering opportunities to high school students and to acknowledge those who contribute to their community. In joining, a member realizes the benefits of becoming a volunteer and the rewards gained when giving back to the community.



Spectrum

Spectrum began in 1994 when students suggested that adolescents who are gay or lesbian could use support in school, because they are at greater risk for emotional difficulties and harassment. Our goal has been to provide that support and to promote tolerance and understanding.

Clubs and Activities

Patient Care

This is a two year program for students who would like to explore the healthcare industry. After receiving adult, infant, child CPR and 1st year certification, the student will then move into a supervised setting at Quincy Medical Center or a long term care facility. At the end of the student's junior year, the student is prepared to successfully complete the certified nursing assistant exam.

Drama Club

North Quincy High School's Drama Club is an extracurricular organization that provides opportunities for students to participate in and learn about every aspect of the theatre. Some of the areas in which students may become involved include: set design, stage lighting, set construction, backstage management, auditioning, and acting. The Drama Club produces two plays each year—a fall production and a spring production. Also, Drama Club members may take part in field trips to theatrical productions which are offered throughout the year.

Clubs and Activities

QUINCY LEO CLUB
LEO
BRYANT
VARSITY

Leo Club

We are the North Quincy High School branch of the Quincy LEO CLUB, the adolescent arm of the Lions Club. We are a group of student volunteers who perform community service. Through our involvement in community services, we have the opportunity to develop organizational skills, individual qualities of leadership, and working relationships with local and national citizens and businesses.

DROP
MURPHS
OLD NAVY

Club Candids

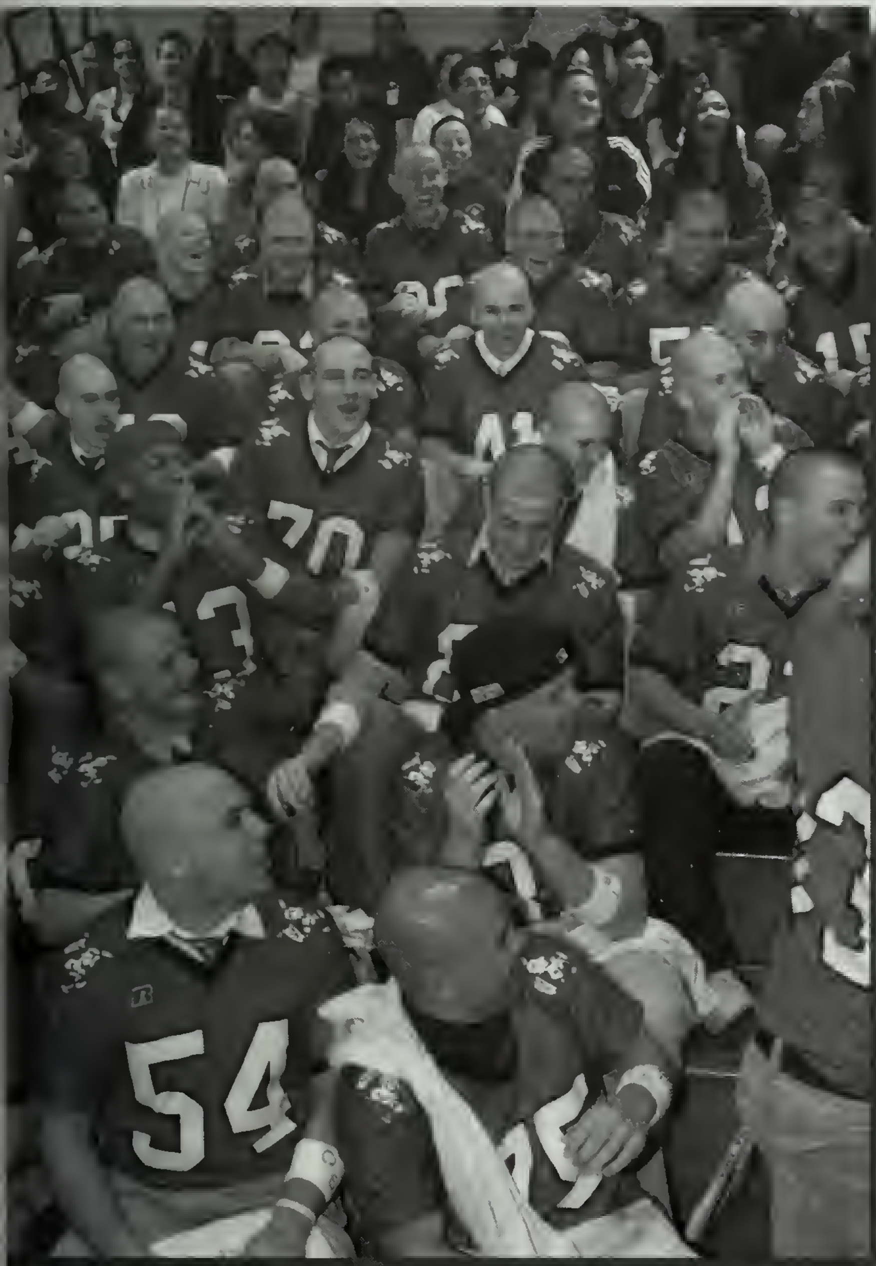
Quincy Public S
First Robotic
Team HYP
Helping Youth
ngineering &

Quin Public Schools
SPECTRUM

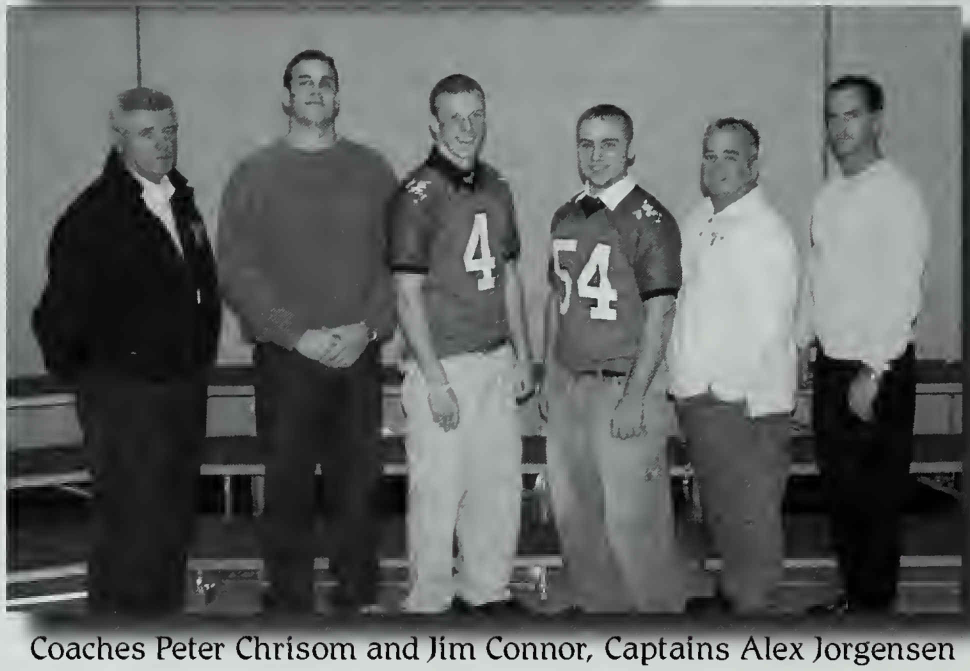
Sports

7
NQHS
QUINCY
NOR
QUINC

Turkey Day & Rally



Football

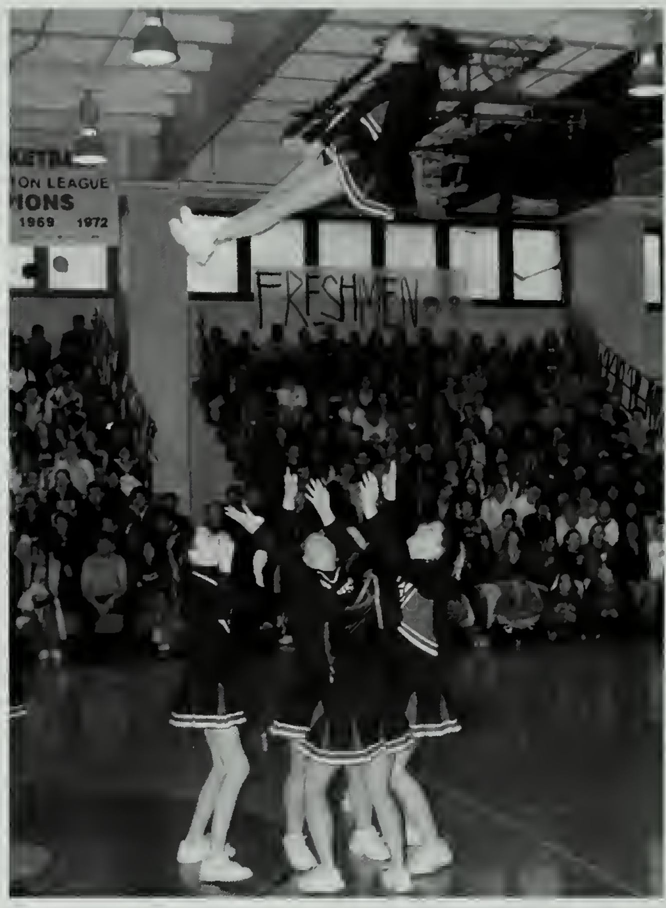


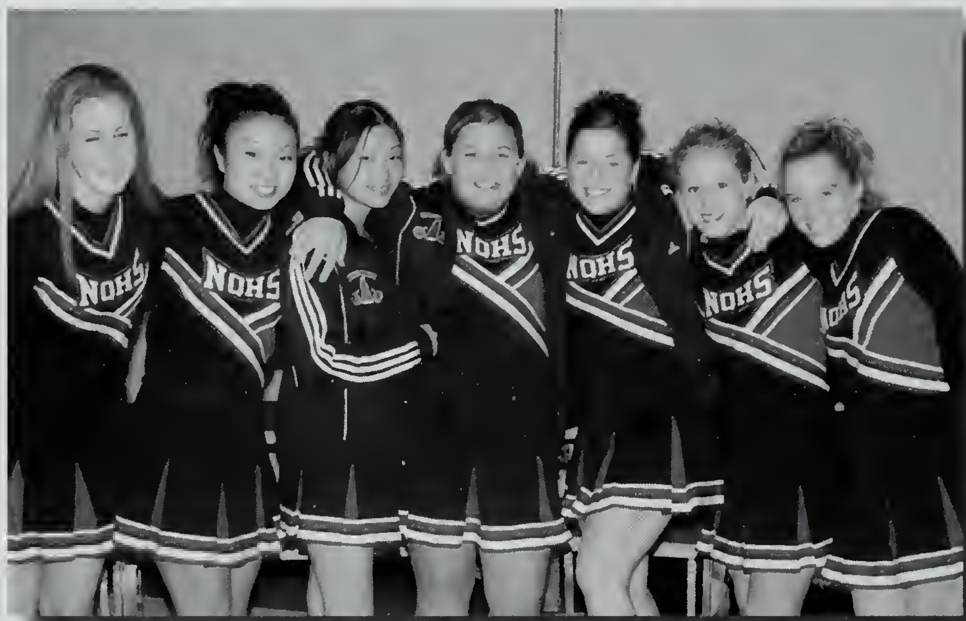
Coaches Peter Chrisom and Jim Connor, Captains Alex Jorgensen and Rich Russo, Coaches Louis Marcucci and Bill Shaughnessy.

Seniors: Reid Larson, Ross Pasquantonio, Piya Wiwatyukhan, Alex Jorgensen, Rich Russo, Graham, Tim Kennedy, Domenic Poli, Stephen Drago, Ryan Kyle, Nison Wong, Paul Fasoli, Bre Linnane, Alex Tringale, Kris Borgendale, Jonathan Griffith, Robert Gardner and David Dje

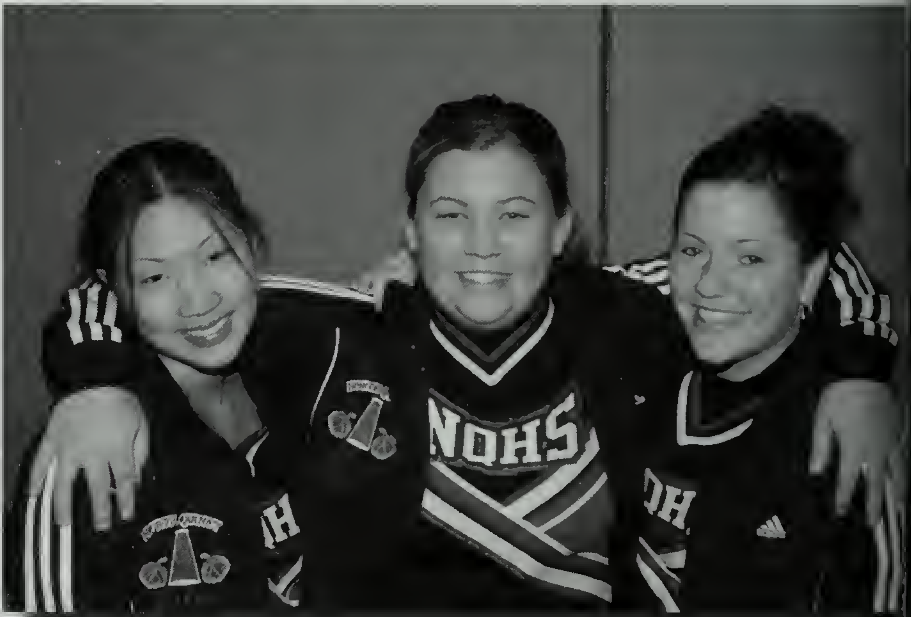
Alliance Against
RACISM
Football
NQ
NORTH QUINCY FOOTBALL
ROBOTICS
CHAMPIONS

Cheerleading





Seniors: Kayla Brancaccio, Nancy Yee, Julie Zhen, Zoa Varner, Korey Verhault, Kaitlin Vey and Danielle Thomson.



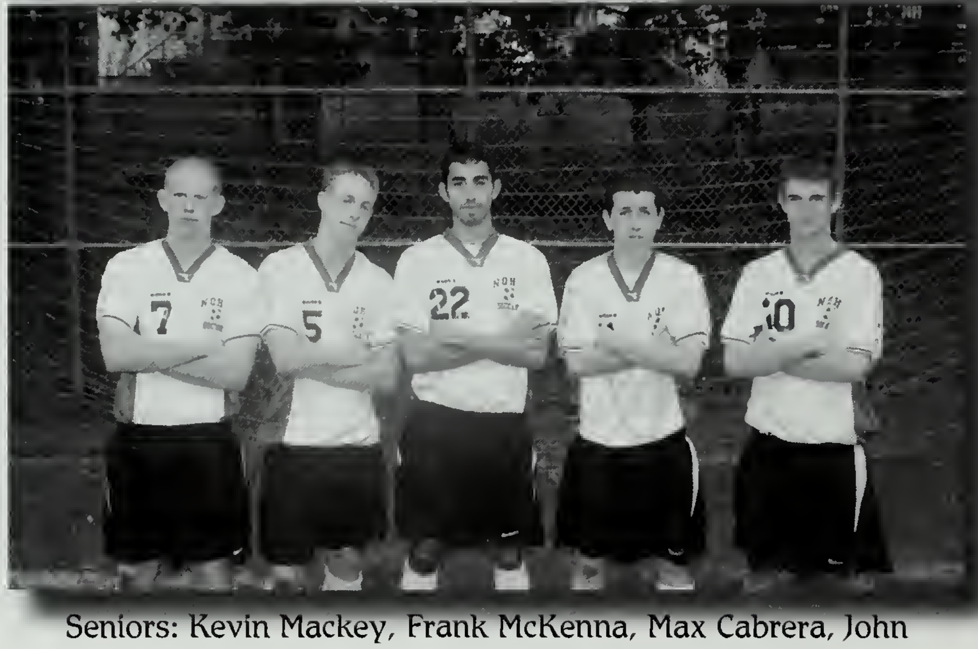
Captains Julie Zhen, Zoa Varner and Korey Verhault

Girls Swimming

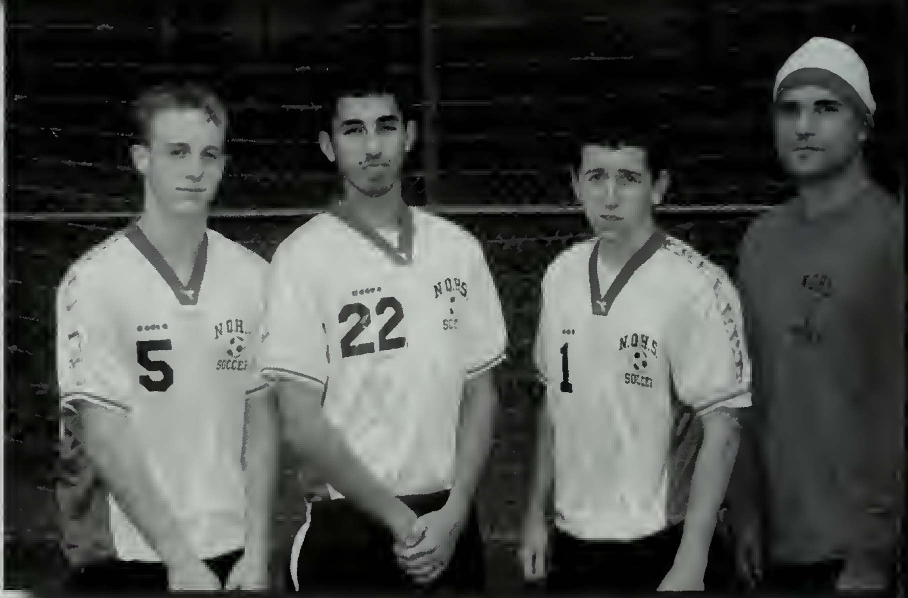
ptains Michelle Tuori, Paula Morgan and Lynn Gilbody and Coach Murtagh

Seniors: Alison Kelly, Cailin Driscoll, Michelle Tuori, Paula Morgan and Lynn Gilbody

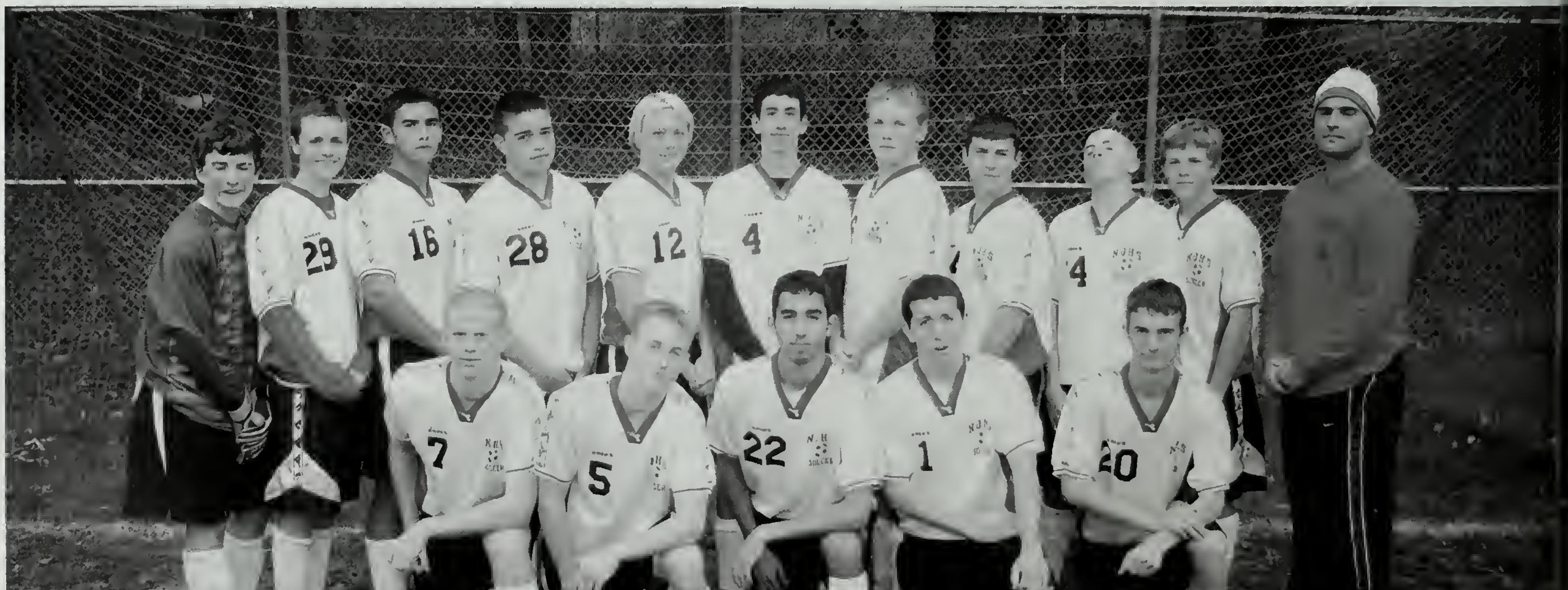
Boys' Soccer



Seniors: Kevin Mackey, Frank McKenna, Max Cabrera, John Fitzgerald and Tom Ross.



Captains Frank McKenna, Max Cabrera and John Fitzgerald and Coach Tom Giatrakos.



Girls' Soccer

: Shawna Kennedy, Molly Griffin, Kathleen Frawley, Eileen Price, Kristina Penzo, Amanda Caitlyn Peters, Christine Benoit. Second Row: Shelly Donovan, Kerry Clifford, Allison Couglin, Coughlin, Erika Djerf, Vicky Markhard, Shauna Kelly, Kerin Frawley. Third Row: Julie Holleran, mpos, Julia Berberan, Sarah Kennedy, Caileen Coleman and Jena McEachern.

Coach Paul Bregoli and Captains: Caitlyn Peters, Kristina Penzo, Amanda Saylor and Eileen Price.

Boys' Cross Country

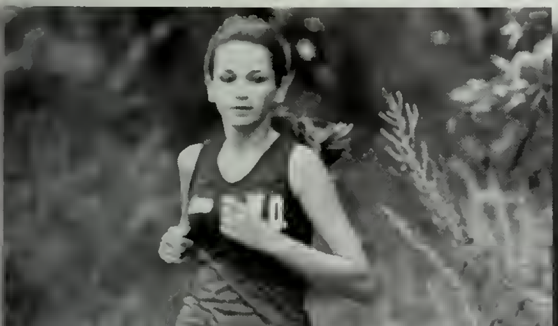
Coach Geoff Hennessey, Justin Nguyen, Christopher Mercurio and Coach Andrea Bomar.

Justin Nguyen, Christopher Mercurio and Eric Wilson.

Girls' Cross Country

Coach Geoff Hennessey, Kayla Martin and Coach Andrea Bomar.

Caitlyn Dow, Kristin Berry and Cindy Chu.



Boys' Golf

Captain Robert Newcomb and Coach Richard Hutchins

Senior Captain: Robert Newcomb

Girls' Volleyball

eniors: Marilia Pereira, Jenny Wong, Kim Nguyen, Alicia uang, Kendra Ciccone, Kristin O'Toole, Kerrilyn Downs, Sarah Goreham, Christina Forde.

Captains Alicia Huang, Kendra Ciccone, Kristin O'Toole and Coaches Chris Dolan and Jim Rendle.

Boys Basketball

Senior: Robert Gardner

Captains: Robert Gardner, Kyle Costa and John Murray with Coach Jim Rendle.

Girls Basketball

Head Coach Doug Macfarlane, Captains: Caitie Peters, Shauna Kelly, Sarah Goreham and Coach John Macfarlane.

Amanda Saylor, Caitie Peters, Shauna Kelly, Sarah Goreham, Meghan Coughlin, and Katelyn Mark.

Boys Hockey

Seniors: Bob Newcomb, John Clark, Bryan Donelin, Steve Maggio, Pat Casper, Paul Graham, Matt Haskins, Paul Fasoli and Dennis Magaldi.

Coach Fatseas, Captains: Paul Graham, Andrew Donovan ar
Pat Casper. Head Coach Robert Doyle and Coach Sean Verme

K OF C CHRISTMAS TOURNAMENT
DEC 26 TO JAN 2
QYH
BANTAM-A
MIDGET-A
TIER II
STATE CHAMPS
2003 - 2004
QYH
SQUIRT-A
TIER II
STATE CHAMPS
QYH
BANTAM-A
TIER II
STATE CHAMPS
QYH
SR. WOMEN
DIVISION B
STATE CHAMPS

Girls Hockey

ach Bo Shaughnessey, Captains: Marissa Deegan, Julia Berberan, Marissa Powers and Head Coach Laura Prisco.

Seniors: Elizabeth Moskofides, Marissa Deegan, Julia Berberan, Jessica Godfrey, Marissa Powers and Adrienne Doucette.

Boys Winter Track

NORTH QUINCY

NORTH QUINCY
TRACK

Seniors: Reid Larson, Justin Nguyen, Alex Jorgensen and Richard Russo.

Coach: Peter Chrisom, Captains: Reid Larson, Justin Nguyen, Alex Jorgensen and Richard Russo and Coach: Jason Bialka

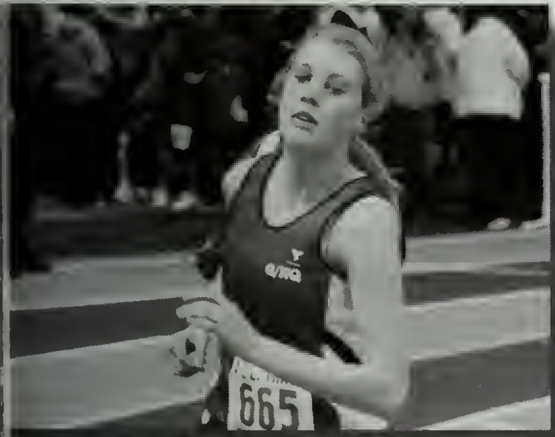
NORTH QUINCY
TRACK

Girls Winter Track

RED RAIDER ATHLETICS
658
673

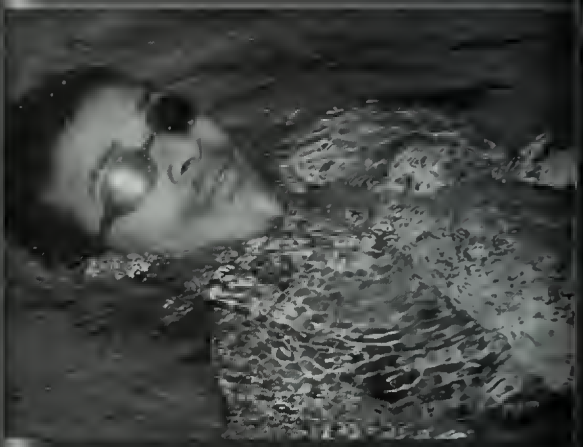
tains: Paula Morgan, Christine Benoit, Coach Jeff Hennesey, Eileen Price and Molly Griffin.

Front Row: Paula Morgan, Nancy Yee, Julie Holleran, Caitlyn Dow and Cindy Chu. Back Row: Christi Haines, Jaclyn Harty, Christine Benoit, Jackie Watkins, Ali Coughlin, Molly Griffin and Eileen Price



Q/NQ
A.C.C. TRACK
697
WINTER 04-05

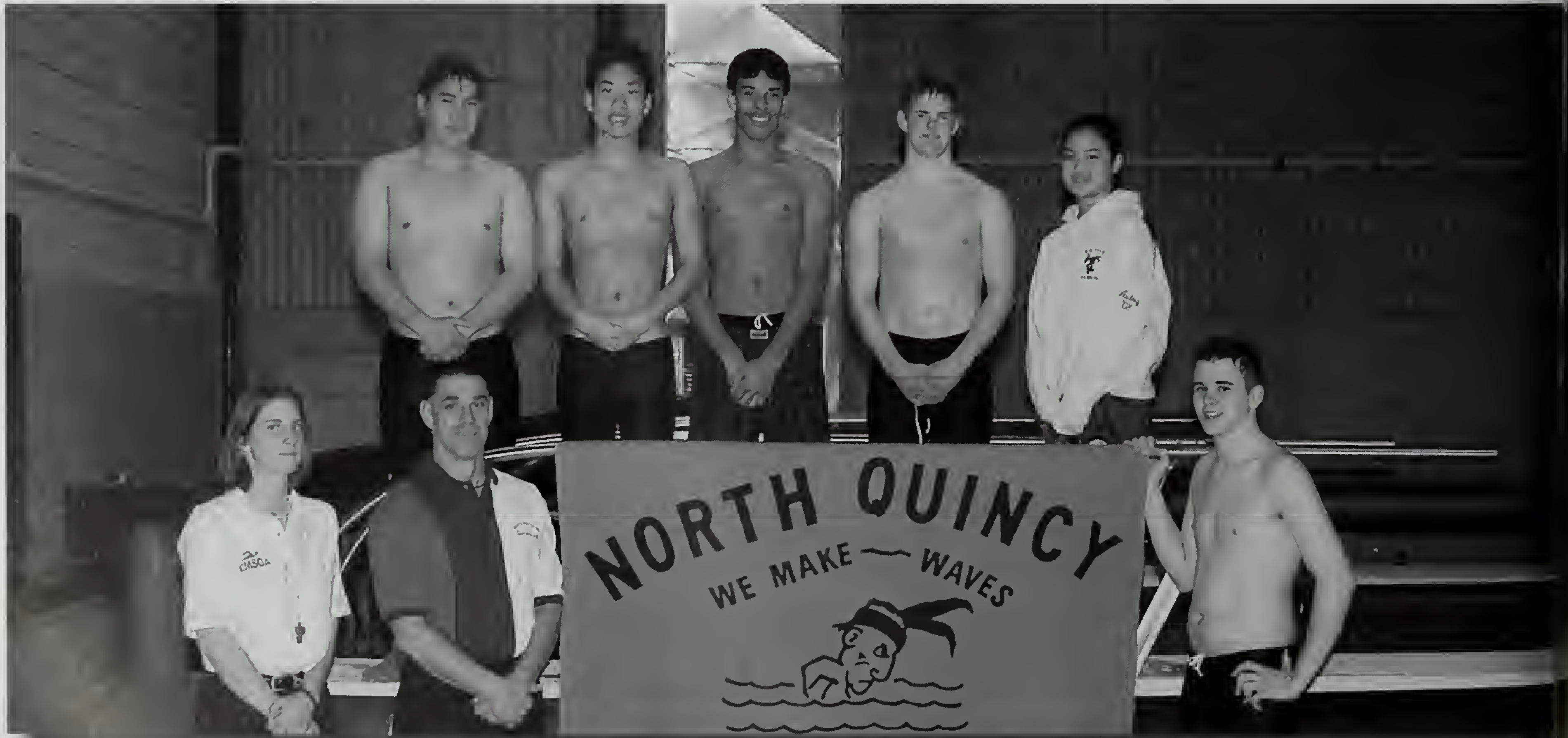
Boys Swimming



ORTH QUINC
WE MAKE — WAVES
SWIMMING

Head Coach: Chris Murtagh and Senior Captain Mike Nee.

Senior Captain Mike Nee.


NORTH QUINCY
WE MAKE — WAVES

NQHS
WRESTLING

Senior Captains: Eric Tso and Jeff Hsu.

Coach: Dan Regan, Captains: Eric Tso, Jeff Hsu and Coach Nick Erban.

Boys Tennis

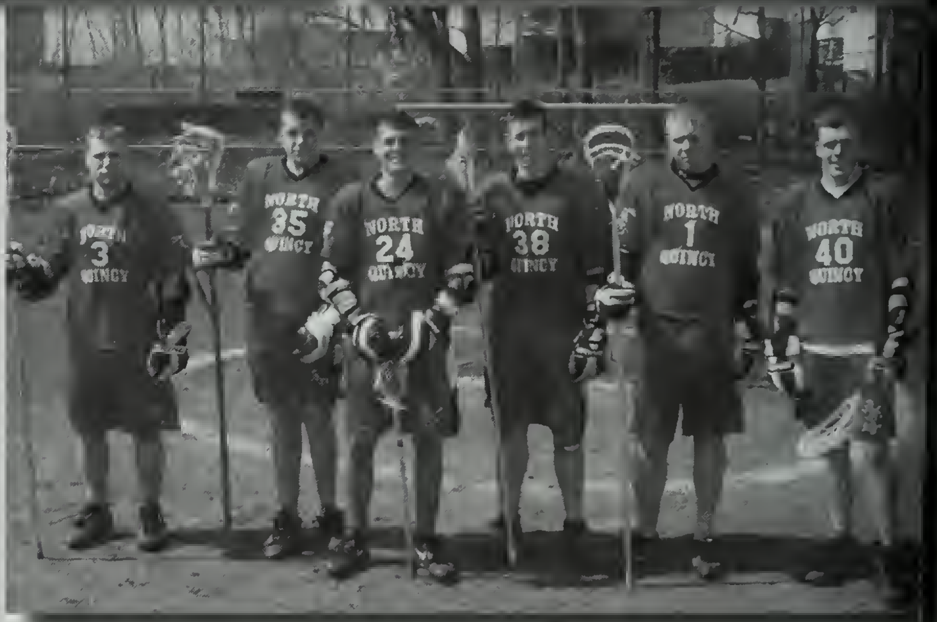
NOHS
TENNIS

Senior Captain Brian Sorensen and Coach Jonathan Civitella

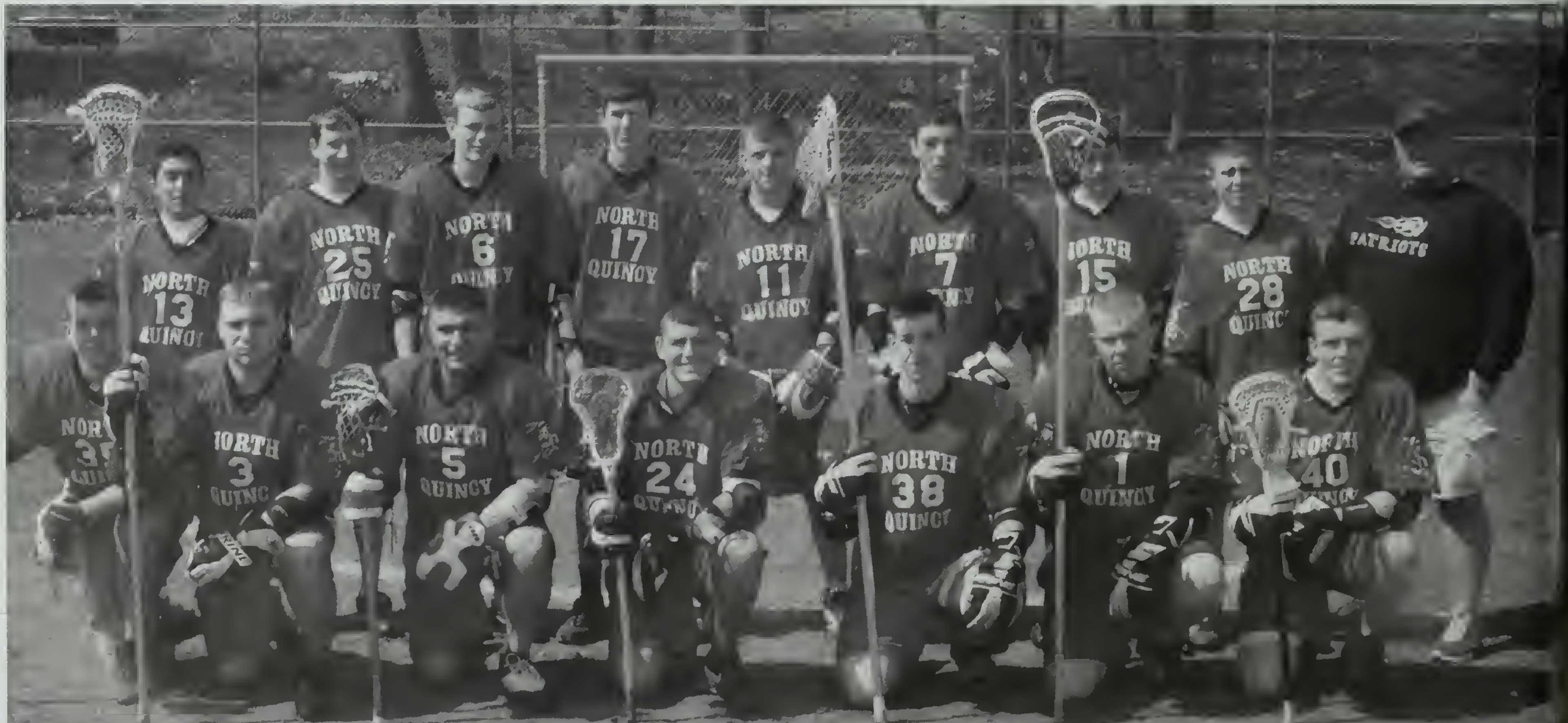
Girls Tennis

Captains Winnie Wiwatyukhan and Yvonne Tam and Coach Nancy McGrory

Boys Lacrosse

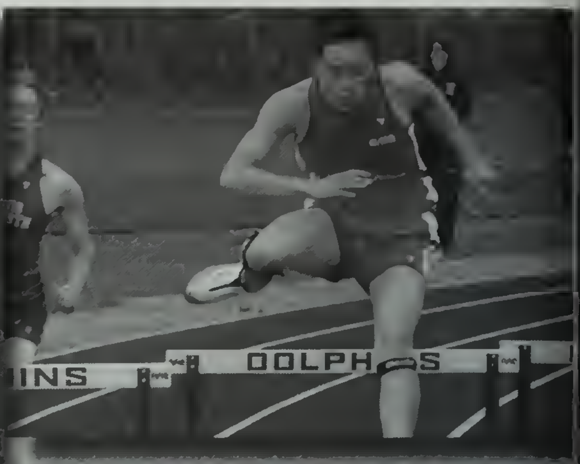


Seniors: Rich Russo, Colin Mooney, Paul Graham, Alex Tringale
Kris Borgendale, and Alex Jorgensen.



Seniors: Molly Griffin and Marissa Deegan

Boys Spring Track



Asst. Coach Jeff Biancoand Captains: Reid Larson, Justin Nguyen and Head Coach Peter Chrisom

Senior Captain Justin Nguyen

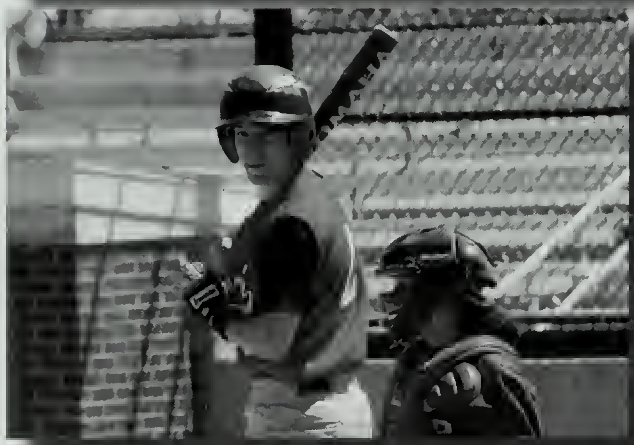
NORTH / QUINCY TRACK & FIELD

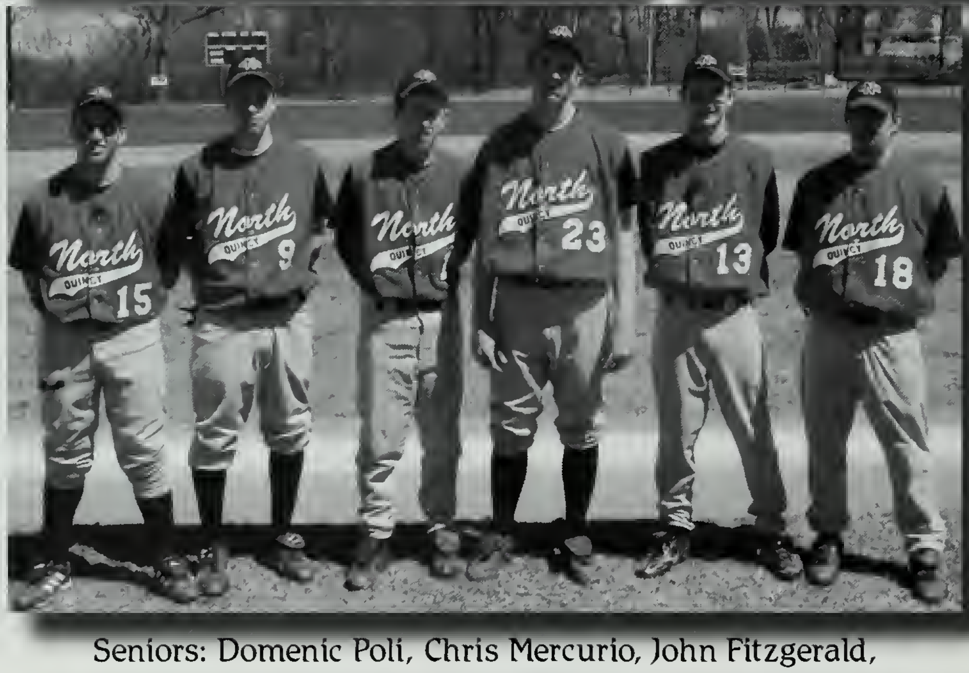
Girls Spring Track

ors: Cindy Chu, Jaclyn Harty, Kristen Berry, Adrienne Doucette, Eileen
e, Shauna Kelly, Christi Haines, Shawna Kennedy, and Paula Morgan

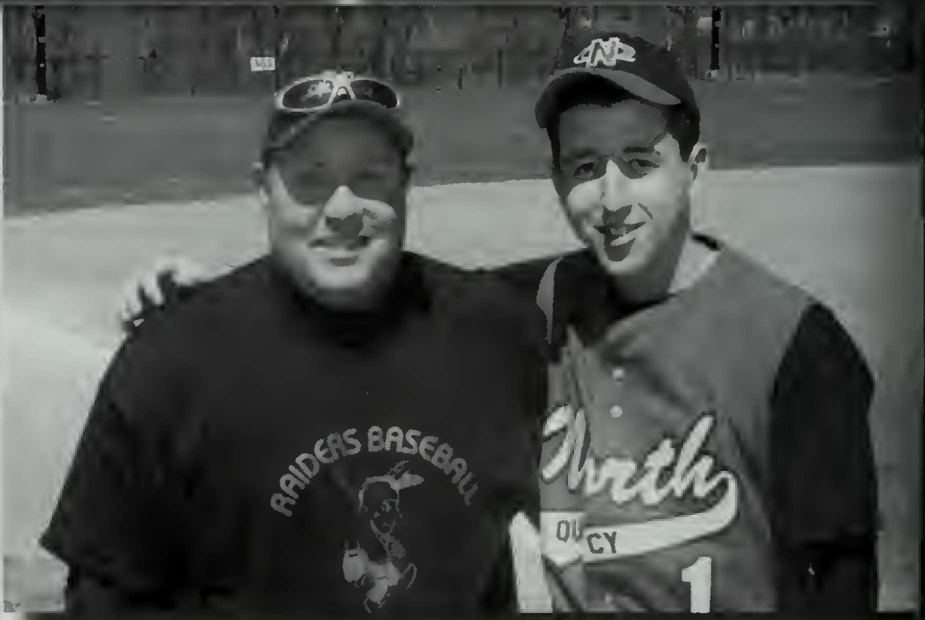
Coach Brendan Welch, Captains Shauna Kelly, Shawna Kennedy, Paula Morgan, Eileen Price and Coach Geoff Hennessey

Baseball

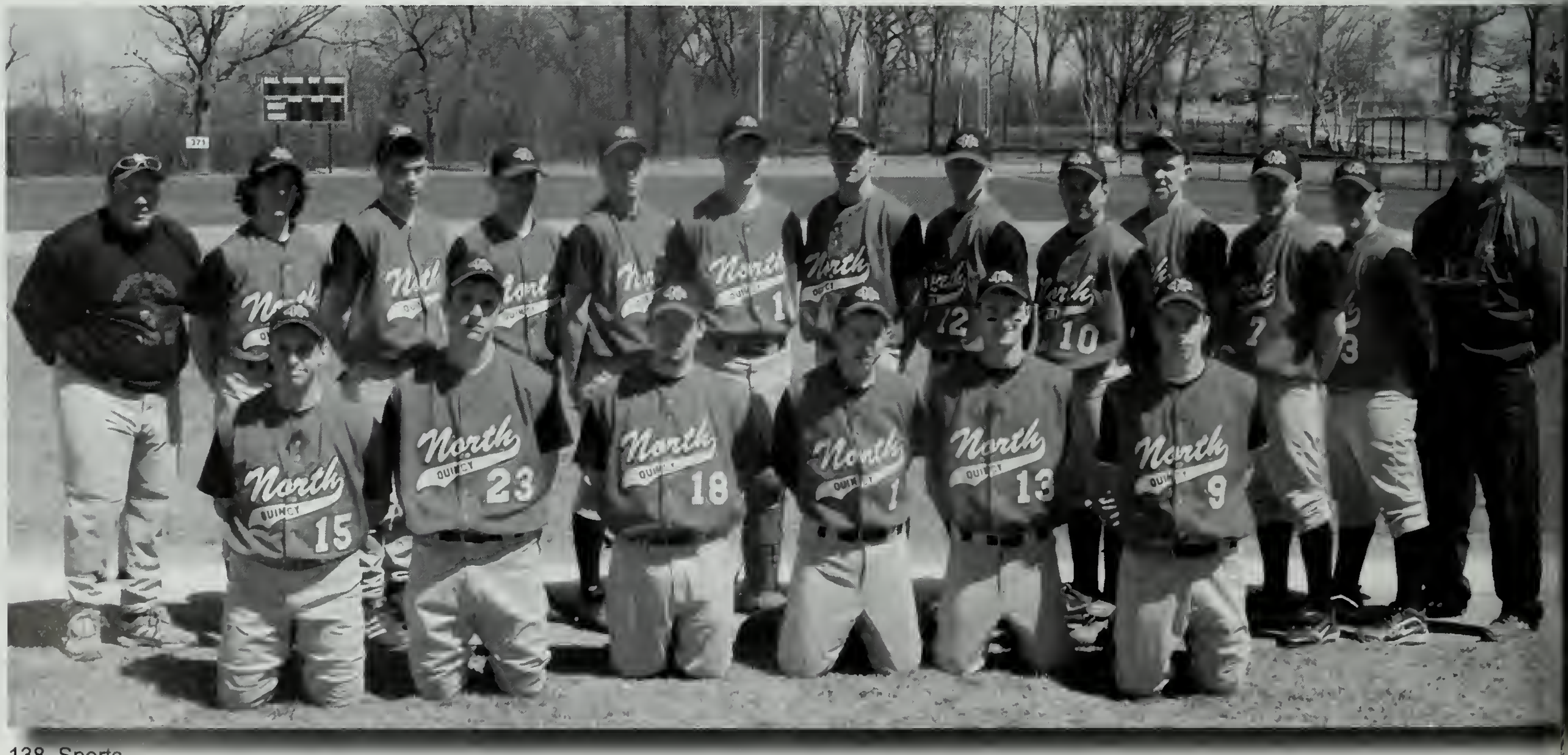




Seniors: Domenic Poli, Chris Mercurio, John Fitzgerald, Matt Haskins, Tom Ross and Rick Schifone

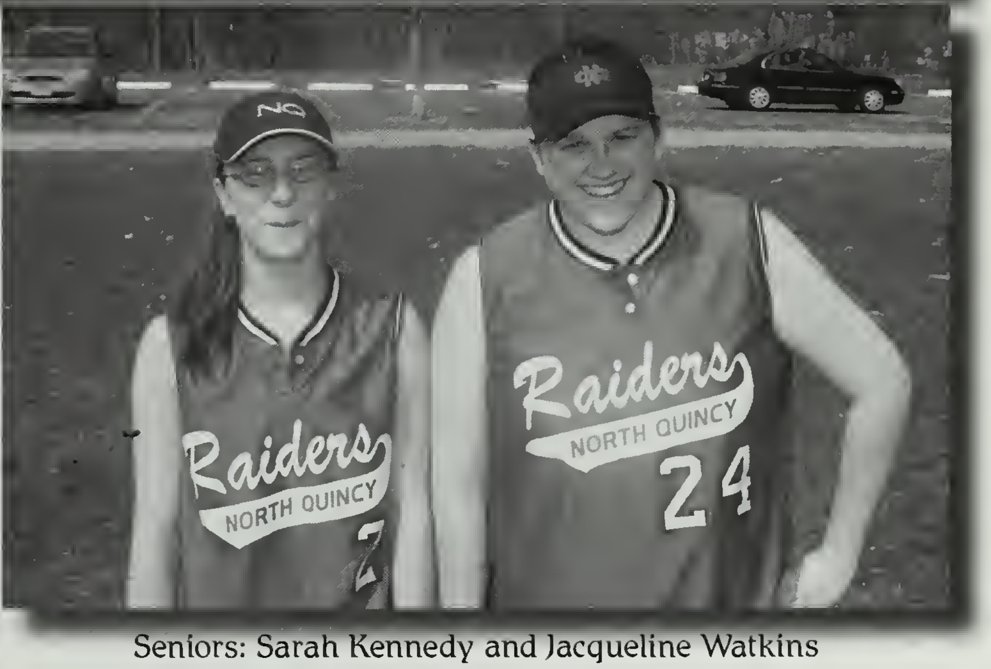


Head coach Rick Beach and Captain John Fitzgerald



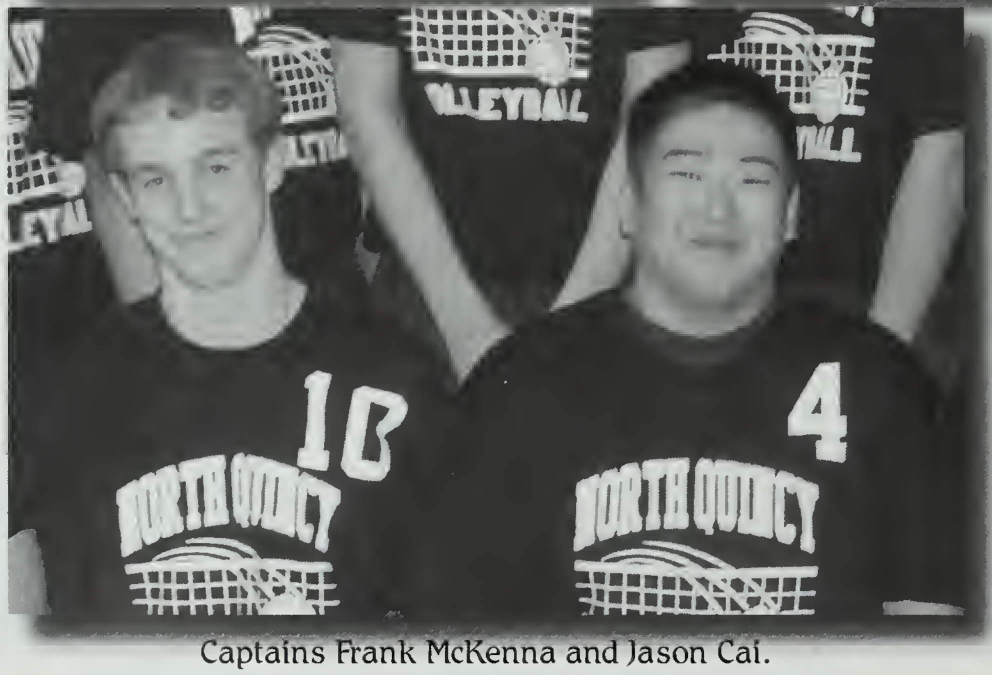
Softball

tains: Kelly Barter, Sarah Kennedy, Coach Larry Keough, and Jacqueline Watkins



Seniors: Sarah Kennedy and Jacqueline Watkins

Boys Volleyball

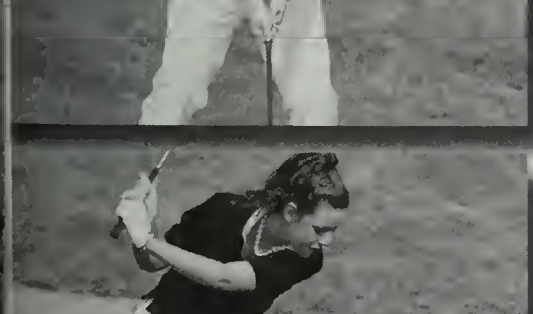


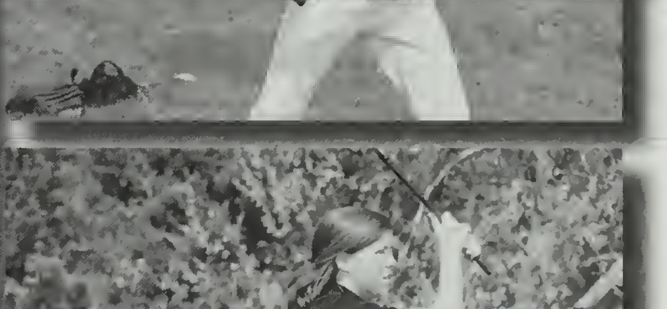
Captains Frank McKenna and Jason Cai.

Seniors: Tuan Vu, Frank McKenna, Coach Jim Rendle, Jason C
Tam Luong and Ben Fang.

Girls Golf

Seniors: Keri Rogers and Meghan Coughlin





Sailing

Coach Mike Griffith

James Morrissey, Tim Schow, Lauren Ayres and Sarah Drooks.

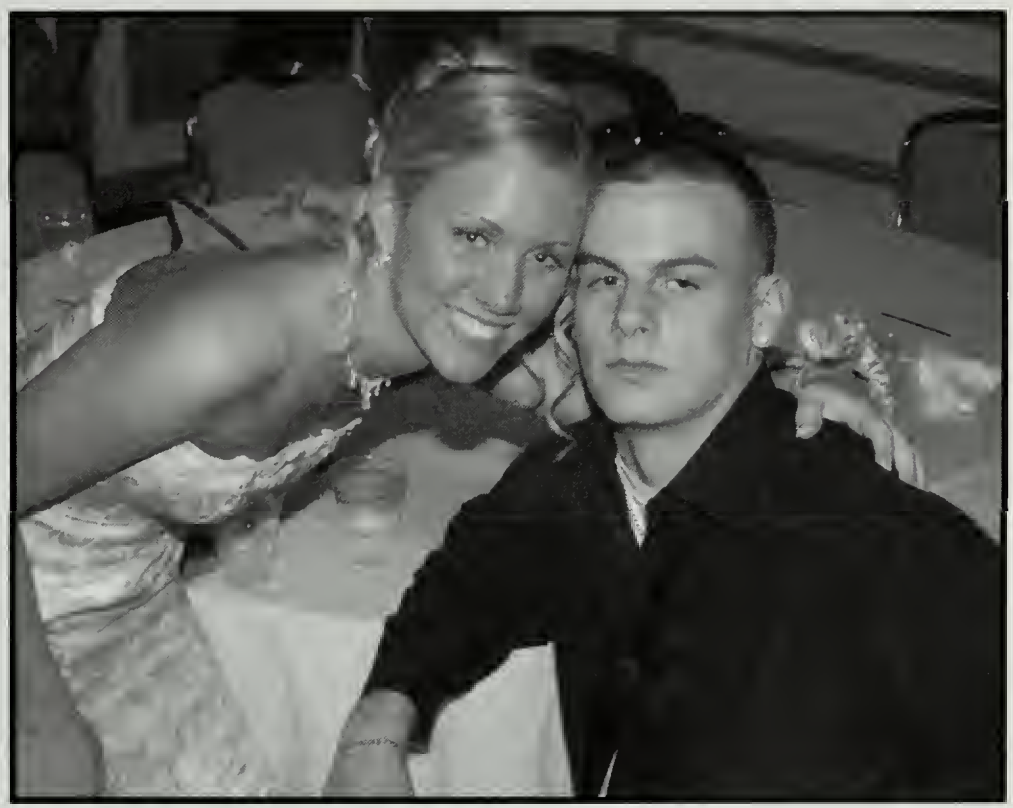
Dances

Dance Dance Dance

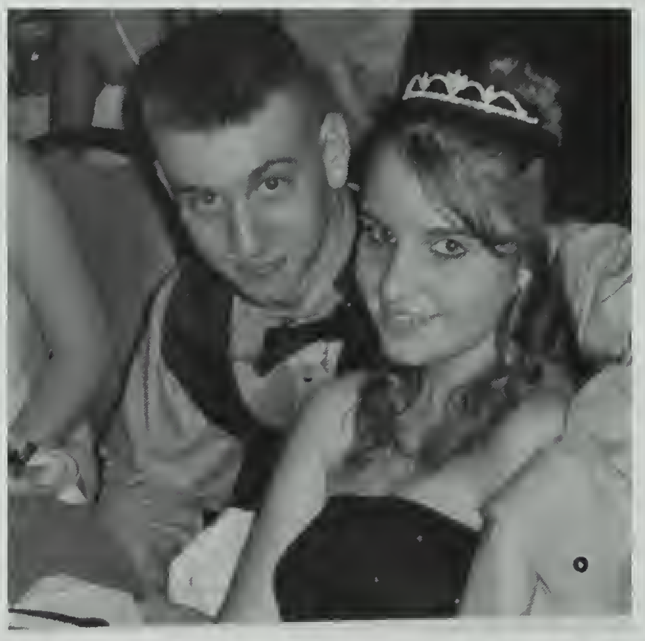
The Salted Rim

Junior Prom

Class of 06



Class of 06

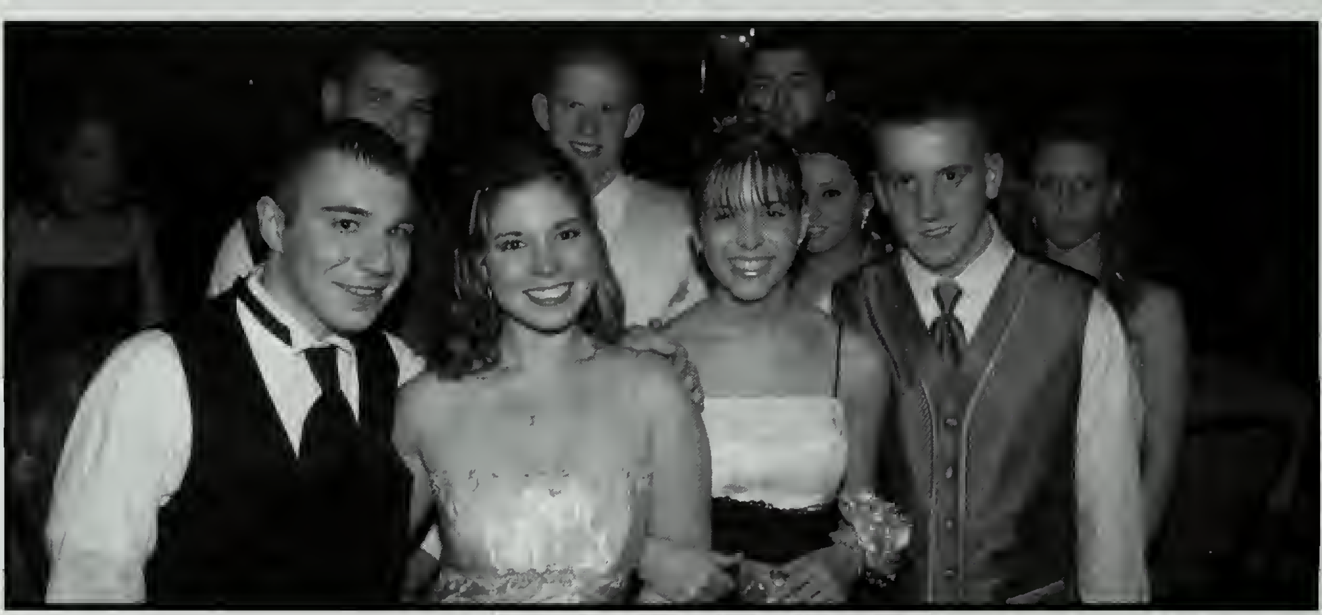


Class of 05

Junior Prom

Class of 05

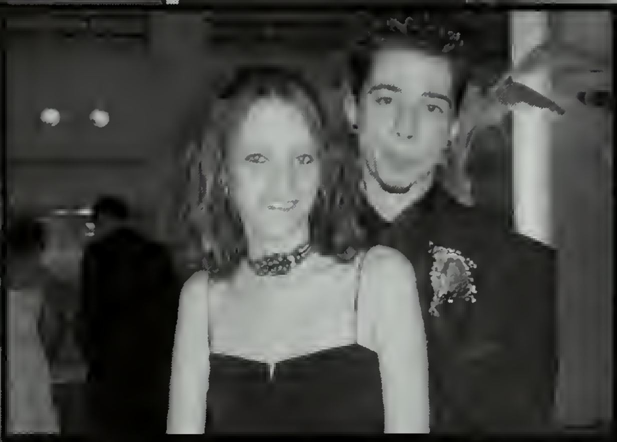
Junior Prom



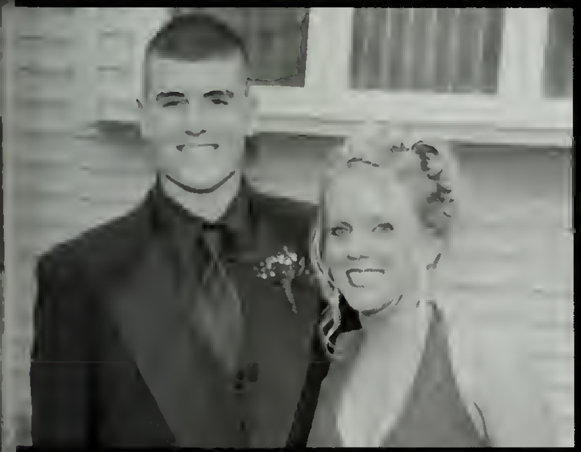
Senior Prom

TROLLEY TOURS
FREE MAPS

Senior Prom

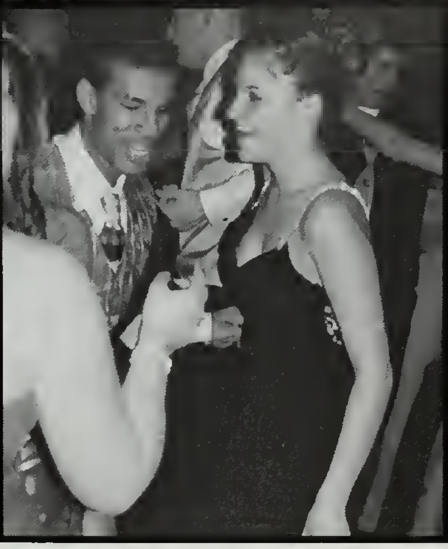


"Here's to the Night"



Senior Prom

"Here's to the Night"

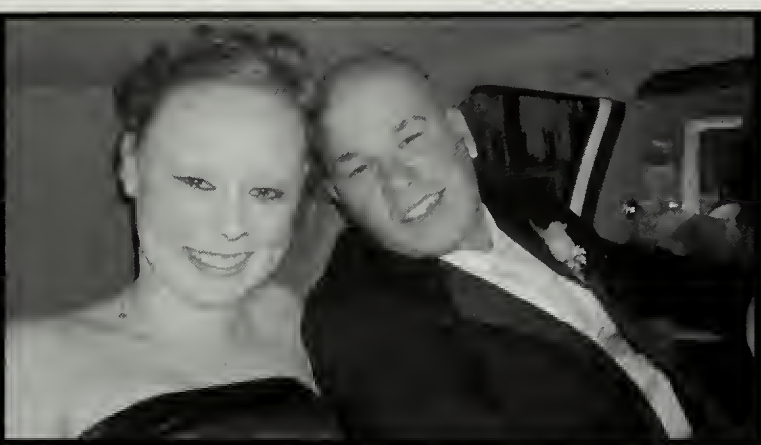


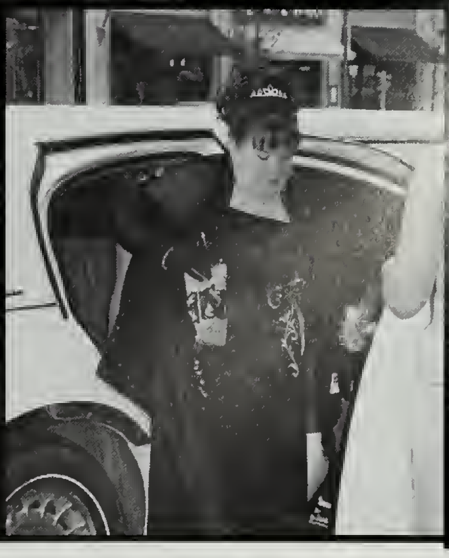
Senior Prom

"Here's to the Night"

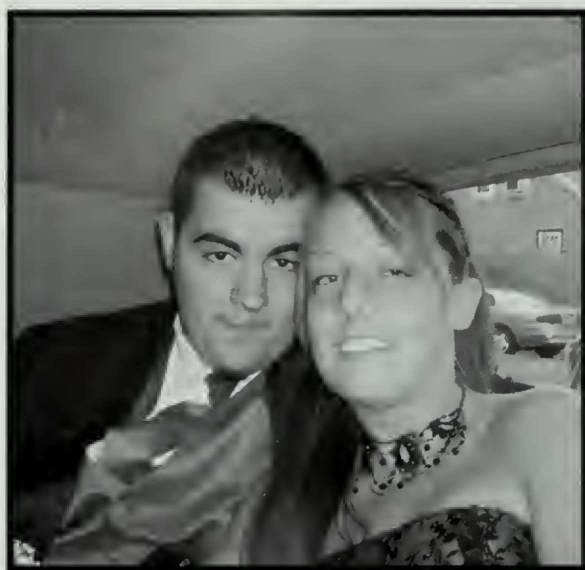
Senior Prom

"Here's to the Night"





Senior Prom



"Here's to the Night"

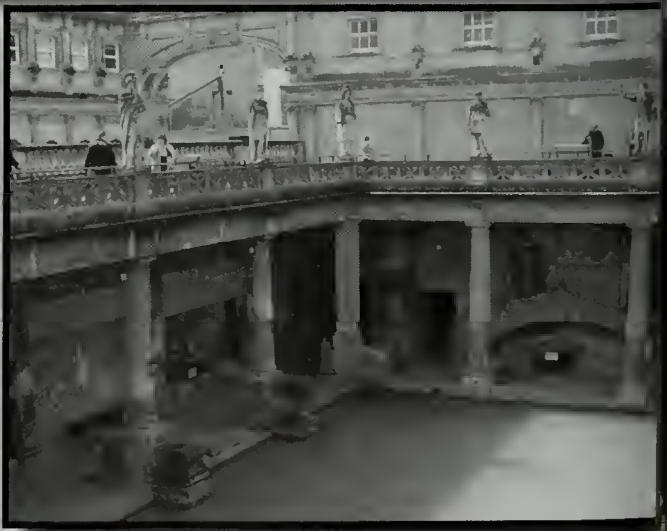
After Prom Party

GRENADA
PEPSI
PUMA

School Trips

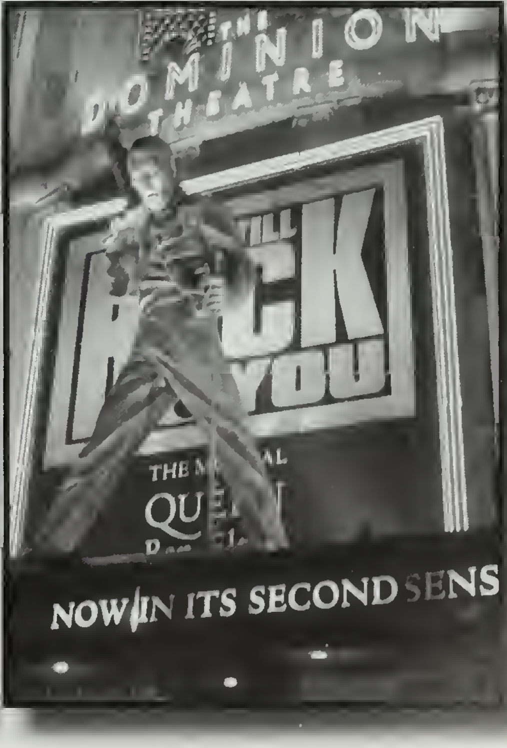
CHATEAU DE V
RCROMBIE

London



Surveillance cameras in constant operation
PADDINGTON

TELEPHONE
TELEPHONE


THE DOMINION THEATRE
THE MUSICAL
NOW IN ITS SECOND SENS

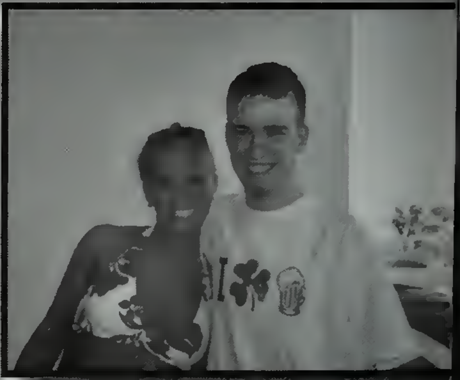
France

CHATEAU DE VERSAILLES

Florida

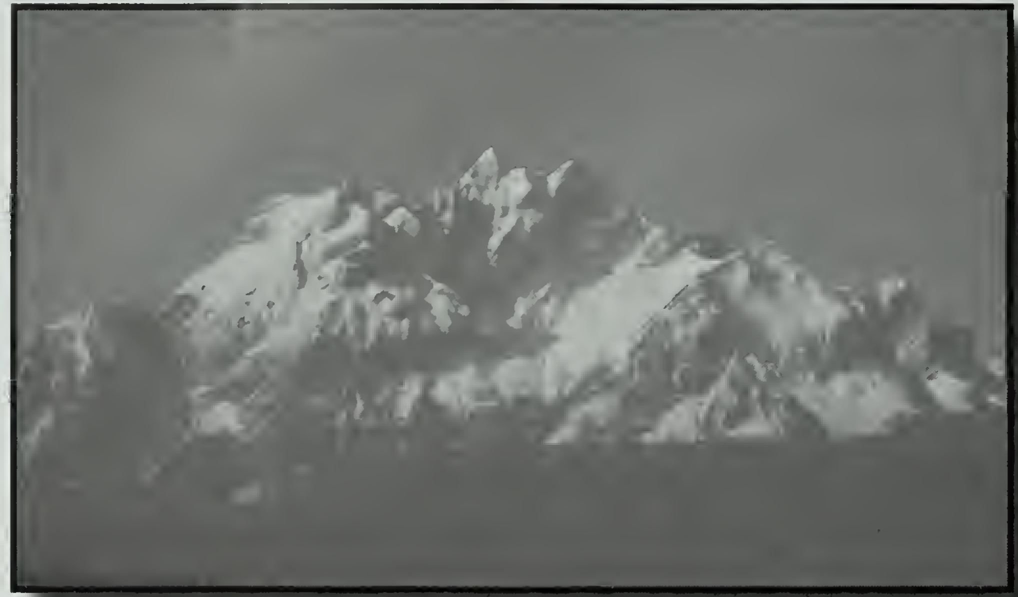
ABERCROMBIE

Bahamas



THIS IS
KITCH

Germany



Milka
Milka

Graduation Rehearsal

June 1, 2005

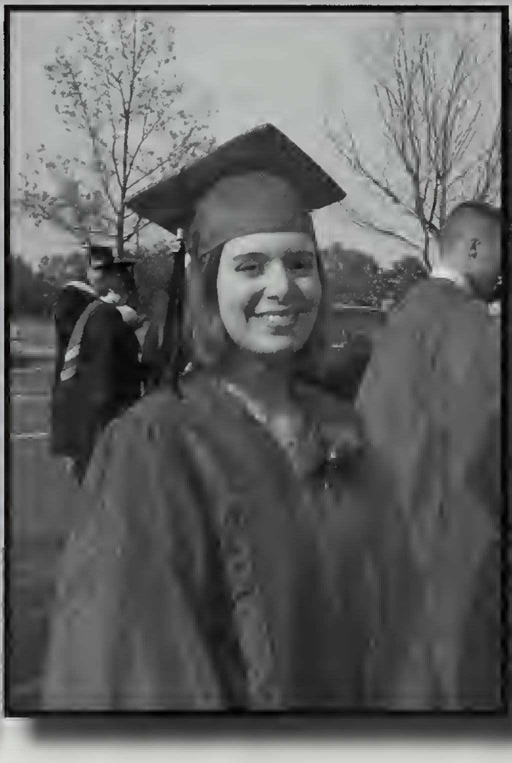
Graduation Rehearsal

June 1, 2005

Graduation

June 6, 2005

Graduation

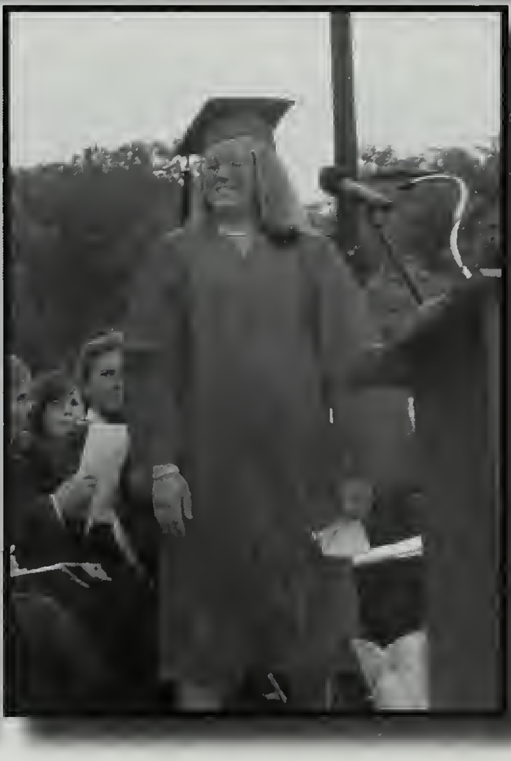


June 6, 2005

Graduation

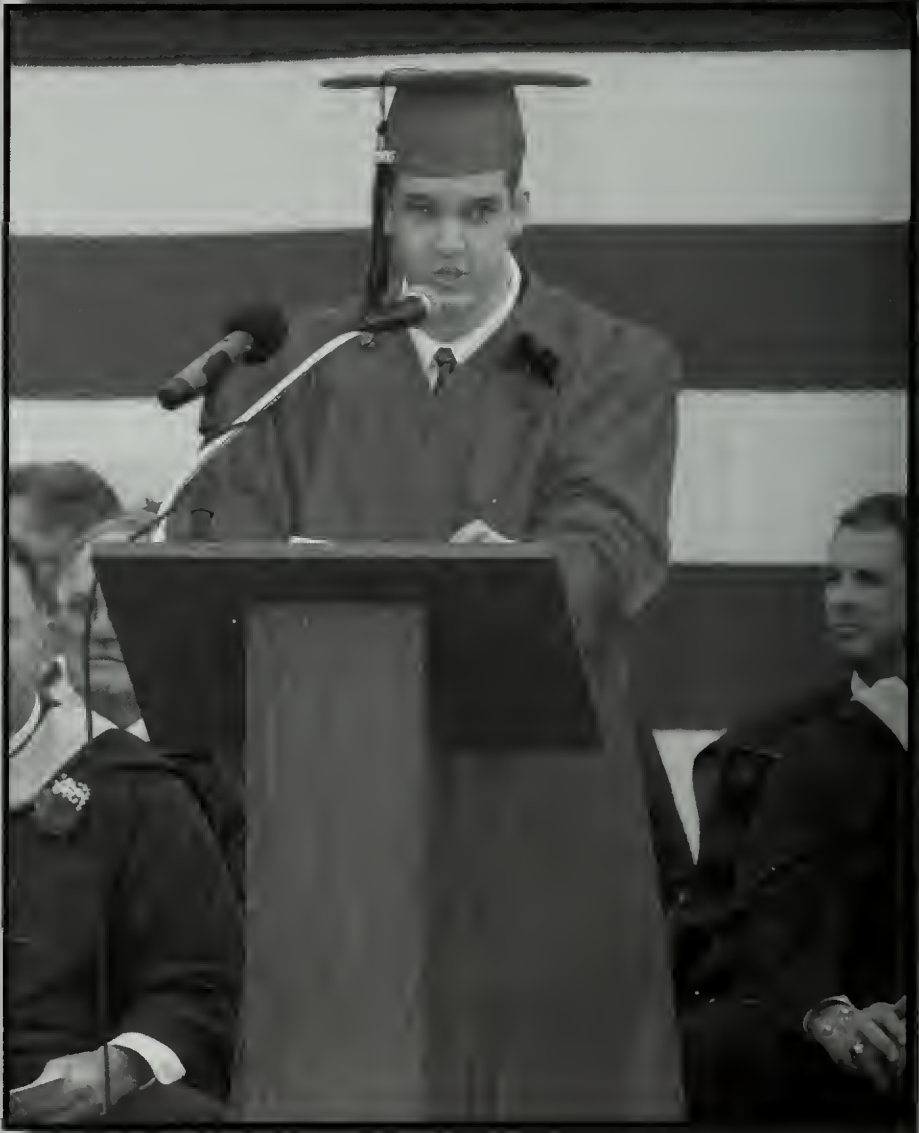
June 6, 2005

Graduation



June 6, 2005

Graduation



June 6, 2005

Editors Page

Kathleen Keohane

Caitlin Wilson

We would like to thank all involved in the creation of this yearbook, especially the managers and their staff, for their hard work throughout the year. For their support and guidance in the production of the book, we would also like to thank Mr. Bertoni, Mrs. Golden, Mrs. Brumleve, and Mrs. Fitzgerald. To the class of 2005, it took a lot of time and effort to make your yearbook; we hope you like it. Our hope is that in years to come you will use it to remind you of the influential years you spent at North-- the friends you made and the fun you had. A lot of decisions had to be made, and it took a lot of hard work to incorporate everyone's ideas, so we hope that everyone is satisfied with the outcome. We wish everyone luck in whatever they choose to pursue, and we congratulate the class of 2005 on all their accomplishments. See everyone at the reunions.

Our wish to the class of 2005 is that your dreams and hopes come true.

Christine Psota

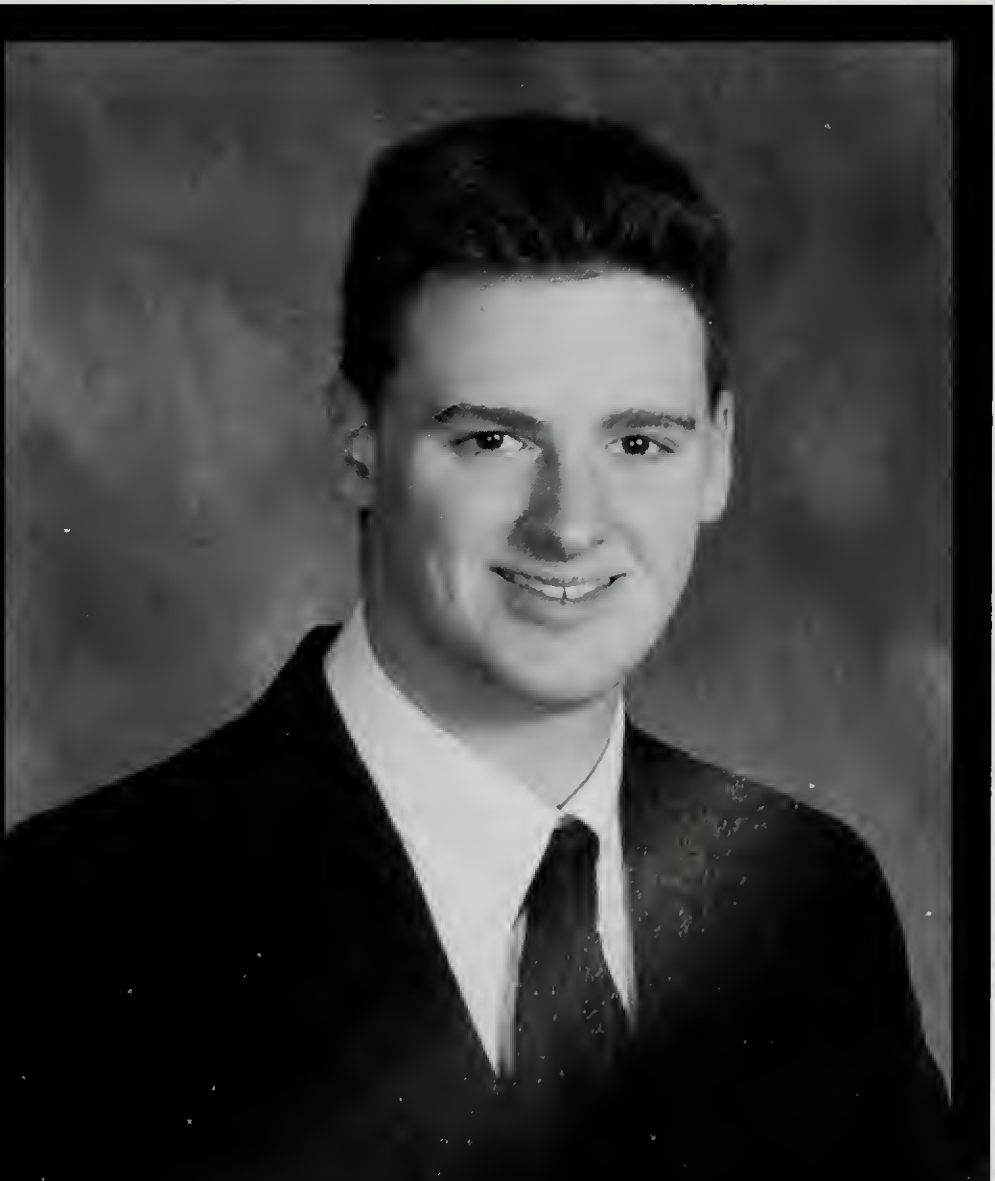
Michael O'Mahoney

Meghan Coughlin

CONGRATULATIONS
MEGHAN!!!

Love,
Mom, Dad and Kerry

Lee Roby



Congratulations Lee!

We're all very proud of you!
Love, Dad and family

Yearbook Editors

A special thank you to the class of 2005 yearbook editors, Kathleen Keohane, Michael O'Mahoney, Caitlin Wilson, and Christine Psota. This book is the result of many hours of your time and dedication. Thank you from all of us at NQHS.

Stephen Maggio

Stephen, we are all so proud of you and your accomplishments. Keep up the hard work. Good luck in the next chapter of your life. You deserve it.
Love Dad, Mom, Bruce and Amanda

John Bergonzi

Congratulations, John. You can be anything you want! I wish you success in college and everything you do! You have made me very proud!
Love,
Mom

Sean Morrissey

Congratulations, Sean. May the rest of your life be as much fun and fullfilling as ours has with you.
Love, Mom and Dad

Nicole Salaris

Nicole, Congratulations!
You did it!
We're so proud of you.
You are a beautiful
young lady.
Love Mom and Jackie
XOXO

Kathleen Keohane

Although this past year was very difficult for all of us, you remained strong and did great academically. Kristen, James and I are so proud of you. Dad too is looking down on you with great admiration and love for his "little fat cat."

Kendra Ciccone

Kendra-My dearest daughter. You are a beautiful, intelligent, talented, athletic young lady. An absolute blessing! You have brought joy to my life from the moment you were born. I love you. I am so proud of you. Keep doing your "Kendra-Best" and you will be a success! The world awaits you!
Love, Mom

Jonathan Griffith

Jonathan, we are so proud of you. You have grown to be a wonderful young man. We know you will succeed in whatever you choose to do.
All our love,
Dad, Mom, Paul, Michael, Allison, Jennifer and Missy

Ft Myers Beach

Keri Rogers

Keri, congratulations on your graduation. We are so happy to have the privilage of watching you grow up to be the beautiful, compassionate young woman you are today. Daddy's little ballerina grew up so fast! We wish you all the success and happiness you deserve.
Love, Mom, Dad and Ryan

Jason Lawrence Purves

We're so proud of you!

Through the years you have brought us great joy and happiness. Your hard work and dedication in school is a wonderful accomplishment. Keep up the good work in college. We wish you all the best successes life has to offer.
Love Mom, Dad and family.

Edgardo " Max" Cabrera

Dear Max:
Like on your first graduation at "The small fry club" 1992, we are very proud of you. We hope you reach all your goals in the career you choose. Go conquer the world! But above all, we wish you happiness; and remember we'll allways be here for you. With much, much love, Mom and Dad

Andrea Marie Starr

Dearest Andrea,
With your tenacious spirit, we know that you'll go far.
Congratulations on this important milestone in your life!
We love you very much,
Mom, Dad, Michael and Nicholas

Christine Psota

Christine Conratulations!

We are so proud of you. You are the best daughter in the whole word.
Love, Mom and Dad

Johanna K Spring

Johanna, My sweetz. You have always made me so proud- your independence, your extra attention to your 12 years of schoolwork, your guidance to friends and family. You always go the extra step to make it better, rather than just good enough. I have full confidence in you- that you will achieve your future goals.

Victoria Markhard

Vicky, Congratulations.
WE ARE VERY PROUD OF YOU!
Love,
Mom, Dad and Kate

Katelynn Quinn

Congratulations Katie!
You did it! We are all so proud of you!
We couldn't ask for a better daughter/sister. We wish you an abundance of health, wealth, and happiness!
We love you so very much!!!!
Love, Mom, Dad, Aly, Gracie, and Max

Alexandra Skayne

Alli,
We are so proud of your accomplishments. You have never accepted just the ordinary, but have always been extraordinary. Your dedication to the Drama Club, Pride Committee, Leo Club, your volunteer work,choir and your academics has been outstanding. We know that you will go on to succeed in your future career goals.
Bravo!
Love Mom, Dad, Lisa, Katrina and Steve.

Maria Renee Morales

We are so proud of you because you are a wonderful daughter. We wish the best of the world for you. We love you. God bless you!

Mom and Dad

Jennifer Ashley Doyle

Jennifer, we are so proud of you and the person you have become. Your positive outlook on life, your sense of humor and your ability to make people laugh and feel good about themselves are some of your attributes that will make you successful in life. Follow your dreams.

Love Mom, Dad,Stacy, Chris and Julie

Michael J O'Mahoney

Congratulations Michael!

We are so very proud of your accomplishments, especially the person you have become! We know you will have great success at UML!

Enjoy the next four years!

Love- Dad, Mom and Mathew

Timothy Kennedy

Dear Tim,

We are proud of the man you have become.

Go Marine!

Love, Mom and Dad

The instructors of the MA-841st Air Force Junior ROTC extend heartfelt thanks and congratulations to the 2005 Senior Cadets for an outstanding year.

WELL DONE!

AIR FORCE
JUNIOR
ROTC

NORTH QUINCY
HIGH SCHOOL
M
A
841
AF JROTC
NQ

MA-841 was named a
"Distinguished Unit"
for shcool year 2004-2005

"Do your duty in all things.
You cannot do more,
you should never wish to do less"
Robert E. Lee

THE EDITORS OF THE 2005 YEARBOOK WOULD LIKE TO THANK THE ADMINISTRATION OF NORTH QUINCY HIGH SCHOOL FOR THEIR CONTINUED SUPPORT.

GRAEBER, DAVIS & CANTWELL, P.C.
Attorneys At Law

Best wishes to the
Class of 2005!

JEFFREY M. GRAEBER

15 Cottage Avenue - 4th Floor, Quincy, MA 02169
Phone 617-773-6662, *Fax* 617-479-9042
Email JGraeber@GDC-Law.com

---

*Congratulations and Best Wishes
to the
Class of 2005*

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Good Luck Class of 2005!

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Bruce Maggio
Mon-Fri 5-9
Sat-Sun 7-6

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Wollaston Beach, Mass.

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Quincy, MA
(617) 773-5090

Congratulations Erika &
Dave Djerf,
and
The Class of 2005
From all of us at
Tony's Clam Shop

jostens

Congratulations Class of 2005!

North H S
2015

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STEVEN
BRIGHT FUTURE AHEAD

Jonathan Cue
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New England Patriots and Boston Red Sox
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Congratulations Graduates

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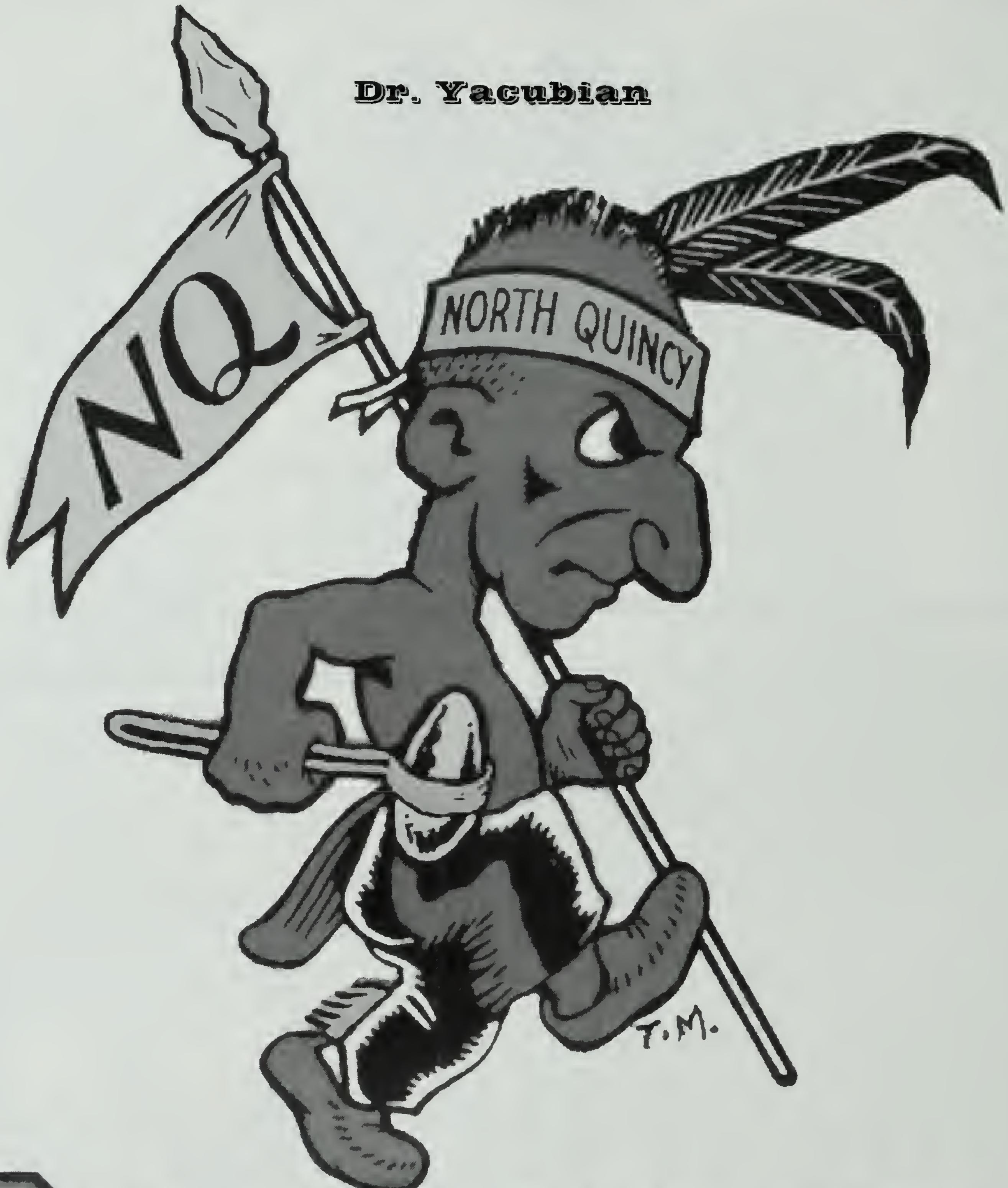
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